

# VIDYA PRAVESH

# Three-month Play-based School Preparation Module for Grade-I



राष्ट्रीय शैक्षिक अनुसंधान और प्रशिक्षण परिषद् NATIONAL COUNCIL OF EDUCATIONAL RESEARCH AND TRAINING

#### 13236 - VIDYA PRAVESH — Three-month

Play-based School Preparation Module for Grade-I

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#### **FOREWORD**

Through the National Education Policy, 2020 (NEP) the Government of India has delineated the vision of India's new education system. This is a clear message of moving towards transforming the Indian education structure to ensure all children have access to quality care and education. The policy recommends first building a strong base for their learning and holistic development by providing opportunities to acquire requisite skills and learn basic concepts, particularly related to language literacy and numeracy. Nurturing children's abilities at this stage is vital as this is the period when the young brain develops faster than any other stage in life. Their ability to grasp the concepts and learn new skills is remarkable. Therefore, the learning experiences must start from the pre-school to the early grades of primary schools in a continuum, termed as the 'foundational stage' enveloping the age group of children from 3 to 9 years. These children have diverse backgrounds and varied learning experiences which generally leads to differences in their learning levels. This situation needs to be bridged by assimilating the diversity and providing a nurturing environment to the children. However, the difference widens, especially when children enter Grade-I, depending upon the accessibility and the inaccessibility to the pre-school education and home-based learning experiences.

To support the learning and adjustment of children entering Grade-I with the primary school curriculum at the beginning of the academic session, the NCERT has come out with *Vidya Pravesh*— a three-month play-based school preparation module. This module is an integral part of the *Nipun Bharat*— a National Mission on Foundational Literacy and Numeracy of the Government of India and may be seen as an interim measure until the universal provisioning of quality early childhood care and education is achieved with a target that all children entering Grade-I are school-ready at least by 2030. The module suggests play-based and developmentally appropriate learning experiences in the form of activities, illustrations, and worksheets designed in accordance with the skills and concepts given under three developmental goals directed towards 'maintaining good health and well-being of children', 'making them a good communicator', and 'ensuring that they become involved learners and can connect with their immediate environment'.

The module is the result of collective efforts of the NCERT faculty, along with subject matter experts, teachers and teacher-educators. This module is suggestive and can be adapted or adopted by the States/Union Territories and other stakeholders as per their requirements. The efforts of the Department of Elementary Education, NCERT, are well appreciated for the development of this module. The Council welcomes comments and suggestions from the users for further enhancing the quality and usability of this module.

I hope that all the States and Union Territories will use this module to make sure that children's learning is not hampered, even during the ongoing pandemic, whether at school or home. I am sure that this initiative will help all of us in shaping the lives of young children around us!

SRIDHAR SRIVASTAVA

Director (In charge)

National Council of Educational

Research and Training

July 2021 New Delhi

#### PREFACE

'Vidya Prayesh—Three-month Play-based School Preparation Module for Grade-I', has been developed as per the recommendations of the National Education Policy, 2020 (NEP 2020). The context for this recommendation is that a large proportion of children currently in elementary schools are undergoing what is being termed as a 'learning crisis'. It is estimated that approximately over five crore children in the elementary school system have not been able to attain foundational literacy and numeracy, i.e. the ability to read and comprehend basic text and carry out basic addition and subtraction (NEP 2020). Children who enter Grade-I, come from diverse backgrounds: some of them have pre-school or Anganwadi experience, some have good home education experience, some others may come directly to Grade-I without any prior experience of pre-school education. Providing children with 'Vidya Pravesh — Three-month Play-based School Preparation Module for Grade-l' is an attempt to promote their holistic development by providing ageappropriate experiences for developing requisite competencies necessary for Grade-I. The module is an integral part of Nipun Bharat— a national mission on Foundational Literacy and Numeracy (FLN) of the Government of India. It is a three months' (12 weeks) programme developed as an interim measure for all children who have entered Grade-I. The programme in the module is designed to be implemented at the beginning of Grade-I for three months and transacted for four hours per day. The module is well aligned to the learning outcomes of Pre-school 3 (Balvatika) in Nipun Bharat—Guidelines for Implementation under FLN Mission. Section 1.1 of NEP 2020 also mentions that 'over 85% of a child's cumulative brain development occurs before the age of 6, indicating the critical importance of appropriate care and stimulation of the brain in the early years to ensure healthy brain development and growth' (MHRD, 2020, p.6).

The module is developed to familiarise children with the school environment and provide experiences for maintaining well-being through the practice of health, yoga, nutrition, hygienic and safety protocols; socio-emotional development including learning of ethical values and cultural diversity; building the foundations of mathematics, language and literacy; as well as direct experience and interaction with the physical, social and natural environment. Through such experiences, efforts are made to address the crises in foundational literacy and numeracy, promote wellness and develop vigour in children to become involved learners and connect to their environment. Efforts are being made to ensure that learning is happening in an integrated, joyful manner and without any burden. They look forward to attending school, and becoming motivated and confident, which gives them a smooth and successful start in the primary grades.

This module is divided into three parts. Part I consists of a brief introduction to the module and a note for the teachers that includes guidelines for planning and transaction, tracking children's progress or assessment, involving parents and communities in the learning of children, and addressing the needs of children with disabilities (*Divyang*). Part II has a set of activities aligned with the three developmental goals with specific reference to the preparation for learning literacy and numeracy in the early primary grades. These goals are directed

towards maintaining good health and well-being of children, making them good communicators, ensuring that they become involved learners and can connect with their immediate environment. This shows the interlinkage and interdependency of each domain of development and also helps children develop holistically. It is a known fact that young children can acquire as many languages as they are exposed to. Parents and teachers using *Vidya Pravesh* are encouraged to organise the activities in the home language, Hindi and/or English.

Part III consists of developmental goal-wise supporting illustrations and worksheets which are to be given to the children after they have sufficient opportunities to play with concrete objects and toys and play-based activities.

The module is further supported with annexures viz. developmental goal-wise key competencies and learning outcomes (Annexure I), sample framework for day-wise weekly schedule (Annexure II), day-wise exemplar weekly schedule for twelve weeks (Annexure III), ways to implement daily or routine activities (Annexure IV), month-wise assessment framework (Annexure V), topics for guided conversations during circle time (Annexure VI), exemplar stories for children (Annexure VII), and a glossary of important terminologies used in the module (Annexure VIII).

The module is exemplar in nature. It focuses on the process of delivery of experiences to the children to make them develop necessary competencies joyfully and interactively. The module may also be treated as a handbook or guidelines to help teachers understand the process of providing learning experiences to all the children in a joyful way. Everyone, including the parents, would find the language and the content (pedagogy, activities and worksheets) easy to understand and transact even when the children are at home. The States and Union Territories are free to adapt or adopt it. Teachers may develop their own detailed set of contextualised activities, illustrations and worksheets based on the key competencies given in this module leading to the achievement of learning outcomes. They are expected to follow the pedagogy and the process of transaction given in this module till Grade-III to make sure that joy in learning continues.

The success of *Vidya Pravesh* is largely dependent on the parents and teachers who will use this module. We encourage them to modify and adapt the activities as per their immediate context and include knowledge in the local content.

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# PART I

THE MODULE

#### The Module

#### 1.1 Introduction

'Vidua Pravesh— Three-month Play-based School Preparation Module for Grade-I has been developed as per the recommendations of the National Education Policy (NEP 2020). The intent is to ensure that all children are exposed to a warm and welcoming environment when they enter Grade-I, especially during the COVID-19 pandemic, leading to their smooth transition to school. The module consists of exemplified activities and worksheets to be introduced in the initial three months or 12 weeks of Grade-I. The activities are designed to help children develop different competencies like helping, sharing, getting along with other children, following a school routine, learning to adjust to a new environment and concentrating on an activity for a period of time to increase their attention span. Through these activities, children will also learn foundational literacy and numeracy concepts and develop skills that have proven to be effective in building a sound foundation for learning in the early primary grades.

With an understanding that each child is unique, and carries infinite capacities, the module is designed to empower the teacher to create a stimulating learning environment for children that is joyful, full of opportunities, safe, ensures emotional security and provides support to all the children in school, and at home. The play-based pedagogy is a significant aspect of the module that plays a vital role in providing stimulating learning opportunities for the children, creating a joyful and stress-free environment, and addressing the learning needs of the children with special needs or disabilities. Swami Vivekanand said, "Education is the manifestation of perfection already existing in man". The focus of this module is on the holistic development of the children, nurturing Sanskar, values, love, freedom of expression, spontaneity, and a feeling of togetherness amongst children. It also provides opportunities for experimentation, exploration, investigation, problem-solving, critical thinking, rational thought, imagination, enriching interaction with others, learning cultural diversity, and ethical values. Age and developmentally appropriate Yoga (Yogasana), breathing exercises (Pranayama), music, dance, physical exercises, the celebration of festivals, art exposure, excursion tours, and play activities must be a regular feature







of the school preparation to be able to gain physical fitness. mental alertness, memory-enhancement and emotional balance. The confidence, motivation, and vigour to learn, developed during this process—prepares the children for a smooth and successful start at the foundational stage. It helps in reducing the number of dropouts in the preparatory classes in schools and helps children build a strong foundation for further learning and development. Understanding the importance of Seva Bhav and a sense of responsibility would help them become good citizens in the future. The pedagogical processes employed are not limited to the initial three months or 12 weeks only, but they are expected to be continued throughout the foundational stage of learning. Thus, the focus of this module is on building an interface between children, schools, and the family to work together to ensure a smooth transition of the children from home to school, or from pre-school to primary school.

According to Brahmavalli (Taittreya Samhita), the five-fold development of human beings is to attain all-round refinement of human personality, known as Panchkosh; namely Annamay Kosh (Physical Development); Pranmay Kosh (Vital Development); Manomay Kosh (Mental Development); Vigyanmay Kosh (Cognitive Development); and Anandmay Kosh (Spiritual Development), all of which have to start from the earliest stages of development and learning.

#### Rationale

The context for this module is that a large proportion of children currently in elementary schools are undergoing 'learning crisis' as they have not been able to attain foundational literacy and numeracy, i.e. the ability to read and comprehend basic text and carry out basic addition and subtraction (NEP 2020). A possible reason for this crisis, as indicated by research, is that a large number of children are admitted in the school at the age of 5 or 6 years with limited language and cognitive skills and conceptual foundation, which are needed as a prerequisite for them to be able to successfully acquire competencies related to the basic literacy and numeracy at the early primary stage in schools. As a result, children enter Grade-I with inadequate conceptual and linguistic preparedness for the primary school curriculum. Considering the existing context, the policy calls for immediate measures to be taken in 'mission mode' to ensure that the children have basic curricular preparedness in Grade-I. Accordingly, the NCERT has

Part I: The Module 5

developed *Vidya Pravesh* module, which is based on the *Vidya Pravesh* guidelines. *Vidya Pravesh* is an integral part of foundational stage thus *NIPUN Bharat*—A National Mission on Foundational Literacy and Numeracy (FLN Mission) of the Government of India and well-aligned to the key competencies and the learning outcomes (Annexure I) of Pre-school 3 (*Balvatika*).

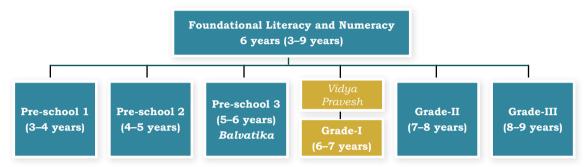


Fig. 1: Transaction Stage of Vidya Pravesh

The *Vidya Pravesh* module is developed to achieve the following objectives:

- To promote school preparedness in all children coming to Grade-I from diverse backgrounds.
- To ensure a smooth transition of children to Grade I.
- To provide play-based, age and developmentally appropriate learning experiences in a joyful and stimulating environment leading to holistic development.

To prepare children with the cognitive and linguistic competencies, which are pre-requisite for learning to read, write and develop number sense through a play-based approach.

The 'Vidya Pravesh Guidelines' can be accessed using the following link: https://ncert.nic.in/pdf/vidyapravesh.pdf

#### 1.2. NOTE FOR TEACHERS

Dear Teachers.

You are the teachers of Grade – I, and we understand that every child in your class matters to you. You are motivated and eagerly waiting to meet your children in the classroom. We are sure, that on the day when you meet your children, it is going to be a wonderful experience for all of you. During the initial few days, you will be busy understanding their diverse contexts and settling them in routine. You may come across children who do not understand the language being used in the school or the dressing styles of different children. You need to address this diversity with stories, experiences and make them feel safe and secure. Once the children

settle down, you would start implementing *Vidya Pravesh* module during the initial three months. Some activities and tips given in the module would also help you to ensure that the children are well-adjusted in the school. However, there are some specific activities and guidelines, which would help children develop competencies required for their holistic development and make them ready to learn further. Therefore, before planning and transaction of the module, we want you to begin by understanding some important aspects of the module:

- The module is designed in accordance with the three developmental goals of the foundational years, which are directed towards maintaining good health and well-being of children, making them good communicators, and ensuring that they become involved learners, and can connect with their immediate environment.
- Goal I—Children Maintain Good Health and well-being covers competencies related to physical and motor development, socio-emotional development, health, hygiene, nutrition, and development of healthy habits. Goal II—Children Become Effective Communicators covers competencies related to language and literacy. Goal III—Children Become Involved Learners and Connect with their Immediate Environment covers environmental awareness and scientific temper, mathematical thinking and problem solving.
- All the activities and worksheets given in the module are developed according to the key competencies given under each developmental goal, which leads to the achievement of the learning outcomes (Annexure I).
- The interlinkage and interdependency of goals, concepts and competencies are the prominent attributes of this module, which will help children develop holistically.
- The module is divided into three parts. Part I consists of a brief introduction to the module, and a note for the teachers that includes guidelines for planning and transaction, tracking children's progress or assessment, involving parents and communities in the learning of children. Part II has a set of activities aligned with the three developmental goals with specific reference to the preparation for foundational literacy and numeracy, including the health and well-being of children in the early grades. Part III

It is expected that the pedagogy and the process adopted in the module for addressing learning needs of children at this stage are followed at least till Grade-III, to make sure that the children are learning in a joyful manner.

consists of developmental goal-wise worksheets to be given to the children after they have had sufficient opportunities to play with concrete objects or toys and participate in play-based activities.

Also, keep the following points in mind while implementing the module:

- Make sure that all the three components of pedagogy are used i.e. play, interaction, and the environment (please refer to the *Vidya Pravesh* guidelines for the details).
- Go through the activities and worksheets provided in the school preparation module.

You can also modify activities and worksheets, develop or prepare new ones as per the local context (local stories, games, songs, activities, art, etc.), need, interest and the level of the children's understanding. You can also repeat the activities to provide children enough time for engagement and reinforce the learning.

- All the three goals are interrelated but in order to pay attention to each goal, select/design activities addressing key competencies and skills in each goal.
   Also, address the issue of inclusion – particularly in terms of gender, and children with special needs or disabilities (*Divyang*).
- Make available the other teaching-learning materials like toys, manipulatives, locally available learning aids related to each development goal to support the development of different competencies. Ensure that the toys and books are inclusive.
- The activities in the module are meant to be transacted for five days a week, for four hours per day. However, the four hours per day transaction duration is flexible and you may reduce or increase this duration as per need. In schools where children come on Saturdays, you are expected to help them in recapitulating the activities completed in a week and prepare a plan for the next week.

## • Planning the Programme

Planning and preparation of any programme is an important aspect of its transaction and implementation, and we know that you have experience and expertise in this area. Since you are going to deal with children who may be coming from

diverse backgrounds and may or may not have the pre-school experience due to the pandemic situation, we have added some tips to help you plan the learning opportunities for such children. The purpose of planning and preparation is to create age-appropriate and developmentally appropriate learning opportunities for children and improve the ways you work with these young children. It will also help you plan according to the set goals and provide quality programmes to help children learn required skills and concepts and build an understanding of the phenomena around them. We want you to consider the following important considerations while planning the learning experiences:

- Start with an analysis of the key points, such as purpose, target, format, duration, pedagogy, and the kind of learning opportunities to be provided to the children to achieve the learning outcomes.
- Go through the sample framework for the day-wise weekly schedule (Annexure II) for designing the activities, worksheets and plan a day's programme. Also, refer to the activities and worksheets provided in parts II and III of this module. This will help you in preparing the schedule for the rest of the weeks as per the developmental goal-wise weekly progression of competencies given in Annexure III entitled day-wise exemplar weekly schedule for twelve weeks.
- Map the activities accordingly for four hours per day, five days a week. Display the day-wise weekly schedule and try to list what materials are required, how to make the seating arrangements for each of the activities, and how to observe the children.
- Arrange the teaching material required, beforehand. You may develop the material using local resources, low-cost or no cost material. Some ready-made teaching-learning material can also be procured. Plan to include natural resources as learning aids such as leaves, twigs, pebbles, etc. Use eco-friendly toys or material and avoid plastic.
- Create activity or interest areas for free-play and equip these areas with a variety of play material that are easily accessible to the children. There are different types of activities or interest areas, which also help

Classroom displays (charts, posters, activity worksheets, models, etc.) may be used to convey a theme being covered in the classroom. This makes children interested in the theme or activity. The following points must be kept in mind while displaying children's works:

- Displays should be at the eye level of children so that they can see them easily.
- Displays should be changed regularly.
- Work of each child should be displayed.
- Displays should be purposeful.
- Too many displays should be avoided as it makes the classroom look cluttered or over-stimulating.

you in handling multiple age groups, such as Library and Literacy area, Dolls and Dramatics play area, Discovery or Science area, Block building area, Maths or Manipulatives area, Art area, and Music and Movement area (Refer to point 2 in Annexure IV for a list of the activity or interest area-wise material).

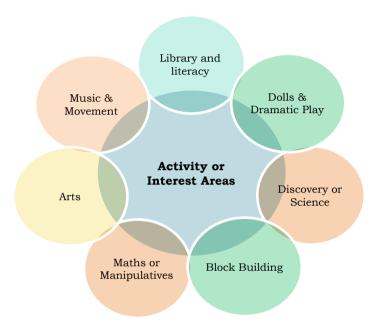


Fig. 2: Activity or Interest Areas

- Plan the seating arrangement for the selected activities keeping in view the children with disabilities (*Divyang*). The seating arrangement must be flexible and adaptable.
- Ensure adequate, accessible, safe, age-appropriate and clean indoor and outdoor space, equipment/ material for the children to engage in free and guided play, like sand or pits, balls, ropes, bricks, beams, old tyres, musical instruments, etc.
- Plan to observe and assess children regularly. You should maintain a holistic and periodic progress report for each child and prepare a summary of achievements at the end of three months, and share it with the parents (Annexure V).

#### Important considerations

- You should understand the background of each child, environment at their home and the previous education, such as pre-primary, *Anganwadi* or direct admission to Class I).
  - If possible, visit the home of each child.
  - Establish positive relationship with the family of the child.
- You must always remember that each child learns on their own. The role of the teacher is to motivate them, touch their heart and develop a loving bond with each child.
- Although planning is done beforehand, it should be flexible enough to accommodate any changes that might become necessary depending on the interest shown by the children at a particular moment.
- While developing and planning, there must be a balance between teacher-initiated and child-initiated activities, indoor and outdoor activities, and large and small group activities.
- Use indigenous toys and material. Make sure that the children can manipulate the material easily and all safety measures have been ensured.

### • Transacting the Programme

As with the programme planning section, this section is also created to give you some guiding points for transacting the learning experiences in a joyful and interactive manner in a conducive learning environment for each developmental goal. Before transacting the activities, we would like you to go through the points given below:

- Start the day with a Prayer which must include gratitude, respect and appreciation towards nature and the motherland. You should also encourage children to share any interesting news.
- Free and guided conversation should be conducted every day. Refer to Annexure IV exemplar topics for guided conversation.
- Ensure that there is a balance in activities, for instance between teacher-initiated and child-initiated activities, indoor and outdoor activities, large and small group activities.
- Use mother tongue or the language familiar to most children in the class as a medium of instruction. In case there is more than one language as a mother tongue or home language, you may allow as many

- languages as are in the classroom to be used for expression with gradually exposing the child to the school language.
- Involve children with special needs in all the activities. Provide opportunities of varying abilities to the children, so they can flourish and learn in the same classroom. Some ways to plan differentiated instruction are:
  - ► Make flexible and small learning groups as per the interests and needs of children.
  - ► Use different levels of the same activities (difficultywise) by modifying them.
  - ► Include a variety of languages and learning materials in your classroom.
  - ► Encourage children to help each other on activities and offer peer support.
  - ► Take inputs from parents of the children with special needs for making suitable modifications in the activities
- Use concrete objects that are familiar and are from the environment, which children can hold, observe, and manipulate to learn concepts and skills quickly instead of dealing with abstract numbers on the blackboard.
- Use transition activities, rhymes, songs, short stories, etc., to help children move from one activity to another, e.g., it could be from numeracy time to story time or clean up time to snack time.
- Follow the day-wise weekly schedule (Annexure II) but at the same time be flexible. Conduct the routine or daily activities for the holistic development of the children, such as greet meet or circle time, free play, numeracy, environment awareness and scientific thinking, art activities for creative and aesthetic development or fine motor development, language and literacy skills, outdoor play, and finally, goodbye time (Annexure VI). Saturday may be considered as the day for recapitulation of five days activities. The allotted time slots for daily or routine activities in the exemplar weekly schedule may be interchanged.
- Utilise play and meal opportunities to encourage good work habits in children like putting away material after playing, not dirtying the room, etc.

- As children manipulate and play with different material, you can provide them with the language to articulate and discuss their ideas, ask questions and stimulate their thinking. Encourage children to talk about and share with others how they have completed a task or solved a problem.
- Provide time for children to observe, think and try out different ways to solve a given problem. For example, how to build a house with these seven sticks or matchsticks, etc.
- Try to evoke the interest of early learners using any activity or task that is based on an interesting context such as stories, songs, rhymes, and games. Use the stories (Annexure VII) effectively to talk about the sequence, what happens before, after, at the end, and so on. Also, arrange organised indoor and outdoor games that are a great way to practice the skills and the concepts, e.g., counting, sequencing, etc.
- Be friendly and interactive with all children, ask questions regarding their play and activity individually to help them converse, extend their thinking, imagine, and gain confidence. You should facilitate children instead of being intrusive or directive in your approach. This process helps in encouraging children to take initiative.
- Organise circle-time discussions for problem-solving, conflict resolution, distinguishing between right and wrong, etc., at least once a week.
- Encourage and appreciate each child's efforts to give them a sense of confidence and self-esteem.
- Track the children's progress regularly. This would help to focus on children's strengths, on what the children can do, and what more is required. It would also help to adapt and modify teaching-learning strategies, play material, activity areas, etc. You should regularly interact with parents to share the progress of their children such as the learning level of their children, their achievements and the areas that need improvement, and also get their feedback.
- Reach out to the parents to ensure a continuity of learning experiences and for additional information, support, and communication about the things learnt in the classroom and how to reinforce them at home.

### • Tracking Children's Progress

Observing and assessing the children regularly will help you focus on the children's strengths, what they can do, and what more is required. Continuous assessment and tracking of children's progress or learning help to adapt and modify teaching-learning strategies, play material, activity areas and so on and this review and reflection ensure that the learning is timely. To track the monthly progress of each child, a month-wise assessment framework for all three months is enclosed in Annexure V. A pre-module and a post-module assessment should be conducted to measure children's school readiness. For this, the first month of the assessment schedule given in Annexure can be used.

- The following process should be followed to assess the children's learning
  - ► Develop each child's portfolio. This would help teachers track and record each child's progress.
  - ► Observe children as they engage in different learning experiences.
  - ► Ensure clarity about the objectives while observing the children during the learning process.
- Focus on observing small groups of children at a time.
- Write anecdotes for what has been observed.
- Remember to be objective in your observation. Ensure that your personal opinion and assumptions do not affect the observations and describe the behaviour rather than evaluate it.
- Assess the progress of each child considering the previous level as a reference point. Do not compare an individual child with other children.
- After the completion of the third assessment, keep the consolidated record of each child to help them further, to plan the learning experiences, share with the parents and modify the programme further.

- Observations: Observation of children's activities, their personality dimensions and learning process.
- > **Anecdotal records:** Brief written notes based on observations of children in terms of the language used, social relationships, modes of interaction, etc.
- Portfolios: Collection of concrete work sample of each child such as painting, art, craft work, collage making, etc.
- Checklist: List of learning outcomes, behaviours and traits of children in different developmental areas.
- **Rating Scale:** Assessment of the performance of tasks and skill levels.
- Photographs and video clips: Visual and audio recording of children's performance to help further understand about their personality dimensions and learning process.

# • Involvement of Parents and Community in the Learning of Children

The help and support you get from the parents and the community will be of great importance to you and your children's education and learning. Therefore, you must make a conscious effort to chalk out the ways to build a strong case to involve the parents and the community and ensure their participation. You are expected to be the bridge between the home and the school for the child. The given strategies can be followed in this regard:

- Explain the purpose of *Vidya Pravesh* module to the parents and explain the three months schedule, that is, what will happen in the first month, the second month and the third month.
- Build confidence in the parents about the smooth transition of their ward to formal schooling.
- Encourage the parents to be in touch with the school and engage in effective conversation with you to support the learning of the children at home.
- Ensure that the parents from different socio-economic backgrounds are able to complete home activities as instructed in the school.
- You should select some activities for the parents to perform and experience what their child will learn through them.
- Guide the parents on what to ask when the child comes home after school:
  - ▶ What was the most joyful event in the school?
  - ► What work/task did the teacher ask to do at home?
  - ▶ What did their child ask at the school?

If the children are not able to answer, ask them to take help from their elder siblings or friends or the teacher for improvement.

- Ask the parents:
- To observe and note the behaviour of the children at home, what they are interested in and how they perform the activities. These notes should be shared with the teachers during the planned school visits, such as PTMs.
- To allow the child to do the activities. They should not interfere in their learning by doing the activities

- > Use the community and the parents as a resource or as support to improve children's learning and development by creating an enriching learning environment at home.
- Be in constant touch with the community to discuss any support required, such as, drinking water, adequate space for the primary school and other resources.
- Some local people or leaders in various capacities may be appointed as School Management Committee (SMC) members.
- > In order to create awareness about the of school importance preparedness of children among the parents and the community, various activities can be carried out, such as, involving parents in the routine activities, parent-teacher interaction through meetings and home visits, awareness programmes, Readiness Mela, community, etc.

- themselves. If the child is finding it difficult to perform the activity, parents should have patience and encourage the child to complete the activity. Children enjoy and learn by doing the activities themselves.
- Not to compare their child's performance with other children, as every child is unique and special.
- To spend time with their children to build on their emotional strength and model positive behavior that they want the child to follow.
- To participate in their children's education and look for ways to make learning interesting for them.
- To focus on the children's physical development along with studies through play and engaging them in activities like swinging, hopping, running, etc.
- To narrate a story anytime during the day or at bedtime and engage with them in conversation related to the story such as, 'How many characters were there in the story?'; 'Who were the characters in the story?'; 'Who did what?'; and 'What would you have done, if you were there in their or its place?'.
- To ask their children to tell a story and encourage them to create one, draw any picture based on the story and describe it. Appreciate the child after listening to the story.
- To conduct creative games, drawing and painting.
- To let their children watch videos of stories, poems or games under the teacher's or parent's supervision for a limited duration and discuss the same.
- To make sure the children are engaged in role play, dramatisation and puppetry.
- To encourage the children to do some clay moulding, sand and water play, and art and craftwork.
- To make the children aware about items available at home, mainly in the kitchen and plan activities around them, such as sorting pulses of different colours, naming vegetables, observing shapes (of tables, almirahs, glasses, bowls, and plates), observing colours of different objects, observing nature of different objects (heavy-light, hot-cold, etc.), tasting of different food items, recognising the sound of different objects, and counting of objects, etc.
- To check their children's notebooks, worksheets, or diaries every day. Appreciate them for their good work.

# • Addressing the Needs of Children with Disabilities (Divyang)

The needs of CWD can be addressed in the following ways while planning, and transacting the learning experiences for the children:

- Involve them in all the activities at their level to make them feel worthy of themselves.
- Encourage them to solve their conflicts with other children.
- Simplify and repeat the instructions and the directions.
- Provide opportunities for practicing skills repeatedly.
- Provide immediate feedback in a positive and descriptive manner.
- Plan a schedule that is developmentally appropriate (duration and order of activities, time for transitions, etc.).
- Provide choices to the children so that they can follow their interests and strengths.
- Provide concrete examples and material, such as textured letters, numbers, etc.
- Allow extra time and provide time to process the experiences and the information.
- Arrange to seat the child near the teacher, away from doors or windows, or other children who would distract.
- Provide support for transitions (visual and verbal cues, songs, material, ringing bell).
- Discuss children's feelings and provide individual attention.
- Allow children to demonstrate/communicate their understanding in multiple ways, for example, in their own words, songs, pointing, using visuals, communication boards or other devices.
- Sensitise children to help them willingly, not out of a sense of pity or a feeling of a burden.

## Mental Health and Well-being

COVID-19 pandemic has impacted every individual including small children emotionally and mentally. Positive emotional and mental well-being affects the overall development of

- Counsel and guide the parents of such children for parenting and support at home. Ask them to appreciate their child's strengths, talk about how the entire family can support at home.
- Take help from a special needs educator to provide specific care to the autistic and hyperactive children. The teacher needs to be aware of them and follow the guidelines given by the special educator when these children behave differently.

children as it helps them build positive social, emotional, and behavioural, thinking and communication skills. This creates a foundation for better mental health and well-being later in life. Thus, taking care of emotional needs and mental well-being at this tender stage of life is crucial. In this context, the mental health of teachers and parents is also important. So, the efforts need to be multidirectional involving all caregivers.

#### **Tips for Teachers**

To be considered while dealing with children:

- 1. Ensure that the classroom environment is joyful, welcoming, safe and gives children a sense of warmth.
- 2. Encourage children to actively participate in activities.
- 3. Try giving children equal opportunities to play individually and in groups.
- 4. Use circle time as an activity to talk to the children, encourage them to share their feelings, daily routine, how they spend their time with family or anything they want to share.
- 5. Facilitate children's adjustment during the initial days, it is important to make them enjoy by spending time in free play or taking up activities, such as drawing/painting or storytelling. These activities would also help them express their feelings and share their likes, dislikes, fear, etc.
- 6. Guide children by reinforcing desired behaviours and by attending to their thoughts and feelings.
- 7. Make efforts to not label the child because of the action or behaviour they display. For example, you are lazy, you are a liar, you are a late comer, etc. It is important to know the reasons for the children's behaviour/action; why the child is behaving the way they are?
- 8. Practice being empathetic, patient, calm, accepting and non-judgemental.

#### **Tips for Parents**

1. Actively listen to children their questions, difficulties, and clarify doubts, generate hope and provide emotional support in resolving issues. Create a happy, caring environment.

- 2. Learn to manage stress; talk to others, connect with people socially. Give time to yourself; proper nutrition and exercise help to calm the mind. Focus on kindness, gratitude, and exercise compassion.
- 3. Set time for sleep, waking up, eating, studying and play for yourself and children as a schedule helps to stay focused and motivated.
- 4. Engage in pleasant activities like indoor games, art, and music with family members.



# PART II

# **DEVELOPMENTAL GOAL-WISE ACTIVITIES**

Goal 1: Children maintain Good Health and Well-being (HW)

GOAL 2: CHILDREN BECOME EFFECTIVE COMMUNICATORS (EC)

GOAL 3: CHILDREN BECOME INVOLVED LEARNERS AND
CONNECT WITH THEIR IMMEDIATE ENVIRONMENT (IL)

Part II suggests developmental goal-wise exemplar activities. These activities are competency based and are aligned to the learning outcomes given in Annexure I. All the developmental goals and the competencies are interdependent and inter-related. For example, under the Developmental Goal 1, while conducting activities related to health and well-being to develop the competency of self-awareness, children will also be developing their vocabulary which is addressed in Goal 2. Likewise due process of development of one competency, falling under one goal, may lead towards the development of other competencies, falling under other developmental goals, parallelly. The listed activities in this section reflect the above perspective. One activity can address different competencies and learning outcomes. As per the need and interest of children, teachers can modify, contextualise or add more activities.

# 2.1 Goal 1: Children Maintain Good Health and Well-being (HW)

We all know that the foundational years are critical for the health and well-being of children. It includes the physical, social, mental, and emotional aspects of their personality. Their response to the environment, people and experiences is also determined and strengthened by their sound health and well-being. It also helps them cope with new, challenging, or stressful situations. Therefore, this developmental goal continues to provide experiences for physical and motor socio-emotional development; development pro-social behaviours, such as caring, sharing, helping, etc.; nutrition; hygiene practices; sanitation and safety throughout the foundational years and later. The activities and experiences under this developmental goal are covered under broad key competencies like awareness of self and development of positive self-concept, self-regulation, decision-making and problem solving, development of pro-social behaviour, development of healthy habits, hygiene, sanitation, and awareness of self-protection, development of gross motor skills and participation in, individual and team, games and sports, and the development of fine motor skills and eye-hand coordination.

#### (i) Key Competencies: Awareness of Self, Development of Positive Self-concept, Decision-making and Problem Solving

Activity 1	All About Me	
Competencies	Self-awareness, development of positive self-concept, listening and speaking skills	
Material Required	Pencils and crayons	
Procedure	Ask each child to think and talk about 'What do they want to be?', 'What do they like?' or 'What is it that they do not like?' Provide opportunities and experiences for children to talk about themselves, describe self (in terms of physical characteristics, likes, dislikes, interests, gender), participate in the activities and take initiative. Ask them to write their name and draw their picture. Encourage them to draw any of their favourite book, food, toy, animal/bird, person, flower, etc., in the given space.	
Activity 2	Rhyme with Actions/ Dramatisation	
Competencies	Awareness of self and others, oral language development, vocabulary development	

Material Required	None
Procedure	Provide opportunities and experiences for children to do rhythmic movements using rhymes, songs, props, or body parts. For example, to know about body parts teacher may sing a rhyme like head, shoulder, knees, and toes.
Activity 3	My Family
Competencies	Awareness of self and others, vocabulary development, oral language development
Material Required	Puppets of Father, Mother, Brother, Sister, Grandfather and Grandmother
Procedure  Fig. 3 Taking blessing (Aashirwad) from parents	Talk to children about family. Free or guided conversation helps children to listen to others and exchange ideas. Show pictures/puppets and engage in conversation with children to discuss the role of father, mother, grandfather, grandmother and siblings in the family. Sing song(s) related to the family with actions or puppets, for example—  In this house, In this house down the lane, Lived a very happy family, This is a Grandma This is a Father This is a Mother This is a Brother And who can this little one be? This little one is Me, Me and Me. Ask the children to repeat the song with tune, rhythm and action.
Variations Do It Yourself (DIY)	Children may be asked to make puppets using old clothes, wool, fabrics, buttons, etc. Children may handle and manipulate the puppets as they sing the rhyme.
Activity 4	Jigsaw Puzzles
Competencies	Problem solving, Decision-making, Fine motor development
Material Required	Jigsaw puzzles
Procedure	Make the children sit in groups, give them jigsaw puzzles and encourage them to solve them. Start from two-piece puzzles and as the children start solving two-piece puzzles give them three, four- or five-piece puzzles as per their level.

Variations Do It Yourself (DIY)	Teachers can make picture puzzles of greater complexity by increasing the number of pieces. Make mazes for
	children to solve.

### (ii) Key Competency: Self-regulation

Activity 5	My Responsibilities
Competencies	Self-regulation, pro-social behaviour
Material Required	A chart to list out the tasks/responsibilities, list of children's names, sketch pens
Procedure	Make a list of simple tasks and responsibilities with children that need to be done daily in which children can lead or take charge, e.g., material in-charge, mealtime in-charge, clean-up in-charge, outdoor in-charge, washroom in-charge and discipline in-charge. Now, make a chart with the help of children indicating their names along with the assigned task. Make picture badges and inform children who are responsible for the day to wear them. Ensure everyone completes the assigned classroom tasks as per their turn. Observe if children are doing the task or responsibility assigned to them independently. Encourage them to do as many classroom tasks and personal tasks as they can.
Activity 6	Gardening and taking care of plants or Nature walk
Competencies	Self-regulation, development of positive self-concept and respect for others' feelings and rights
Material Required	Packed lunch with water bottle and napkin.
Procedure	Take all the children to the garden and explain how important each part of the tree is for us and for the tree to survive. Let children develop an attitude of care and nurturance towards plants, animals, and other forms of life. Let children have lunch under the tree with friends or family. It is good practice to feed animals or birds also. Nature walk is also a useful activity in this respect.





Fig. 4: Gardening and taking care of plants and animals

#### **Variations**

**Activity 6 A: Environment**— Class activities like picking up trash from the ground or the classroom and putting it in the dustbin helps in developing an understanding of the importance of a clean environment.

**Activity 6 B:** Let children bring seeds like Kidney Beans *(rajma)*, Gram (chana) and sow them in waste containers or garden and water them till they grow. Let children also count the seeds.

**Activity 6 C: Draw a garden**— Let the children draw a picture of a garden and share their experience about a visit to any garden or park.

**Activity 6 D: Join the dots**— Provide a dotted picture of a flower and let the children join the dots and complete the picture

**Activity 6 E: Arrange the leaves—** Let the children arrange the leaves from the biggest to the smallest.

(iii) Key Competencies: Development of pro-social behaviour, respect for others' feelings and rights

Activity 7	My Community Helpers
Competencies	Development of pro-social behaviour, respect for others' feelings and rights

Material Required	Flash cards of community helpers
Procedure	Make the children familiar with the role of common community helpers that the child encounters, for example doctor, police, nurse, teacher, etc., through structured conversation, with the help of pictures, etc. Show flash cards and discuss about the community helpers or workers that they see, such as police officer, shopkeeper, postman, milkman, vegetable vendor, driver, farmer, doctor, nurses, etc. Encourage children to discuss how these community helpers or workers make our life easy and what equipment they use. Ask them to complete the worksheet by matching the community helpers or workers with the things they use.  Invite parents who are police officers, doctors, defence personnel, musicians, local craftsmen, farmers, etc., and ask them to speak to the children regarding their work. Include caretakers, school bus drivers, security personnel and felicitate them. Narrate stories involving community helpers. Arrange outings to the workplace of different community helpers to give the children concrete experiences.
Variations	Activity 7 A: Let us Enact 'Our Community Helper' (Dumb Charades)— A child can enact the role of any community helper and other children can guess which role the child is playing.
	<b>Activity 7 B:</b> Solve Puzzles related to our Community Helper Make cut-outs of community helpers. Let children fix the pieces and solve the puzzles.
	in the pieces and solve the pazzies.
	Activity 7 C: Talk about community helpers— Let a child pick up a picture card and talk about the community helper in that card. You may encourage the child to say the initial sound of the helper like 'P' for police 'T' for teacher 'D' for doctor and so on.
Activity 8	Activity 7 C: Talk about community helpers— Let a child pick up a picture card and talk about the community helper in that card. You may encourage the child to say the initial sound of the helper like 'P' for
Activity 8 Competencies	Activity 7 C: Talk about community helpers— Let a child pick up a picture card and talk about the community helper in that card. You may encourage the child to say the initial sound of the helper like 'P' for police 'T' for teacher 'D' for doctor and so on.
•	Activity 7 C: Talk about community helpers— Let a child pick up a picture card and talk about the community helper in that card. You may encourage the child to say the initial sound of the helper like 'P' for police 'T' for teacher 'D' for doctor and so on.  Safety Inside and Outside  Development of pro-social behaviour, awareness of self-

	Draw out all the instances of safety precautions required inside the classroom and in the school premises, e.g., not throwing material here and there, keeping material and belongings in the right place. In case they find any sharp pointed objects on the way, they must inform the teacher or parents and so on.
Variations	<b>Activity 8 A: Safety Cards—</b> Make safety cards and let each child talk about them.
Activity 9	National Symbols
Competencies	Development of pro-social behaviour, awareness of self and others, awareness of national symbols, Respect for others
Material Required	Outline pictures of national symbols, crayons
Procedure	Discuss about our country. Familiarise them with our national symbols like the national flower, animal, bird, fruit, etc. This will help children to get connected to the nation and our national symbols. Let children identify the pictures and talk about them.
Activity 10	Festival Celebration
Competencies	Development of pro-social behaviour, respect for others, feelings and rights, creative and aesthetic development, observation, development of imagination, vocabulary.
Material Required	Pictures or flash cards of festivals
Procedure	Familiarise children with major festivals (cultural and national Festivals) and their modes of celebration. Help them understand that we celebrate various festivals such as Independence Day, Republic Day, Makar Sankranti/Pongal/Bihu, Lohri, Deepawali, Holi, Eid, Christmas, Gurupurab, etc. The teacher should also explain to them that appropriate safety measures should be taken
	during the celebration of various festivals. Explain how festivals are celebrated in India as and when they come.
Variations	during the celebration of various festivals. Explain how
Variations	during the celebration of various festivals. Explain how festivals are celebrated in India as and when they come.  Activity 10 A: Talk about your favourite festival— Encourage children to talk about their favourite festival
Variations	during the celebration of various festivals. Explain how festivals are celebrated in India as and when they come.  Activity 10 A: Talk about your favourite festival— Encourage children to talk about their favourite festival and why they like it.  Activity 10 B: Singing songs on festival— Let children participate in art, music, dance, and creative movements

	Activity 10 E: Picture reading of festivals— Let children see some pictures related to the festivals in the newspaper or magazine and speak about it in their own words and own language (Mother Tongue or school language).	
Activity 11	Know the Great Personalities	
Competencies	Development of pro-social behaviour, like caring, sharing, collaboration, compassion, respect for others	
Material Required	Picture or reading book or posters	
Procedure	Narrate short stories related to some great personalities of our country and also talk about their contribution to society and the country. Show pictures of some great personalities, such as Swami Vivekananda, Dr. B. R. Ambedkar, Mahatma Gandhi, Rani Lakshmi Bai, Shivaji, Sardar Patel, Shaheed Bhagat Singh, Bhagini Nivedita, etc., and familiarise children with their life and contributions to the society.	
Variations	<b>Activity 11 A: Look and speak</b> — Let children look at posters or cards related to some great personalities of the country in small groups, and then talk about them.	

### (iv) Key Competencies: Development of Healthy Habits, Hygiene, Sanitation and Awareness for Self-protection

Activity 12	Health, Hygiene and Sanitation
Competencies	Development of healthy habits, hygiene and sanitation, and awareness of self-protection, development of pro-social behaviour like caring, sharing, collaboration, compassion, etc.
Material Required	Soap, buckets with water, empty bucket or big vessel, <i>lota</i> or mug (to pour water) and hand towel
Procedure	Let children sit in a circle. Begin the activity by having a discussion on common illnesses and how children get infected, especially with reference to the COVID-19 and other pandemic situations. Discuss with them the safety protocol to be followed by them wherever they go, such as washing hands, hand sanitisation, wearing mask and social distancing. Show them where the toilets are in the school and tell them how to use them to keep them clean after use. Also, show each of the steps of hand washing. Exemplar Song:
	Wash Your Hands! Wash, wash, wash your hands Get them nice and clean Scrub the finger tops And scrub the finger bottoms
	And don't forget in between

Variations	Activity 12 A: Sequence cards for washing hands—Make sequence cards for washing hands and let children arrange in order and talk about importance of washing hands.	
Activity 13	My Growth — Height and Weight	
Competencies	Development of healthy habits, hygiene and sanitation and awareness of self-protection	
Material Required	Weighing scale, height chart	
Procedure	Let the children cut and paste long paper strips, measure each other's height and mark it on the paper strip and write each child's name. Then, the children should paste the marked strips on the wall. Ask the children to compare and find out who is the tallest/shortest.  Note for the Teachers: Gain in height and weight indicates normal health in a child. Therefore, at least a quarterly record of the height and weight of every child must be maintained. The basic purpose of this exercise is to prevent malnutrition and promote growth in children. Maintain a growth chart of the height and weight gain of each child and display it in the class. This helps children, and the parents see that children should eat nutritious food and avoid junk food each day. Following a healthy diet will ensure that the children grow well and can work and play actively.	
Variations	<b>Activity 13 A: Body outline</b> — Spread a newspaper or chart paper on the floor. Let one child lay down on the paper. Ask another child to trace the body outline. Later let all the children do paper tearing-pasting activity on it or let children fill in details of the body parts and the teacher can help in the development of body-related vocabulary.	
	<b>Activity 13 B: Lets weigh each other</b> — Let one child stand on the weighing scale and the other child look at the weight and read it out (teacher may record it)	
Activity 14	Self-Grooming and Maintaining Personal Hygiene	
Competencies	Development of healthy habits, hygiene and sanitation, and awareness of self-protection	
Material Required	Items related to self-care like a comb, nail cutter, soap, towel, toothbrush and toothpaste	
Procedure	Introduce each of the self-care items to the children asking them how they are used and the importance of each of them. Also, ask what happens when we do not care for ourselves on a regular basis. Going through each of the self-care items, do a quick check if everyone had a bath in the morning, combed their hair, cut their nails, and so on. As a follow-up activity, the teachers can demonstrate, e.g., how to brush the teeth appropriately,	

etc., role of personal hygiene and following safety protocol in the prevention of COVID-19, other pandemic situations and illnesses should be reinforced by the teachers.

### (v) Key Competencies: Development of Gross Motor Skills and Participation in Individual and Team Games and Sports

Activity 15	Free Play	
Competencies	Development of gross motor and fine motor skills, self-regulation, decision making,	
Material Required	Activity areas/interest areas are set up in advance with the required material.	
Procedure	Take the children to the activity/interest areas and introduce them to the activity/interest areas, their material and labels. Also, show how each material is to be used and kept back after the play. After the initial introduction is done, children can go to a different activity or interest areas as per their choice where they can explore each material themselves and play with it during free play time.  Let Us Explore: Children can actively explore the material in each activity or interest area and think of ideas as to how to play them during free play time.	
Activity 16	Knowing Outdoor Play Space and Material	
Competencies	Gross motor development, decision making	
Material Required	Outdoor space set up with material, like skipping ropes, bats, balls, a slide, a swing, tyres, etc.	
7 8 6 4 5 3 2 1	Introduce the outdoor play space and related material to the children. Once children are familiar with the material, they may be given time for free play where they can play with any equipment of their choice. Also, encourage them to play traditional games such as 'Tippy Tippy Tap', 'Hopscotch', etc., or any other similar local games/activity of their choice. Play with children.  Hopscotch: In Hopscotch, 'hop' means jumping and 'scotch' means 'incised line'. The game involves hopping over lines or in shapes. Player/s toss a small object (typically a small stone, coin, bean bag, or small chain with a charm) into numbered triangles or a pattern of rectangles outlined on the ground and then hop or jump through the spaces and get back the object. It can be played with many players or alone. India is known by many names, such as <i>Kith-Kith</i> , <i>Stapu</i> , <i>Ekka Dukka</i> , and <i>Langdi</i> .  Tippy tippy tap- What colour do you want?: The game is played to figure out one's luck. This game is not about	
Fig. 5: Hopscotch	is played to figure out one's luck. This game is not about winning or losing, rather it is more about having joy.	

30	TIREE-MONTH I LAT-BASED OCHOOL I REFARATION
Activity 17	Walking in Different Ways
Competencies	Development of gross motor skills
Material Required	None
Procedure	Draw different lines on the floor, e.g., straight, curved, zigzag, etc. Let the children walk along the lines. Instruct them to walk slowly or fast, forward, or backward. Let children walk in a circle and try to maintain the circle, sing songs and do actions. While going out to the toilet or to drink water, etc., ask the children to walk in a straight line.

Fig. 6: Walking with balance





Fig. 7: Walking on straight and curved lines

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Activity 18	Walking in Different Ways
Competencies	Development of gross motor skills
Material Required	Objects children can jump or hop over comfortably
Procedure	Mark two ends on the ground: one where children start and the other where they will end. In between the two points, put some obstacles mentioned in the material. Encourage them to jump or hop with full strength and maintain their coordination and balance at the same time.

Variations	Another activity could be where the teacher hangs some objects, such as cutouts of letters or numerals on a cloth line at a height and ask the children to jump and get them.  Let us Jump/Hop: Children can jump/hop while maintaining balance and rhythm. They can also jump/hop in different ways.  Sack Race can also be used as an activity to enhance skills of balancing and coordination	
Activity 19	Balancing and Crawling	
Competencies	Objects children can jump or hop over comfortably	
Material Required	Book, Glass of water, rope	
Procedure	Organise a race for the children in which they must walk while carrying some objects on their head or in their hands, for example, a book on the head or a glass of water in their hands (without spilling the water). Let two children hold a rope at an appropriate low height and get the other children to crawl under it one by one and run back.	
Activity 20	Throwing and Catching a Ball	
Competencies	Development of gross motor skills	
Material Required	Ball	
Procedure  Fig. 8: Throwing and catching the ball	Throwing the ball into a box/basket: Draw a line and ask the children to stand behind the line. Place a basket or box in front of the children at a distance. Ask the children to throw the ball into the box/basket. Gradually the distance of the box/basket may be increased as the game progresses.  Throwing ball over and under: Ask the children to stand in a circle and throw the ball to one another in different ways i.e., over the head or under the legs. Children will throw the catch and vice-versa.	
Activity 21	Dance, Yoga (Yogasana) and Exercise (Gross Motor)	
Competencies	Development of gross motor skills	
Material Required	Scarf or dupatta, musical instrument	
Procedure	Play any appropriate popular or traditional music and encourage children to move rhythmically on it. Children can also move with a prop like a scarf or a dupatta. Alternatively, Ask the children to move in different yoga poses (as shown in the figure) that they can learn.	









Fig. 9: Yoga (Yogasana) poses

The activities like Yoga (Yogasana), dance, exercise, and play activities contribute to the holistic health and wellness of children by keeping them physically fit, mentally alert and emotionally balanced. Therefore, the teachers should make these activities a regular feature of the daily or routine activities.

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### Competencies

## of mathematical/science concepts, creative development Sand, water, toys, moulds

#### Material Required

#### Procedure



Fig. 10: Children playing in the sand

#### **Variations**

Take the children to the sand pit; encourage them to play in the sand. Sand and water play must be planned by the teachers at least once in two weeks. Keep toys and moulds that children can use during play. Sand play and water play can also help in the development of the concepts of more vs. less, full vs. empty, etc. as children fill different containers with water/sand and empty them.

Sand and or Water Play

Development of gross and fine motor skills, development

of the concepts of more vs. less, full vs. empty, etc. as children fill different containers with water/sand and empty them.

Activity 22 A: Water Play— Similarly, water play can be arranged where children can be asked to wash hanky/

small cloth, etc., water play, particularly the experiment of objects floating/sinking, also helps children develop

the concepts of 'heavy' and 'light'.

**Material Required** 

Activity 23	Aiming or Kicking
Competencies	Development of gross and fine motor skills
Material Required	Balls
Procedure  Fig. 11: Aiming the ball	Plan aiming games in different ways. Allow children to aim at bottles, nets or buckets kept at a distance using a ball. Depending on children's range of aim, adjust the target for each child. Let children experience success at some point in the activity.
Activity 24	Bouncing and Catching the Ball
Activity 24 Competencies	Bouncing and Catching the Ball  Development of gross motor skills
•	
Competencies	Development of gross motor skills
Competencies  Material Required	Development of gross motor skills  Ball  Ask two children to stand in front of each other where one child throws the ball, and the other child catches it
Competencies  Material Required  Procedure	Development of gross motor skills  Ball  Ask two children to stand in front of each other where one child throws the ball, and the other child catches it and bounces it back.  To Walk in/perform Kadamtal (march-past)
Competencies  Material Required  Procedure  Activity 25	Development of gross motor skills  Ball  Ask two children to stand in front of each other where one child throws the ball, and the other child catches it and bounces it back.  To Walk in/perform Kadamtal (march-past) while telling 'Ek-do, Ek-do'
Competencies  Material Required  Procedure  Activity 25  Competencies	Development of gross motor skills  Ball  Ask two children to stand in front of each other where one child throws the ball, and the other child catches it and bounces it back.  To Walk in/perform Kadamtal (march-past) while telling 'Ek-do, Ek-do'  Development of gross motor skills
Competencies  Material Required  Procedure  Activity 25  Competencies  Material Required	Development of gross motor skills  Ball  Ask two children to stand in front of each other where one child throws the ball, and the other child catches it and bounces it back.  To Walk in/perform Kadamtal (march-past) while telling 'Ek-do, Ek-do'  Development of gross motor skills  Drum /Tambourine  Ask the children to walk in a circle or in a straight line and do kadamtal (march-past). The teacher may say 'ek-do, ek-do' along with the sound of Drum / Tambourine to make it interesting. Ensure that the knees of the children bend rightly, and their feet touch
Competencies  Material Required  Procedure  Activity 25  Competencies  Material Required  Procedure	Development of gross motor skills  Ball  Ask two children to stand in front of each other where one child throws the ball, and the other child catches it and bounces it back.  To Walk in/perform Kadamtal (march-past) while telling 'Ek-do, Ek-do'  Development of gross motor skills  Drum /Tambourine  Ask the children to walk in a circle or in a straight line and do kadamtal (march-past). The teacher may say 'ek-do, ek-do' along with the sound of Drum / Tambourine to make it interesting. Ensure that the knees of the children bend rightly, and their feet touch the ground properly.

Objects to be used as obstacles

Procedure	Arrange a race for children that have a start and an end point like a pathway. Let children jump like a rabbit on the pathway and reach the end point.
Activity 27	Climbing
Competencies	Development of gross motor skills
Material Required	Rope ladder or stairs
Procedure	Use any space with steps and get children to climb up and down. Any climbing frame, like a rope-ladder using a sturdy rope and wooden or bamboo strips for steps can give the children practice in this skill.

Fig. 12: Pushing Tyre	es	S
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Activity 28	Push small Tyres/Barrels
Competencies	Development of gross motor skills
Material Required	Tyres/Barrels
Procedure	The teacher will ask each child to push a small car tyre or a small barrel. Ask the child to push or pull.
Activity 29	Rolling
Competencies	Development of gross motor skills
Material Required	Ball
Procedure	Roll the ball. Draw a straight line or curved line on the floor. Ask the children to come in a row and roll the ball along the line drawn.
Activity 30	Spinning the Hoop (A ring of wood or metal)
Competencies	Development of gross motor skills
Material Required	Hoops

Procedure	Ask the children to balance and spin the hoop around their waist 5 to 10 times and gradually increase the number of times as long as they can. Encourage them to try spinning hoops on other body parts (arm or leg).
Activity 31	Dancing
Competencies	Development of gross motor skills
Material Required	Drum and music
Procedure	Arrange a <i>dhapli</i> or a dholak. Sing while playing the musical instruments and ask the children to dance to the tunes.
Activity 32	Musical Chair
Competencies	Development of gross motor skills
Material Required	Chairs and drum/music
Procedure	Place 5–6 chairs in a large circle. In case there are no chairs available, you can replace chairs by placing papers, cloths, old tyres, and mats. Keep one chair less than the number of children taking part in the game. Ask the children to run around the chairs and you being the Organiser beat a <i>dhapli</i> / play some music. Tell every child to find and occupy a chair as soon as you stop playing the <i>dhapli</i> /music. The child who does not get his chair at this point will be out of the game. Now remove one of the chairs and continue the game until only one child is left. He will be the winner.
Variations	Activity 32 A: Musical Colours — Keep colours on the chair and similarly, play musical colours.  Activity 32 B: Musical Numbers — Keep numbers on
	the chair play musical number.
	<b>Activity 32 C: Musical Letters</b> — Keep letters on the chair and play musical letters.

# (vi) Key Competencies: Development of Fine Motor Skills and Eye-hand Coordination

Activity 33	Tracing (sand)
Competencies	Development of fine motor skills and creative expression, eye-hand coordination, the concept of shapes
Material Required	None
Procedure	Provide children with some sand in the deep tray and give them a short stick. They can scribble on the sand. Ask the children to make different curves, lines on the sand.

#### **Variations**



Activity 33 A: Tracing on the outline of letters— Next day you can ask the children to draw pictures related to that letter and corresponding objects to the numerals.

Activity 33 B: Colouring within the letter shapes— Provide letter shapes to children with outline and ask the children to colour within the letter shape.

Fig. 13: Tracing on the outline of letters	
Activity 34	Pasting different Shapes
Competencies	Development of fine motor skills, creative expression, eye-hand coordination, the concept of shape
Material Required	Coloured paper, scissors, glue stick
Procedure	Draw various shapes (circles, squares or rectangles) on the paper. Ask the children to cut the shapes and paste them on the paper.
Activity 35	Clay or Dough Moulding
Competencies	Development of fine motor skills, creative expression, eye-hand coordination
Material Required	Clay or dough
Procedure  Fig. 14: Clay Moulding	Provide the children some clay or dough and tell them to make objects of their choice with it. Give some ideas to make products related to festivals like <i>diyas</i> , which can also be coloured later. Observe children when they are working with clay. Once the activity is over, ask them to describe it. Along with clay, teachers can also provide a small blunt plastic knife, moulds, and rolling pins or other accessories like twigs, flowers, colour, etc. for children to make different objects. Provide seeds, straws, stones, shells, etc., to add variety to their clay models. Children must wash their hands after working with clay.
Activity 36	Stringing Beads
Competencies	Development of fine motor skills, creative expression, eye-hand coordination, pattern making
Material Required	Beads, strings/laces (ideally of different shapes, sizes and colours)
Procedure	Give the children some large beads in a bowl or basket. These beads should preferably be of different colours and have large holes in them. Let children string the beads in the way they wish with a stiff thread or wire.



Fig. 15: Threading the beads

To make it a little challenging, string beads with a specific sequence of colours and ask the children to complete the string in the same sequence, for example, red, blue, yellow repeated in the same order.

#### **Variations**

**Activity 36 A: Lacing**— Make a 'threading frame' with a piece of cardboard (old copy cover). Draw an outline of any simple object, for example, tree or fish and punch it with holes all along the outline. Let the children lace these outlines with a stiff thread, wire or even an old shoelace.

**Activity 36 B: Shoe lacing—** Let children lace their shoes.

**Activity 36 C:** Stringing leaves and flowers in a pattern Let children string the leaves and flowers in a pattern.

Activity 37	Printing Using Fingertip or making Thumb Impression
Competencies	Fine motor and creative expression, sharing
Material Required	Paint in a bowl and paper
Procedure	Pour paint into small bowls or plates such that there is one bowl for two children. Each child can be asked to draw a picture of their choice on paper. They then must colour the picture by dipping their forefinger tip or thumb in the paint and pressing it on the paper to get the impression on the paper. The same can be done for letters and numerals too.
Variations	Let the children dip leaves into the colour and print them on paper. Foot-and-hand printing can also be done by the children.
Activity 38	Building with bowls and paper cups
Competencies	Development of fine motor skills, eye-hand coordination, problem solving, creativity
Material Required	Bowls/paper cups or building blocks.

#### Procedure



Fig. 16: Constructing using blocks

Using bowls/paper cups or wooden blocks, encourage children to build something like a bridge, a building or anything else as per their choice. These types of activities are part of activity areas and help in problem solving and collaboration too.

#### **Variations** (DIY Activity)

Pyramid making— Using paper cups encourage the children to collectively construct a big pyramid.

Activity 39	Sorting in two categories
Competencies	Development of fine motor skills, eye-hand coordination, concept of colour, size and texture
Material Required	Shapes, colors, beans, seeds, paper clips and rubber bands
Procedure	Ask the children to sort objects of different shapes, colours,



Fig. 17: Sorting beads

sizes, material, etc., based on only one dimension. Later, the children can be asked to sort objects based on 2 or 3 dimensions together; for instance, colour and shape, size and shape.

Activity 40	Clipping
Competencies	Development of fine motor skills, completion of the task, self-regulation
Material Required	Cloth pins and paper plates; old child-sized clothes
Procedure	Let children attach the cloth pins to the sides of the paper plate or old clothes (you may collect them and keep them in the dramatics area). Ask all the children



Fig. 18: Clipping Activity

to keep the material ready, set a time limit and start the activity. Motivate them to complete the activity in the given time. This activity can be conducted at different levels (by increasing the number of clips and decreasing the time limit).

Activity 41	Rangoli /Patterns Making
Competencies	Development of fine motor skills, eye-hand coordination, creative expression.
Material Required	Rangoli powder, glue.
Procedure	bowl of white glue, a small bowl of colored rangoli powder/sand, and a "glue brush". Children paint the glue on their paper with the brush, pinch some rangoli powder/sand with their fingers, and sprinkle it over the glue. Place a pan, tray or paper plate on the table for children to shake off the excess sand. They can also draw a flower, hut with glue and pour/paste sand on it. When they shake off the excess sand they feel happy to see the image appearing on the paper. Try giving familiar themes to the children and ask them to draw/paint them.
Activity 42	Pouring Water into Bottle using Funnel
Competencies	Eye-hand coordination, fine motor skills
Material Required	Water bottle, funnel and mug with water
Procedure	Show the children how to hold a mug and transfer the water into a bottle through a funnel without spilling. Activities involving manipulation of objects or those involving the skill of pouring water are very useful for
	the development of eye-hand coordination.
Activity 43	the development of eye-hand coordination.  To Make a Knot and to Open it
Activity 43 Competencies	-
•	To Make a Knot and to Open it  Development of fine motor skills, eye-hand coordination,
Competencies	To Make a Knot and to Open it  Development of fine motor skills, eye-hand coordination, creativity
Competencies  Material Required	To Make a Knot and to Open it  Development of fine motor skills, eye-hand coordination, creativity  Thick thread  Give children thick twine/wool/thread and ask them to
Competencies  Material Required  Procedure	To Make a Knot and to Open it  Development of fine motor skills, eye-hand coordination, creativity  Thick thread  Give children thick twine/wool/thread and ask them to put three knots and open the knots in the given time.
Competencies  Material Required  Procedure  Activity 44	To Make a Knot and to Open it  Development of fine motor skills, eye-hand coordination, creativity  Thick thread  Give children thick twine/wool/thread and ask them to put three knots and open the knots in the given time.  Thread Painting
Competencies  Material Required  Procedure  Activity 44  Competencies	To Make a Knot and to Open it  Development of fine motor skills, eye-hand coordination, creativity  Thick thread  Give children thick twine/wool/thread and ask them to put three knots and open the knots in the given time.  Thread Painting  Make thread painting without difficulty
Competencies  Material Required  Procedure  Activity 44  Competencies  Material Required	To Make a Knot and to Open it  Development of fine motor skills, eye-hand coordination, creativity  Thick thread  Give children thick twine/wool/thread and ask them to put three knots and open the knots in the given time.  Thread Painting  Make thread painting without difficulty  Paint, thread and paper/book  Take a long piece of thread; dip the first part of the thread in red colour, the second part in blue colour, and the end part in yellow colour. Fold a paper into two halves and place the threads in different patterns under the fold. Pull out the thread with the other hand, take the thread fully from the paper, now open the paper and see
Competencies  Material Required  Procedure  Activity 44  Competencies  Material Required  Procedure	To Make a Knot and to Open it  Development of fine motor skills, eye-hand coordination, creativity  Thick thread  Give children thick twine/wool/thread and ask them to put three knots and open the knots in the given time.  Thread Painting  Make thread painting without difficulty  Paint, thread and paper/book  Take a long piece of thread; dip the first part of the thread in red colour, the second part in blue colour, and the end part in yellow colour. Fold a paper into two halves and place the threads in different patterns under the fold. Pull out the thread with the other hand, take the thread fully from the paper, now open the paper and see the design. Use different colours to make more designs.

#### **Procedure**



Fig. 19: Paper Folding

Provide opportunities to the children to develop the skills of making controlled visual-motor movements by tracing the given shapes. Give children an object, paper, and a pencil. Ask them to keep the object on a paper and trace it along its boundaries. They can take other shaped objects and trace one over the other to see the effect, e.g., they trace out a circle, then a square and then trace a rectangle on it. Give children crayons or paint to colour the traced parts.

Activity 46	Paper/Cloth Folding
Competencies	Development of fine motor skills
Material Required	Paper/cloth
Procedure	Give each child a sheet of paper and demonstrate basic folds that they can do with it. Ask them to explore different ways of folding a paper and see what they can make out of it. The teacher can also show two to three samples of objects prepared by folding papers, e.g., a boat, a fan, a fish, etc. Instead of paper, cloth may also be used to fold and create the objects.
Activity 47	Painting With Brush (flat and thick)
Competencies	Development of fine motor skills and creative expression
Material Required	Brush, paint, easel boards (if available)
Procedure	Painting is a wonderful way for children to express their creativity. Show children how to use a paintbrush with paint on paper. Let children choose different colours and paint figures of their choice. They can also describe at the end what they have painted.
Activity 48	Collage Making
Competencies	Development of fine motor skills and creative expression
Material Required	Coloured papers, glue.
Procedure	Ask the children to tear the paper into small pieces. Thereafter ask them to paste the torn paper pieces within a given outline. The outline could be that of a tree, a hut, an animal, or any other object. Let them make their own



Fig. 20: Child making Collage

collage by pasting the pieces in any design created by them. They could be given old cloth pieces also or other waste material or leaves or petals, etc. which they may use for pasting in the collage work.

Activity 49	Cutting
Competencies	Development of fine motor skills and creative expression
Material Required	Scissors (preferably plastic ones), coloured papers, glue.
Procedure	Show the children the correct finger grip to hold the scissors with one hand and the paper with the other. Give each child a pair of scissors and a piece of paper. Show them the different ways of cutting the paper, e.g., in a straight line, in a zig-zag way or cutout shapes, etc. The cutouts can then be pasted on a chart paper or on a plain sheet to make a collage.  *Note: Use child-friendly scissors. Children should be continuously supervised while handling the scissors. Children should be given safety instructions for the safe use of the scissors.
Variation	Activity 49 A: Cutting big letters and numbers— Let children cut big numbers from the number calendar. Let children cut big letters from old books and magazines. Use these to prepare a Do it yourself (DIY) activity during literacy and numeracy activity time.
Activity 50	Printing with Different kinds of Stamps
Competencies	Development of fine motor skills and creative expression
Material Required	Paper/newspaper, different objects that can be used for printing, rough cloth
Procedure	Collect a variety of material that can be used to dip in paint and stamp on a paper to create its imprint, e.g., objects like a used comb, blocks wrapped with twine or rubber bands, old non-plastic toys and so on. Give used papers or newspaper to each child and they can then dip these objects in paint and stamp them on the paper to make imprints to enhance eye-hand coordination.

Variations	<b>Activity 50 A: Letter stamps</b> — Prepare letter stamps and let the children dip the letters in colour and create their imprint on paper.
Activity 51	Joining the Dots and Colouring the Picture
Competencies	Development of fine motor skills and creative expression
Material Required	Crayons, colour pencils, chalk
Procedure	Make dots on paper or a slate in different shapes or designs, and ask the children to join the dots with a crayon or chalk, and ask them to colour it.
Activity 52	Drawing Pictures on a Slate/ Board
Competencies	Development of fine motor skills, eye-hand coordination
Material Required	Board and chalk.
Procedure	Provide opportunities to children to draw different figures and shapes. Provide the children with a board and a piece of chalk/coloured chalk and ask them to draw a picture of their choice and imagination. To encourage creativity, do not impose your ideas on the children. Let them draw and paint what they like and the way they like.
Activity 53	Spray- Painting
Competencies	Development of fine motor skills, eye-hand coordination, creativity and aesthetic development
Material Required	Colours, stencil and brush/toothbrush.
Procedure  Fig. 21: A child doing spray painting	Provide the children with a stencil of an animal, a bird, a flower, etc. and a blank piece of paper; as well as all the material needed for spray painting. Demonstrate the activity once. Let the children play with colours, and express and develop their creativity.

# 2.2 Goal 2: Children become Effective Communicators (EC)

The ability to effectively communicate helps children to express themselves, understand others, think critically, solve problems, and maintain relationships. Learning to understand, use and enjoy speaking in any language is a critical first step in literacy and the basis for learning to read and write. As young children begin to talk to others, spend time with books and experiment with different writing tools for drawing and scribbling, they are learning to become effective communicators. When adults provide children with opportunities to talk and participate in meaningful reading and writing activities, they support the acquisition of language and literacy. To engage and interact meaningfully with children, teachers need to have a basic understanding of early language learning and recognise the learning potential of the children in their classrooms. The programmes for foundational years should provide opportunities to develop emergent and foundational literacy skills, which enable children to successfully learn to talk and listen, read with comprehension and write with purpose. Key competencies such as engaging in conversation with others, expressing interest in stories and poems/rhymes, reciting poems with proper intonations, modulations, and actions, narrating stories, reading with an understanding of print awareness, taking an interest in writing, using language(s), attempting scribbling, drawing, and writing with increased precision are expected to be achieved by the children.

#### Notes on Child's Language Use

Language is closely linked to children's identity and emotional security and helps them to freely express their thoughts and feelings. However, the language of instruction is a complex issue in a multilingual country like India, where children may come to school with a mother tongue or home language which may be different from the school or regional language. Since there is more than one language as a mother tongue or home language, teachers may allow as many languages as children bring to the classroom to be used for expression while gradually exposing them to the school language. According to the NEP 2020, teachers must use bilingual approach, including bilingual teaching-learning material with those children whose mother tongue or home language may be different from the medium of instruction. It is also







recommended in the policy that "all languages need to be taught in an enjoyable and interactive style, with plenty of interactive conversation, and with early reading and subsequently writing in the mother tongue or home language in the early years" (p. 13). There is also a need to provide exposure to sign language to all children. It helps in laying down the foundations of inclusion.

(i) Key Competencies: Talking and Listening (Listening Comprehension, Conversational Skills, Creative Self-expression, Vocabulary Development and Meaningful use of Language)

Activity 1	Picture Reading
Competencies	Vocabulary development, self-expression, prediction, reading
Material Required	Pictures of different events or places, such as a fair <i>(Mela)</i> , playing in the park, a market, a school, a zoo, a festival, etc.
Procedure  Fig. 22	Carry out this activity with all the children in one big group as well as in small groups. Ask them to observe and talk about what they see in the illustrations. The teacher is free to use any illustration of their choice from various sources such as newspapers, books, magazines, etc. While selecting the illustrations, age, developmental needs, and the surroundings of the children must be considered. Prompt them by asking questions to initiate and make the conversation engaging. Help children observe details in the illustration and try to connect them to their own experience of the world. The teachers may prompt them with the following questions:  • Have you ever been to such a place?  • How does this illustration make you feel?  • What does this illustration remind you of?  • What are the people doing in the picture?  • Who do you think are the people in the picture?
Variations	<b>Activity 1 A: Pretend Reading—</b> Let the children look at the books and read them on their own.
	<b>Activity 1 B: Reading the wrappers</b> — Create a box filled with a collection of waste food wrappers and let the children identify and read the wrappers (pretend reading).
	<b>Activity 1 C: Talking Board</b> — The Talking board may have something related to a visit like plants, animals, a trip to a zoo, celebrating a festival. Each picture needs to be labeled and should be changed every week. The children should be encouraged to look at it and talk about it.

Activity 2	Free Hand Drawing
Competencies	Eye-hand coordination, writing skills, creative expression
Material Required	Pencils, crayons, markers, slates, white sheets of paper
Procedure	Set up an accessible and comfortable writing area for the children. Allow them to freely scribble and draw as per their choice. Ask them to describe their drawings and pose follow-up questions based on the children's responses.
Activity 3	Songs, Rhymes, Poems and Drama
Competencies	Creative self-expression, phonological awareness-rhyming environmental concepts, vocabulary development
Material Required	None
Procedure	<ul> <li>Stand in a circle with the children for a new action song, rhyme or poem (refer to the exemplar song, rhyme or poem given). Children must be asked to follow and repeat after the teacher and also extend the song or rhyme or poem. Remember the following:</li> <li>Sing the songs and rhymes with expressions and enthusiasm for children to enjoy them.</li> <li>Display posters of the song, rhyme or poem that children know.</li> <li>Encourage children to give the new rhyming words in the poem.</li> <li>Discuss the characters, objects and events, if any, in the song, rhyme or poem.</li> </ul>
	Let Us Sing Together Once the children are familiar with a rhyme or song, they can be asked to sing or recite the song, rhyme or poem.
	Exemplar Song:
	हमने तीन चीजें देखीं, बाबा तीन चीजें देखीं -3
	जंगल में देखा शेर, शेर खा रहा था बेर,
	वो तो खाकर हो गया ढेर, शेर बेर ढेर
	हमने तीन चीजें देखीं, बाबा तीन चीजें देखीं-3
	पेड़ पर देखा बंदर, उसका नाम था मस्त कलंदर,
	वो तो घुस गया घर के अंदर, बंदर कलंदर अंदर
	हमने तीन चीजें देखीं, बाबा तीन चीजें देखीं-3 हमने देखी सारी दिल्ली, खंबा नोच रही थी बिल्ली,
	चूहे उड़ा रहे थे खिल्ली, दिल्ली बिल्ली खिल्ली,
	हमने तीन चीजें देखीं, बाबा तीन चीजें देखीं-3
Variations	<b>Activity 3 A:</b> Sing a song with rhyming words: Sing with the children and let them identify the rhyming words in the song.

Activity 4	Change Places
Competencies	Attention and listening, vocabulary development
Material Required	None
Procedure	<ul> <li>Make the children stand in a circle with one child in the middle and give instructions such as:</li> <li>Change places if you have come to the school walking.</li> <li>Change places if you are wearing ribbons.</li> <li>Change places if you have a bottle.</li> <li>After each instruction, the children who fit the description of the instruction change place. While some children are changing places, the child in the middle has to run and try to take the place of another child. The child, who is left without a place, replaces the child in the middle of the circle.</li> </ul>
Activity 5	Guess the Word
Competencies	Attention and listening, creative thinking, reasoning, environmental awareness
Material Required	None
Procedure	Let children sit in a circle and demonstrate how to ask the questions which could be answered in 'Yes/No'. Show the children how to guess any word by 'asking questions, e.g., if the word to be guessed is 'Mango', the children could be encouraged to ask questions such as:  • Is it a thing that is a fruit, a vegetable, an animal or a person?  • Is it a thing that moves?  • Is it something that is inside our classroom?  • Is it something we find in the garden?  For each question, the response will be only 'Yes/No'. After children get familiar with the activity, prompt only when needed and encourage them to come up with questions on their own until they guess correctly.
Activity 6	Guess the Mystery Object, letter or number
Competencies	Vocabulary development, prediction, working cooperatively with teammates, following instructions
Material Required	Bag and object(s)
Procedure	Use real objects available in the classroom like chalk, eraser, etc. Invite children one by one to come to the front of the class and let them put a hand in the bag and feel the object inside. By feeling the object, they should try to guess what the object is inside the bag.  Prompt the children by asking questions such as:  Is it big or small?  What is the shape of the object?

	<ul> <li>Is it cold or warm to touch?</li> <li>What do you think is it made up of?</li> <li>Is it smooth, hard, soft or rough?</li> <li>What do you think the object is?</li> </ul>
Variations	<b>Activity 6 A: Find me</b> — Put at least 6 to 10 textured letters in an old purse or a bag. Let the child take out any one letter at a time and say its name, sound and any one word that begins with that letter.
	<b>Activity 6 B: Guess the mystery number</b> — Put the textured number in a bag and let the child take out one number and give you the relevant object (two seeds, three leaves and so on).
Activity 7	Story Card Activity
Competencies	Attention, vocabulary development, creative thinking and self-expression
Material Required	Story cards
Procedure	Let children arrange the story cards and build the story. Let them move their index finger beneath the print from left to right.
I .	
Activity 8	Pick and Speak
Activity 8  Competencies	Pick and Speak Listening skills, creative self-expression, conventions of speech, colour concept
•	Listening skills, creative self-expression, conventions of
Competencies	Listening skills, creative self-expression, conventions of speech, colour concept

(ii) Key Competencies: Reading with Comprehension (Phonological Awareness, Print Awareness, Word Recognition, Sound Symbol Association, Meaning Making and Bonding with Books)

Activity 9	Word Claps
Competencies	Phonological awareness—identifying words in a sentence
Material Required	None

Procedure	Ask the children to sit in a circle. Say a simple sentence such as "यह कमल है।" and clap for every word while saying the same. Explain that clapping is done for each word. If necessary, repeat once more. Let children repeat the same. As the children get used to clapping for each word, use longer, more interesting sentences, or sentences that have the children's names, e.g., 'Meera has a lovely smile'. To make this activity more joyful, use sentences that have words with similar sounds (refer to the exemplar sounds given).
Activity 10	Word Blend
Competencies	Blending
Material Required	None
Procedure	Make the children sit in a circle and ask them to guess the word they hear by joining them together,.e.g., say aloud 'बा'(pause) and 'जा' and let the children blend it and say aloud 'बाजा'. The teacher can use words with two syllables, such as: 'चाबी', 'ताला' and extend it to words with three-four syllables, such as 'अंग्रेजी', 'विद्यालय'.
Activity 11	World of Labels
Competencies	Word recognition, print awareness and meaning-making, vocabulary development
Material Required	Notebook or chart paper, pencils and crayons
Procedure  LABELS  AROUND THE CLASSROOM  Window Door  Chair Board Duster  Table Duster	With the help of the children, identify and name common items in the classroom. Create labels for these objects in the room, such as 'tables', 'chairs', 'doors', 'windows', 'books', 'toys', etc. Clearly write the word on the card and affix it to the object. Create another set of index cards with the same words on them. Show the index card to the children and say the word aloud. Ask them to run towards the object that the teacher is showing. Practice with four to five objects on a given day.  • Let the children read sight words along with the teacher; let them match the word in the story book.

Variations	Activity 11 A: Name Cards— Create name cards by pasting a picture of some object or animal beside the child's name so that if the child fails to identify their name, they may use the picture clue.  Activity 11 B: Organisation of Book Fair— Organise a small book fair on the school premises and let the children have exposure to a variety of books. Encourage
	Activity 11 C: My First Word Box— Take an old shoebox and let the children cut and collect three to four-letter words from old magazines/story books, etc. and then paste them on a paper and draw pictures for each word.
Activity 12	I Spy
Competencies	Vocabulary development, meaningful use of language, attention and listening, environmental awareness
Material Required	None
Procedure	<ul> <li>Let the children sit in a circle and ask them to listen properly and guess the name of the object as the teacher says:</li> <li>I spy with my eyes, something brown that has four legs.</li> <li>I spy with my eyes, something white used for writing.</li> <li>I spy with my eyes, something green, we don't dare to eat.</li> <li>When children are more familiar, let each child take turns to give the prompt for other children to guess. It should be an object in the surroundings that children can see.</li> </ul>
Activity 13	Add a Word
Competencies	Phonological awareness-identifying words in a sentence, vocabulary development, creative thinking, environmental awareness, sequential thinking, attention and listening, vocabulary development, creative thinking
Material Required	Objects of daily use (toys, pencils, colours, books, bag, brush, spoon, etc.) and objects present in the environment (flowers, leaves, stones, etc.)
Procedure	Start saying a sentence (I keep), pick-up any one object like a book and make a sentence, I keep books'. Then, pick up another object like a bag and add it to the sentence I keep books in my bag'. Ask the children to think of more places where they can keep their books. Then, ask them to say it in a sentence, e.g., I keep books on the table'. Help the children with other

	such examples to which they could add words to make a complete sentence, like:  I am going to the
Activity 14	Sharing Experiences
Competencies	Memory, sequential thinking, vocabulary development, experience sharing
Material Required	None
Procedure	Ask the children to sit in a circle and close their eyes and think about how they spent their previous day or weekend. Allow them to think for a few minutes. Prompt with simple questions like:  • When did you wake up?  • What did you have before coming to the school?  • What did you see on your way?  • How were you feeling yesterday?  • Would you like to share any special moment from your yesterday's routine?  • Which game did you play with your friends?
Activity 15	Listen to rhyming word
Competencies	Phonological awareness, vocabulary development, gross motor development
Material Required	None
Procedure	Choose a rhyme that the children are familiar with, e.g., भछली जल की रानी हैं', or 'Twinkle Twinkle Little Star'. Tell them that they have to find rhyming words from the poem. Before singing a rhyme, call out a rhyming word like 'नानी' which rhymes with a word from the poem 'मछली जल की रानी है'. Ask the children to jump, touch their feet, or clap their hands when they hear a word in a poem

Activity 16	What Happened After That
Competencies	Attention and listening, vocabulary development, sequential thinking, memory
Material Required	None
Procedure	Read aloud a story that the children know. Before reading, teach them some words in their mother tongue like 'first', 'then', 'after that', and 'before that'. Show children how these words are used in sentences. Then, read out the story and retell the first event in the story. Then ask the following questions to the children: 'What happened first?'; 'Then what happened?'; 'After that what happened?'; and 'Before this what has happened?', etc. Similarly, give a prompt (word or sentence) to the children.  Exemplar Story: बिल्ली और गिल्ली एक दिन एक बिल्ली जंगल में घूमने गई (टीचर ने कहा) ।उसने देखा जंगल में एक नदी बह रही है (पहला बच्चा)। बिल्ली ने सोचा क्यों न मैं यहाँ से पानी पी लूँ (दूसरा बच्चा)। जब बिल्ली पानी पी रही थी,अचानक उसको रोने की आवाज़ आई (तीसरा बच्चा)। जब बिल्ली पीछे मुड़ी तो देखा गिलहरी का छोटा—सा बच्चा रो रहा है (चौथा बच्चा)। गिलहरी का बच्चा 'हेल्प मी –हेल्प मी/ बचाओ-बचाओ' चिल्ला रहा था (पांचवा बच्चा)। बिल्ली ने सोचा, 'अकेले तो मैं उसको नहीं बचा सकती'' (छठा बच्चा)। उस बच्चों में एक बड़ा बिलौटा भी था (आठवां बच्चा)। बिलौटे ने कहा, 'इसको बचाने के लिए तो हमें एक डंडी का सहारा लेना पड़ेगा'' (नौवां बच्चा)। बिलौटे ने पास पड़ी मोटी सी डंडी को उठाया (दसवां बच्चा)। उसने डंडी को बच्च की तरफ बढ़ाया (ग्यारवां बच्चा)। और कहा, ''तुम इस लकड़ी पर बैठ जाओ'' (बारहवां बच्चा)। सभी बिल्लायों ने मिलकर डंडी को खींचा (तेरहवां बच्चा)। और बोले 'जोर लगा के हईशा'' (तेरहवां बच्चा)। इस तरह गिलहरी का बच्चा बाहर आ गया (चौदहवां बच्चा)। तब तक बच्चे के मम्मी-पापा भी बच्चे को खोजते हुए आ गए (पन्द्रहवां बच्चा)। उन्होंने सभी बिल्लयों और बिलौटे को धन्यवाद कहा (सोलहवां बच्चा)। फिर बिलौटे ने बच्चे का नाम पूछा (सत्रहवां बच्चा)। बच्चा बोला ''गिल्ली'' (अठारहवां बच्चा)।
Variation	The teacher begins the story with a few sentences and asks each child to add one sentence and finally bring it to a logical end e.g., deep in the jungle there were three friends: a mouse, a deer and a crow. The mouse lived in a hole in an old tree, the crow lived in the nest and the deer lived under the tree. The three friends played together and had a lot of fun. One day a hunter came
Activity 17	What Does This Face Say?
Competencies	Picture reading
Material Required	Picture book

Procedure	Choose a picture book that has various faces with different emotions and feelings. Start by showing the children pictures with different facial expressions and gestures like,  This child is sad'; That child looks happy'; This child looks sleepy'; Why do they look sad?' and 'Who is crying?'Ask them to draw these facial expressions and gestures too.  Practice until most children in the class can act out the correct expression when the word is called out. Read the story, and ask the children to pay attention to the 'feeling' words in the story. At the end of the story, ask some questions as follows:  How wasfeeling when happened?  How didmake them feel?  Ask the children to close their eyes and enact the correct expression for each question.  Make a 'Feelings Chart', write names of different emotions for print awareness.  Let children draw faces of different emotions on paper.
Activity 18	Picture Dictionaries
Competencies	Word recognition, print awareness, and meaning-making, vocabulary development, environmental awareness
Material Required	Paper, Crayons
Procedure	Create pictorial references to songs and rhymes that the children are familiar with. Draw the keywords present in a poem or song and label them. Draw the main characters in a poem or rhyme and write a couple of lines or phrases that are repeated in it. Picture dictionaries can be implemented in multiple ways:  1. Individual picture dictionaries: Objects or keywords from the stories and poems can be drawn by the children individually. Pictures of individual objects like a tree, a bus, an animal, and a house can be drawn by each child. Label the words for the child as they explain which object they have drawn.
	2. Group: Conduct a whole group discussion on topics such as Things you can see in the garden', 'Things you can see only at night', 'Things you can see underwater' or 'Things you can find underground'. Divide the children into groups of four and provide them with a chart paper. Ask them to draw all that they can think of depending on the topic given. Label the things children have tried to depict under the given theme. Display it in the class.

Activity 19	Auditory Discrimination
Competencies	Attention and listening, sequential thinking, gross motor development
Material Required	Chalk, a chart with numbered columns, markers and crayons
Procedure	Say aloud four words such that three of them begin with the same initial sound and one begins with a different sound. E.g., 'papaya', 'pen', 'parrot', and 'bottle'. Ask which one is different.
Activity 20	Identifying Objects with the Beginning Sound
Competencies	Phonological awareness, letter-sound association
Material Required	None
Procedure	Play Sound games like – "I'm thinking of something that starts with the same sound as Raja, it is in the corner of the room."
Variations	Activity 20 A: Play a game of How many words?— For example, How many words can you think which begin with sounds 'm', 's', etc. (for example, mama, moon, monkey)
	<b>Activity 20 B: Antakshari</b> — Children can be asked to play the game Antakshari. Ask one child to start the game by saying a word, for example, Bat. Then the next child has to make a word with the sound of the last letter i.e. T—Tub and so on.
Activity 21	Word Hunt
Competencies	Phonological awareness—blending, attention and listening, vocabulary development
Material Required	None
Procedure	Let children search the word that they come across in a familiar story. The teacher may write the words on the word wall. The words can be displayed for a week. Whenever the teacher and the child come across the word again she can highlight it on the word wall.
Activity 22	Listen and Draw
Competencies	Visualisation, creative thinking, concepts of colour, size and shape
Material Required	Blank sheet
Procedure	Read a book that uses a lot of describing words for the characters like:  • Satya had big eyes and curly hair.

	<ul> <li>Mini's school had lots of trees. After reading aloud the story, give each child a thick crayon and a sheet of paper. Read specific sentences from the book again and ask questions about 'shapes', 'sizes', and 'colours' related to the characters:</li> <li>Can you draw a picture of Satya's face?</li> <li>Can you draw a picture of Mini's school?</li> <li>After each question, give the children two to three minutes to scribble or draw their answers.</li> </ul>
Activity 23	Chunking Words
Competencies	Phonological awareness—segmenting, attention and listening, gross motor development
Material Required	None
Procedure	Let the children line up and face the teacher. Instruct them to count the number of syllables in a word such as, jump the number of times as there are syllables in the word 'Sunny'. The children say 'Sun—ny' and each child jumps forward twice. Change the number of syllables in the words provided, e.g., start with one syllable as in 'bat' and move to four—or more—syllables as in 'helicopter'. The teacher can change the kind of movements, e.g., take small steps, take giant steps or skip.  Similarly, in Hindi, in the word रूचिका, there are three syllables रू – चि – का. So, the child jumps forwards three times
Activity 24	Count the Events
Competencies	Sequential thinking, attention and listening
Material Required	None
Procedure	Conduct this activity when the children have learnt to count till 5. Read aloud a book that has pictures of all the important events. Then, read the events again after jumbling them up. Ask the children to hold out one finger for the first event, two fingers for the second one, three fingers for the third one and so on.
Variation	Divide the children into groups of five and give each group a chart paper with four to five columns on it. Number the columns. Read aloud a story and ask the groups to draw the events in the correct boxes, e.g., the event that happens first in column one and so on.
	event that happens first in column one and so on.
Activity 25	'Yes' or 'No'
Activity 25 Competencies	

Procedure	Inform the children that making predictions means 'guessing what will happen'. Read aloud a new story, and pause at places where children can guess what will happen.  Ask them questions that elicit only 'Yes' or 'No' as an answer, such as Willhappen? Will do?  Willsay? As the teacher pauses and asks, they can tell the children to hold their thumb up if their answer is 'Yes' and thumb down if their answer is 'No'.
Variation	Stick a big chart on one of the walls, with the phrase 'What will happen?' written on it in big letters. Give each child some chits of paper. Read a new story to the children and pause at the point where you have planned to. Ask the children to guess what will happen in the end, and to scribble or draw this on their chits. Once done, help them stick their chits on the chart. Let them take a look at the chart and see what others have drawn, and check if their prediction was correct. Before reading, plan where to pause and encourage the children to guess what will happen next. Only after this, tell the children what happens in the story.
	Revise the activity of making guesses based on pictures with the children. Repeat the questions 'what did you see?', 'what did you guess?' or 'how did you guess?' etc. Now, tell them that they are going to guess more things today, but by listening instead of looking at a picture. Read out the short sentences from a story that the children know. At the end of each sentence, ask the children different questions for guessing.
	Divide the children into pairs and choose a new story that has at least two to three different events which the children can guess. First, read the story, pause when the children can predict, and ask them questions such as:  • What did you hear in the story? What will happen next?  • Why do you think this will happen? Then, read the story again. This time, as the teacher pauses, Ask the children to draw their predictions on the blank sheet.
Activity 26	Matching and Identifying End Sounds
Competencies	Sound symbol association, vocabulary development, alphabet recognition
Material Required	None

Procedure  Variation	Ask the children to sit in a circle and once they are familiar with a few letter sounds, ask them to find words that end with the same sound. Discuss words that end with the letter sound like 'pan', 'man', 'sun', 'tin'. Give a few more examples by calling out a word and asking the children to share other words that end with the same sound.  Make the children sit in a circle. Recapitulate sounds they are familiar with like 'n' or '\(\varphi\)' and write down the letter symbol of the sounds on the board. Share a few words which end with the sounds discussed. Let them share a few words where they hear these sounds in the end of the word.
Activity 27	Associating Akshar and Letters to Sounds
Competencies	Sound symbol association, alphabet recognition, fine motor development
Material Required	Beads, buttons, clay, sand, sticks, letter shapes, etc.
Procedure	Let the children explore some <i>akshar</i> or letters that occur in commonly used words like children's names or common classroom objects. While children explore making letter symbols, emphasise the letter sounds and associate them with the words in which they appear. Use different kinds of media to practice forming <i>akshar or</i> letters, like:  • Using beads, buttons or clay to form the letter shapes.  • Making the letter shapes in the sandpit using fingers or sticks. Creating the letter shapes with water on the floor.  • Drawing the <i>akshar</i> /letters on white page in bold and let children color inside the letter shapes.  • Remember the following:  • This provides an opportunity for children to explore forming letters using media other than paper and pencil.  • Do not introduce <i>akshar</i> or letters in any particular sequence.  • Emphasise the letter sounds and connect them to the words in which they appear like familiar words.
Activity 28	Chunking Sentences
Competencies	Word recognition, print awareness and meaning-making
Material Required	Rhyme, song, or favorite class book, chart paper, blank cards
Procedure	Choose a few lines from a familiar rhyme, song or story. Write down the words of a sentence one on each of the blank cards. Prepare and display the chart on the board.

	Read the sentence several times until all children can repeat it correctly. As the teacher says the sentence, point to each card individually. Then, read aloud any word in the sentence and invite a child to come up to the board and touch the card that represents that word. Then, say the sentence one more time, but change one of the words in the sentence, e.g. 'Mary had a little Lamb' becomes 'Mary had a little Cat'. Pick one child to show which word the teacher has changed by touching that card on the board.
Activity 29	What is in the Middle?
Competencies	Sound symbol association, attention and listening
Material Required	None
Procedure	Let the children sit in a circle and introduce a vowel sound for the activity, e.g., 'a' or 'o'. Introduce the letter symbol to the children by writing it on the board. Share a few words where the vowel is in the middle, like 'bat' or 'top'. Let the children share a few words where they hear the vowel sound in the middle of the word. Ask them to identify the sound they hear in the middle of the word and mark the letter associated with the sound.
Activity 30	Jumble it Up
Competencies	Sound symbol association and word recognition, vocabulary development, alphabet recognition
Material Required	Individual letter cut-outs of each child's name
Procedure	Let the children work in pairs for this activity. Distribute the letter cutouts of one's name to each child (separate each letter from the name). Ask them to rearrange the letters to create their names. Over a period of time, one could carry out the same activity with words that appear in stories and rhymes they are familiar with.

(iii) Key Competencies: Writing with a Purpose (Early Literacy Skills; Writing for Self Expression; Making use of Knowledge of Letter and Sounds; Invent Spellings to Write; Making efforts to Write in Conventional Ways; Response to Reading with Drawings, Words and Meaningful Sentences; Writing of Rhyming Words; Write Meaningful Sentences using Naming Words and Action Words; Write Messages to Express Themselves, Using Mixed Language Codes; Write for Different Purposes in Classroom Activities and at Home such as Making a List, Writing Greetings to Grandparents, Messages or Invitation to Friends, etc.)

Activity 31	Modelled Writing— Writing for Children
Competencies	Writing with a purpose, creative thinking, fine motor development
Material Required	Pencils, blank sheets of paper
Procedure	Let children scribble, draw and talk about their work. Listen and write down what they talk about their writing on sheets of paper or in their notebooks. Conduct this activity individually. Let them scribble or draw a picture. Encourage them to draw an activity done in the class or a story they have read in the class. Once the children are finished with the writing, ask questions like, 'What have you written today?', 'Can you tell me this story?'; This looks interesting', 'Please read what you have written.' Remember the following:  • Demonstrate the use of various writing tools and writing strategies such as writing from left to right, using and spacing out words, talking about the writing, etc.  • Allow children to talk in the language that they are comfortable in.  • Display what children have created in the classroom. This helps them understand that their writing is valued and that what they write can be read by others.  Tell Me About Your Writing  Once children have completed their writing, they can share what they have written and this should be written next to their writing, and these modelled writings should be displayed with their drawings in the class.
Activity 32	Shared Writing
Competencies	Writing with children, writing with a purpose, attention and listening, creative thinking, vocabulary development
Material Required	Blackboard or a big chart paper
Procedure	Compose a written text together as a class. Conduct this activity twice or thrice a month with the whole class. The class can compose a story, or write about a shared experience, or reflect on a book that they have read together. Some suggested topics are:  'Our visit to the park',  How to make tea?  'What do animals say?'; etc. Remember the following  Give some cues to start the sentences for each topic and demonstrate writing with them.  Add the first sentence and read it out. Then ask the children to tell their sentences and write them below.  Let children give the responses in their mother tongue. The teacher can demonstrate and translate the responses in the language of instruction.

Activity 33	Making Lists
Competencies	Writing with a purpose, creative thinking, vocabulary development, listening comprehension, environmental awareness
Material Required	Note book or chart paper, pencils and crayons
Procedure	Ask the children to prepare lists on various topics to give them an opportunity to write for a purpose or function and help them in developing their vocabulary. The lists can be made on topics like, 'things we hear', 'things we see', 'things we buy at the market', 'names of the colours', and 'animals in the city/village'. This activity can also be conducted with the entire class on a big chart paper. The teacher can make charts of common words that can be used in these lists and display them for children to see and read. More lists can be made on topics like: 'Children's list', 'Colour list', 'List of animals or birds around us', etc.
Activity 34	Making Books
Competencies	Writing skills, develop a sense of creation, vocabulary development, eye-hand coordination
Material Required	Notebook or chart paper, pencils and crayons
Procedure	Help the children create handmade books. Each child can contribute one page to a class book, or the teacher can help a child individually to create their book. Fold
	two A-4 size papers and staple them together to make a little booklet for each child. In that booklet, encourage the children to draw or write on a topic of their choice. Some suggested topics are 'My favourite game', 'Once upon a time', 'At the park, I saw'.
Activity 35	little booklet for each child. In that booklet, encourage the children to draw or write on a topic of their choice. Some suggested topics are 'My favourite game', 'Once
Activity 35 Competencies	little booklet for each child. In that booklet, encourage the children to draw or write on a topic of their choice. Some suggested topics are 'My favourite game', 'Once upon a time', 'At the park, I saw'.
•	little booklet for each child. In that booklet, encourage the children to draw or write on a topic of their choice. Some suggested topics are 'My favourite game', 'Once upon a time', 'At the park, I saw'.  Weather Chart  Writing with a purpose, observation and imagination,
Competencies	little booklet for each child. In that booklet, encourage the children to draw or write on a topic of their choice. Some suggested topics are 'My favourite game', 'Once upon a time', 'At the park, I saw'.  Weather Chart  Writing with a purpose, observation and imagination, creative thinking, environmental awareness
Competencies  Material Required	little booklet for each child. In that booklet, encourage the children to draw or write on a topic of their choice. Some suggested topics are 'My favourite game', 'Once upon a time', 'At the park, I saw'.  Weather Chart  Writing with a purpose, observation and imagination, creative thinking, environmental awareness  Blank sheet  Discuss this activity for a week and display a chart in the classroom which lists the days of the week. Every day during circle time, ask the children to observe how the weather is on that day. Discuss the same with the whole class and give them a blank sheet to draw the weather of the given day. Let children scribble, draw or write their responses on a sheet of paper too. Invite a few of them to display their work and share their responses
Competencies  Material Required  Procedure	little booklet for each child. In that booklet, encourage the children to draw or write on a topic of their choice. Some suggested topics are 'My favourite game', 'Once upon a time', 'At the park, I saw'.  Weather Chart  Writing with a purpose, observation and imagination, creative thinking, environmental awareness  Blank sheet  Discuss this activity for a week and display a chart in the classroom which lists the days of the week. Every day during circle time, ask the children to observe how the weather is on that day. Discuss the same with the whole class and give them a blank sheet to draw the weather of the given day. Let children scribble, draw or write their responses on a sheet of paper too. Invite a few of them to display their work and share their responses with the class.

Procedure	The teacher will provide alphabets or digits with dots. Children will see the dotted alphabets or digits, join the dots and write the letters and numbers.
Activity 37	Creating and Labelling
Competencies	Fine motor development, writing with purpose
Material Required	Paper, crayon
Procedure	Let the children draw or create anything of their choice. They may draw their favourite fruit, toy, book, etc. Then, ask them to label their drawing.
Activity 38	Make a Greeting Card
Competencies	Writing with purpose, fine motor development, creative thinking
Material Required	Paper, crayons, sketch pens
Procedure	Let the children draw anything of their choice, colour it and write their name and name of the person to whom they want to wish. This activity can be done during national and local festivals, birthday celebrations, etc.

## 2.3 Goal 3: Children become Involved Learners and Connect with their Immediate Environment (IL)

By the time children are in the age group of 5-6 years, they already have some knowledge and experience of numbers, shapes, colours, patterns, space, etc., from their social environment. They might have seen numbers, calendars, calculators, clocks, letters, symbols in their surroundings, and possess a repository of rhymes, songs, and stories. They would have also been engaged in several tasks and games involving numeracy like stacking blocks, rings, stones, etc., arranging them in order with the biggest at the bottom and the smallest at the top, grouping and sorting objects, blocks, toys, etc., All these experiences initiate the process of development of senses in the children. Sensorial perceptions naturally dominate children's minds in the early years. Thus, further learning should be based on their natural learning abilities by providing opportunities that are appropriate for their development; to explore and manipulate objects in the environment like touch and feel, listen to the sounds of the words representing the objects that they hear, observe and see pictures of objects, recognise symbols in their daily play experiences, think and talk about what they are doing while problem-solving through mazes, puzzles, use of language, etc., Children are born with natural curiosity and the innate potential to interpret and respond to the world. This gets strengthened through direct experience and interactions with the physical (water, air, seasons, sun and moon, day and night), social (myself, family, transport, festival, community helpers, etc.) and natural environment (animals, fruits, vegetables, etc.). Early learning gets strengthened when they communicate with adults and interact with the immediate environment. Language also plays a very important role in helping children form concepts. This process later helps in learning Environmental Studies (EVS) as a subject. In Grades I and II, environmental concepts are integrated with language and mathematics. Studies in cognition and neuroscience show that numeracy is an innate ability and early numeracy knowledge develops spontaneously in everyday contexts. It may be initially fragile and incomplete and needs to be supported. This support can come from peers, early educators, and parents or caregivers. The intuitive early numeracy skills like comparing, sharing, ordering, pattern making need to be supported by integrating them

into everyday tasks. Designing specific learning experiences for the association, counting, number sense, shapes, spatial sense, measurement, and patterns is also important. The explicit use of 'math's talks' in everyday interactions is also known to enhance foundational numeracy that is critical in paving the way for a smooth transition to schooling. Some of the learning outcomes related to Developmental Goal 3 are: using all senses to explore the environment, describing specific aspects of the immediate environment, demonstration of cognitive skills (such as comparison, classification, arrangement, explanations, problems-solving, etc.), demonstrating awareness towards environmental concerns, drawing inferences, etc.

### (i) Key Competencies: Sensory Development (Sight, Sound, Touch, Smell and Taste)

Activity 1	See and Tell
Competencies	Sense of sight, memory, environmental awareness
Material Required	Fruits, vegetables, utensils, common objects available in the classroom or the kitchen
Procedure	Let children sit in a semi-circle. Show them a set of objects (eight to ten) for a few minutes and then put objects away from or cover them. Now ask the children to recall what they saw. The shift from concrete objects to pictures and from similar objects (like fruits) to related objects (like fruits and vegetables) to unrelated ones. This process needs to be gradual and planned.
Activity 2	Listen and Tell
Competencies	Sense of sound, memory, environmental awareness
Material Required	Any audio device
Procedure	Make groups of children and ask each group to listen to the sound from any audio device. Let each group listen to the sound one by one carefully and identify the animals till every child in that group finishes their turn.
Activity 3	Guess the sound
Competencies	Sense of sound, sensitivity for others, empathy
Material Required	Locally available musical instrument's
Procedure	Let children go to the outdoor space and ask them to close their eyes. Now, make different sounds by playing different types of instruments. Encourage them to identify the sounds by keeping their eyes closed. Later, discuss the children's experiences and sensitise them to the fact that some people have low or no vision, or have a sharpened sense of sound.

	Discuss with children how they can take care of their ears. They can take help from their parents to clean their ears immediately after bath and should not use any sharp objects in the ears for cleaning.
Activity 4	Guess the Smell
Competencies	Sense of smell, environmental awareness
Material Required	Pieces of onion, garlic, fresh and fermented food, objects like flowers, garlic, <i>agarbatti</i> , mint or anything that has a strong smell
Procedure	Make groups of children and let them sit in consecutive semi-circles or rows. Make them smell the above objects and identify each one of them. Now, blindfold children one by one and ask them to again smell and identify different objects by their smell.
Activity 5	Smell and Tell
Competencies	Sense of smell, environmental awareness
Material Required	Objects or food items (lemon, coriander, mint, guava, apple, etc.) and other things (soap, talcum powder, perfume in a cotton swab)
Procedure  Fig. 23: Blindfold activity	Have bowls filled with different objects or food items. Now, blindfold children and ask them to guess the contents of the bowl by smelling each one of them. Talk to the children and ask them, how easy or difficult it was to recognise the objects by smelling.  Note: Be cautious while using spicy or bitter food items
Variation	Make the children sit in two consecutive semi circles or rows. Discuss with them about things that taste sweet, salty, sour, bitter, etc. Make them taste these things so that they can identify by taste. Blindfold a child, give something to taste and ask to identify the item with its taste. Give a chance to all the children one by one. The children will be able to identify Indian spices by their taste
Activity 6	Taste and Tell
Material Required	Banana, lemon, orange, etc.
Procedure	Use snack time to discuss the taste of various eatables
Activity 7	Smell and Tell
Material Required	None

Procedure	Take the children on a nature walk and ask them to observe and point out objects that have pleasant and unpleasant smell.
Activity 8	Touch and Tell
Competencies	Sense of touch, environmental awareness
Material Required	Various small objects (pencil, comb, toys), fruits and vegetables (apple, orange, potato, onion, cucumber, bitter karela, etc.), and paper bags.
Procedure	In a big bag, put some things that are familiar to the children, and are distinctly different in form and texture. You may use things like a pencil, an orange, an onion or a potato, a comb, toys (balls, blocks, stuffed toys), etc., and encourage children to guess the content by putting their hand into the bag and feeling the item. Make sure every child gets a chance. Later, make the children cover their hands using socks or gloves and repeat the activity. Discuss, if they were able to identify the objects correctly and how.
Activity 9	Touch Board
Commetencies	
Competencies	Sense of touch, environmental awareness
Material Required	A cardboard or chart piece on which pieces of sandpaper, glaze paper different types of clothes, such as jute, wool, nylon, silk, cotton, etc., are pasted. Leaves, textured number cut-outs.
<del>-</del>	A cardboard or chart piece on which pieces of sandpaper, glaze paper different types of clothes, such as jute, wool, nylon, silk, cotton, etc., are pasted. Leaves, textured number
Material Required	A cardboard or chart piece on which pieces of sandpaper, glaze paper different types of clothes, such as jute, wool, nylon, silk, cotton, etc., are pasted. Leaves, textured number cut-outs.  Make the children sit in a circle. Pass on the board to children while playing <i>dhapli</i> . Stop the beat. The child who holds the board at this particular moment has to touch one object on it and has to tell whether the object is rough or smooth, hard or soft, etc. The activity continues till all children get a chance. Similarly, each child can touch the various pieces of cloth or

(ii) Key Competencies: Cognitive Skills (Observation, Identification, Memory, Matching, Classification, Patterns, Sequential Thinking, Creative Thinking, Critical Thinking, Problem Solving, Reasoning, Curiosity, Experimentation and Exploration)

Activity 10	Follow the Pattern
Competencies	Identification and completion of the pattern, environmental
	awareness

Material Required	Materials like pencil, eraser, sharpener, or picture cards like apple, pear, banana, orange or shapes like square, triangle, circle, etc.
Procedure	Take any two objects, to begin with and arrange the same in a line, alternatively. For example, banana, apple, banana, apple, banana, apple or apple, apple, banana, apple, apple, banana. Encourage children to recognise the pattern and copy the same pattern below it. Demonstrate one simple pattern like circle, triangle, circle, triangle and ask the children to follow the same pattern with shapes below the row. Similarly, you may give them flowers, leaves, twigs, pebbles, seeds for pattern making.
Variations	<b>Copy my pattern</b> — Later you may provide children with a more complex pattern like AAB, AAB or flower-flower-leaf-flower-flower-leaf and ask them to follow and copy the same.
Activity 11	Think Box
Competencies	Problem Solving, Reasoning
Material Required	Picture card of Fox and Tortoise.
Procedure	The story is about a fox and a tortoise who lived in a forest. One morning, the fox was very hungry, and it started searching for food in the jungle. Suddenly, the fox saw a tortoise roaming on the land. The fox thought of eating the tortoise. The fox ran and caught the turtle. To eat the tortoise, the fox tried his best to break the tough shell of the tortoise but couldn't. The tortoise was very clever. He said to the fox - "Dear Fox! Do you want to eat me? For that, you should place me in the pond so that my shell becomes soft, and you can break it easily and eat me up". The foolish fox immersed the tortoise in a nearby pond. As soon as the tortoise was placed in the pond, he swam fast and escaped laughing at the fox. Now, ask questions and discuss after narrating the story about how the tortoise escaped. Let them share their own experiences of solving a problem.
Variations	<b>Activity 11 A: Put it together</b> — Ask the children to arrange story cards in a sequence to explain the story.
	<b>Activity 11 B: Let's arrange the cards</b> — Prepare seriated cards of fox or tortoise (biggest to shortest) then ask the children to arrange these cards in order.
Activity 12	Can You Spot Me
Competencies	Matching, environmental awareness, the concept of colour, shape and size
Material Required	Variety of things from surroundings, such as blocks, chalks, pebbles, bottle caps, lemons, balls, etc.

Procedure  Fig. 24: Child matching objects	Use eight to ten objects to give children the opportunity to recognise similar ones. Children can work in small groups. Give each group a set of objects like blocks, chalks, pebbles, bottle caps, lemons, balls, etc. Now ask them to find a bottle cap. Add attributes of different shape (a square block), size and colour (a big square, red block). Also, use some hints like a white thing that is used to write or a red round thing used for playing, etc. Now, show the children two similar pictures and ask them if they are the same or not? If not, then what is different or missing? They must compare the two pictures, find differences, make them look the same, and then colour them.
Variations	<b>Activity 12 A: Touch and Count</b> — Lay five objects in a row. Ask the children to touch each object and count.
	Activity 12 B: Touch and Count— Lay 10 objects in a row. Ask each child to touch and count. Later ask them to do a head count of children of their class. Do clap and count activity that is one clap and one number.
Activity 13	Whole and Half
Competencies	Puzzle completion, problem-solving
Material Required	Puzzle pieces of pictures of animals, birds and fish drawings or cut-out from newspapers, charts and magazines and pasted on cardboard
Procedure	Arrange whole fruits on one side and half-cut apples on the other side. Show one half of the fruit to the children and ask one child to pick up the other part to make it a whole.
Activity 14	Matching of Colours
Competencies	Matching, the concept of colour
Material Required	Domino Cards
Procedure	Make all children sit in a semi-circle. Distribute one colour domino cards of the same colour to each child. Place one the domino card in the centre of the circle. Ask the children with the identical colour card to come forward and place their cards alongside to form a pattern of the same colour. Children will also come forward and match their dominoes in the same manner to understand the colour pattern. Ask the children to keep one colour card together in a group. Provide leaves (green), flowers (red, yellow, and white) to Match and group identical colours together.
Activity 15	Find My Match
Competencies	Match by association, environmental awareness
Material Required	A lock and a key, a candle and a matchbox, a cup and a saucer, a glass and a jug, chalk and a duster, a pencil and an eraser, etc.

Procedure	Initially, the matching by association should be done with the objects. Jumble up the collected objects— a lock and a key, a candle and a matchbox, a cup and a saucer, a glass and a jug, chalk and a duster, a pencil and an eraser, etc. Next, pick up one object—a pencil, and ask the children to identify the object from the group that matches with the pencil, or is related to it. Encourage children to talk about their reason for matching the two objects, i.e., 'pencil' and 'eraser'.
Activity 16	Odd One Out
Competencies	Identification, memory, environmental awareness
Material Required	Set of three artificial fruits and one vegetable, a set of three pencils and a pen, a set of three triangle shape cut-outs and a circle, a set of pictures of three animals and a bird, etc.
Procedure  Fig. 24: Children sorting flash cards	Arrange the objects and materials in the classroom before the activity— a set of three fruits and one vegetable, a set of three pencils and a pen, a set of three triangle cut-outs and a circle cut-out, a set of pictures of three animals and a bird and so on. You can also work with kitchen equipment, such as three bowls and one plate, three spoons and one spatula, three glasses and a bottle, etc. Make sure to use objects which can be differentiated easily. Sit with one set, e.g., apple, orange, banana and brinjal. Ask the children to see all the four objects carefully and identify the one which is different or odd or does not belong to the group. Once the children respond, ask them the reason for their answer. Do this activity at least three to four times until children can easily pick out the one which does not belong to the family and explain the reason.
Activity 17	Making Groups
Competencies	Sorting, environmental awareness
Material Required	Objects like blocks, buttons, pebbles, beans, seeds, rings,
	toys, etc.
Procedure	Sorting involves separating objects into groups, according to their similarities while observing their differences. Use a variety of objects, such as blocks, buttons, pebbles, beans, seeds, rings, toys, etc. Ask the children to sort them by colour, size, shape, etc. Once children get familiar with the process, allow them to decide which characteristic to sort by. Let them do physical sorting and encourage them to describe their rationale for sorting.
Procedure  Activity 18	Sorting involves separating objects into groups, according to their similarities while observing their differences. Use a variety of objects, such as blocks, buttons, pebbles, beans, seeds, rings, toys, etc. Ask the children to sort them by colour, size, shape, etc. Once children get familiar with the process, allow them to decide which characteristic to sort by. Let them do physical sorting and encourage them to describe
	Sorting involves separating objects into groups, according to their similarities while observing their differences. Use a variety of objects, such as blocks, buttons, pebbles, beans, seeds, rings, toys, etc. Ask the children to sort them by colour, size, shape, etc. Once children get familiar with the process, allow them to decide which characteristic to sort by. Let them do physical sorting and encourage them to describe their rationale for sorting.

Procedure	Simple comparing tasks can first be done with the items like straws, pencils, fruits, vegetables and other commonly available objects. Size and quantity can both be a basis for comparison. Begin with size and simply ask them to pick the biggest object, the tallest boy in the group, the longest chalk, stick, etc. Make sure that the comparison is between objects of the same kind only. Do not set comparison tasks with mixed groups, like comparing a rectangular eraser with a round one, or a ball with an apple. Also, the size differences should be obvious. Similarly, a comparison of quantity can be done like, which set has more objects of the same kind.
Activity 19	Jump, Skip, Turn
Competencies	Patterns, gross motor development
Material Required	None
Procedure	Use simple action patterns, and allow children to follow, identify and predict. Get all the children to stand in a big circle. The teacher should stand in the middle of the circle. Explain and demonstrate actions like jump, skip, turn, etc. Now, start the game by asking to create a pattern like— 'jump-skip, jump-skip', etc. Do it a couple of times and talk to the children about the pattern. Make sure they understand it. Slowly, increase the complexity of the pattern like 'jump-jump-skip, jump-jump-skip', etc. Initially make the change by saying, 'let us try something different'. Later, the change can be made, and children should be asked if they noticed any change. Let them talk about it. After children get comfortable with the game, make a pattern and ask them to repeat it without action words or a clap. Make an error deliberately to make sure children notice it.
Activity 20	Extend and Create Patterns
Competencies	Patterns, environmental awareness and creative thinking
Material Required	Twigs, leaves, etc.
Procedure	Create a simple pattern and ask the children to describe what they see. Start with some concrete objects. This can be done with many different objects like twigs, leaves, pebbles, matchsticks, seeds, etc. Slowly make variations and increase the complexity (two seeds–one pebble, two seeds–one pebble, two seeds–one pebble, two twigs–one leaf, two twigs–one leaf, two twigs–one leaf, two vertical matchsticks–one horizontal matchstick, two vertical matchsticks one horizontal matchstick).
	Ask the children to extend the pattern and then provide ample opportunities to let them collect items from the environment and create new patterns using objects through classroom exploration, nature walks or explorations at home. Once they have worked sufficiently with objects on all aspects like recognition, replication, extension, and creation, they can be transitioned to worksheets of increasing complexity.

Activity 21	Water Game
Competencies	Observation, exploration, experimentation
Material Required	Items, mug, glasses, small stones, dry leaves, etc.
Procedure	Make the children sit in a small group in a semi-circle. Keep a mug filled with water. The teacher will demonstrate the activity by dropping some objects into the water one by one and asking the children to observe which object floats or sinks. Later children can do this activity independently on their own.
Activity 22	Arranging in a Sequence
Competencies	Sequential thinking, environmental awareness
Material Required	Pebbles, Buds, Flowers, leaves
Procedure	Make the children to sit in a small group of 4 to 5 children each. Distribute buds, leaves and flowers among children and encourage them to complete the sequence. For example, keep a leaf first, then bud; and then a flower. Explain them the stages, sequence of growth of plant/tree-first comes seed, seedlings, bud, and then flower.
Activity 23	Magnet Activity
Competencies	Exploration and experimentation
Material Required	Magnet and pins
Procedure	Make the children sit in a circle. Then keep some pins, rubber, pencil, paper, etc. in a bowl, place the magnet on rubber, pencil, paper,s etc. one by one and then take the magnet to pins to show some objects get attracted to the magnet and some do not. Allow the children to explore on their own.
Activity 24	Bubble Blowing are Exploration
Competencies	Experimentation, observation
Material Required	Soap, detergent, shampoo solution and straw, wire
Procedure	Prepare a mixture of soap, detergent or shampoo and create bubbles using a straw or wire. Let children observe what happens when they touch the bubble. Children can make a similar bubble blower at home under the guidance of parents and enjoy the activity.
Activity 25	Observe What Dissolves and What Does Not
Competencies	Extermination and exploration
Material Required	Glass, cup, common salt, sugar, soda, sand, flour, oil, petrol.
Procedure	Take a glass of water, add common salt or sugar to water. Let children observe. Then repeat the activity with stone or sand. Discuss with children 'what dissolved' and 'what did not'.

## (iii) Key Competencies: Concept Formation (Colours, Shapes, Distance, Non-standard Measurement, Size, Length, Weight, Height, Time, Spatial Sense)

Activity 26	Identify and Name Shapes
Competencies	Concept of shape
Material Required	Dhapli, audio, player, TV
Procedure	Provide each child with cut-outs of different shapes. Sing or play a simple song on shapes and let children sing the song and wave out different shape cut-outs according to the song. Encourage the child to touch and feel the respective shape while singing the rhyme. Later encourage the Child to speak about any particular shape.
Activity 27	Who is Where
Competencies	Spatial sense
Material Required	Things available in the class
Procedure	Ask one child to stand near the classroom board (Child A). Make another child stand at the end of the classroom (Child B). Later explain how Child A is near the board and Child B is far from the board. The same activity can be repeated with a different set of children.
Activity 28	Empty – Full
Competencies	Non – standard measurement, observation
Material Required	Two bottles, water
Procedure	Take two vessels or bottles and water. Now, fill one container and keep other containers empty. Later use the correct terminology like empty and full. Label both the containers and ask the child which container is full or empty.
Activity 29	Comparing Lengths of Different Objects
Competencies	Non-standard measurement, seriation
Material Required	Threads of different length
Procedure	Take a sheet and draw a horizontal line at the bottom of the page. Let children arrange the threads having the line as base from shortest to longest.
Activity 30	Comparing Capacities of two Different Containers
Competencies	Non-standard measurement, observation
Material Required	2 containers of different size, 4 glasses, coloured water
Procedure	Take two containers of diffrent sizes. Label them as A and B. Let children fill them with water using a glass and observe. Let the teacher ask children to compare.

Activity 31	Sorting
Competencies	Sorting, concept of colour, shape, environmental awareness
Material Required	Objects of the same kind in different colours like clay balls, blocks, s buttons, pebbles, beans, seeds, rings, toys, etc.
Procedure  Fig. 25: Sorting	Sorting involves separating objects into groups, according to their similarities while observing their differences. Spread a variety of shapes and ask the child to pick them, feel the shape and place it in the specific place.  Variation: Get balls/pebbles or different colour. Provide trays of different colour and encourage the children to put column/pebbles in the similiar colour.
Activity 32	Comparison
Competencies	Comparison, the concept of light and heavy
Material Required	Cotton ball and tennis ball and football. <b>Note:</b> cotton ball should be of the same size as the tennis ball and football.
Procedure	Give both the objects to the child and ask them to hold them and compare the weights. Let children identify which is heavier.

(iv) Key Competencies: Number Sense (Count and Tell How Many, Numeral Recognition, One-to-one Correspondence, and Sense of Order, i.e., Can Count Ahead of a Number up to 10)

Activity 33	Greater, Lesser and Equal to
Competencies	Concept of more, less, observation, identification, environmental awareness
Material Required	Cereals of different quantities
Procedure	Have the heap of rice, dal, ragi, nuts, etc., of different qualities. Let children observe and identify which is more or less in quantity.
Activity 34	Hunt the Objects
Competencies	Count and number sense
Material Required	Collections of various objects like chalk, pencils, erasers, books, stones, bags, etc. (should be more than 3).

Procedure	Teacher should give one object to the child. And ask the child to search for similar objects in the classroom. Children can count and tell the number of objects found by them and the teacher can write on the board. This game should be repeated with other objects.
Activity 35	Number Tracing
Competencies	Training number sense
Material Required	Seeds, dough, sand box, sand pit, vessel filled with sand, stick, chalk, <i>rajma</i> , <i>chana</i> seeds, counters and pebbles, clay.
Procedure	Introduce children to the process of tracing and forming numbers with seeds and dough. Encourage children to trace number shapes from 0-9 in a sand box, sand pit or vessel filled with sand. They can do the same with a stick in mud or on the playground where any number can be written using a chalk. Write the numbers on the floor and ask the children to fill in <i>rajma</i> , <i>channa</i> seeds or counters and pebbles to fill out the shape of numbers from 0 to 9. Using play dough or clay demonstrate the forming of numbers from 0 to 9. Ask the children to follow the numbers 0, 1, 2, 3, 4, 5, 6, 7, 8, 9.
Activity 36	Backward Number Counting
Competencies	Sense of order, counting
Material Required	Cane basket, 9 fruits or 9 carrots.
Procedure	Arrange 9 fruits or carrots in a basket. Children and teachers will count the fruits and carrots starting from 0-9. After counting forward till 9, one by one give fruit or carrot to the children. After they are taken out of the basket, the teacher may ask, "How many fruits or carrots are left." Finally, all fruits, carrots are taken out of the cane basket. Then ask the children how many carrots are left. Children would reply none. This activity allows children to count backward from 9–0. Backward counting: 9,8,7,6,5,4,3,2,1,0

#### (v) Key Competencies: Concepts related to environment

Activity 37	Nature Walk
Competencies	Rhyme, exploration, environmental awareness
Material Required	Colour paper, scissors, glue
Procedure	Take the children for a nature walk within the school compound or nearby park. Allow them to explore different types of plants and trees in their surroundings. Introduce the topic through a rhyme: Parts of a Plant – "The roots on a plant grow underground, underground, under the ground. The roots of a plant grow underground. Roots are part of a plant. The stems on a plant hold up the leaves, up the leaves, up the leaves. Stems are part of a plant.

The leaves on a plant are making food, making food. The leaves on a plant are making food. Leaves are part of a plant. The flowers on a plant are growing seeds, growing seeds, growing seeds. The flowers on a plant are growing seeds. Seeds are part of a plant."

Encourage the children to sing the rhyme with action. Later, explain different parts of a plant to the children—Roots hold the plant in the ground.

Stem takes water from roots and distributes to different parts of the plant.

Leaves makes food for the plant and gives oxygen for us to breathe.

Flowers are most beautiful part of the plant a turns into fruits. Fruits makes new seeds, which grow into new plants.

#### Activity:

- Cut the colour sheets into different shapes (flower, leaf, stem, bud, fruit sand root).
- Ask the child to arrange them to form a plant.
- Name the parts of the plant.

Activity 38	Let's know about the Needs of a Plant
Competencies	Environmental awareness, exploration, experimentation
Material Required	Paper cup, soil, seeds

#### **Procedure**



Fig. 26: Child offering water to the Tulsi plant

Explain the things a plant needs to grow – soil, water, air, seeds and space. Sing a song on seed with action to the children.

Exemplar: Seed Song!

In the Heart of a Seed In the heart of a seed, Buried deep, so deep,

A dear little plant lay fast asleep.

"Wake," said the sunshine, "And creep to the light."

"Wake," said the voice of the raindrops bright.

The little plant heard; and it rose to see

What the wonderful outside world might be.

Now, distribute cups to the children and ask them to fill them with soil and sow the seed in it (*Methi*, fennel, *moong* or coriander) and ask the children to water it daily and observe it as it grows. Alternatively, children can be encouraged to plant a tulsi plant at home and water it every day.

Activity 39	Let's know about Fruits	
Competencies	Knowledge about fruits, healthy eating	
Material Required	Chart papers (color papers) and child-friendly scissors	
Procedure	Start the class with a rhyme.  Begin the class by asking a few questions related to fruits—  Name some fruits which you eat. Which is your favorite fruit?	

	Draw any fruit and colour it. Encourage children to eat fruits and green vegetables daily. Cut a chart paper and make a paper strip of the child's head size. Make a fruit cut-out. Let the child stick the fruit cut out on the strip and wear it as 'mask or head gear'.
Activity 40	Sort the Fruits
Competencies	Environmental awareness, the concept of more or less, personal development
Material Required	Different types of fruits
Procedure	Facilitate children to categorise fruits according to their number of seeds (one, few and many), such as mango (one seed), apple (few seeds) and oranges, papaya (many seeds). Ask the children
Activity 41	Let's know about Vegetables
Competencies	Environmental awareness, the creative thinking, fine motor development
Material Required	Paper, colours, lady's finger, potato or onion
Procedure	Show different kinds of vegetables. Encourage the children to few lines about some vegetables. Blindfold activity can be conducted. Ask the children to feel, identify and name the vegetables. Explain that vegetables are part of the plant, which can be eaten by us and some animals as food. Vegetables can be in the form of roots, stems, leaves or flower. Encourage the child to eat vegetables regularly.  Vegetable printing can be done. First, cut the vegetables – lady's finger and onion in half. Dip the vegetable in colour and print it on the paper to make a colourful bouquet.
Activity 42	Vegetables under the ground and above the ground
Competencies	Environmental awareness, healthy eating habits
Material Required	None
Procedure	Sing a song to the children:  Tomatoes make your cheek red. Carrots make you jump ahead. Spinach makes you very strong. Peas make you dance along! Eat your vegetables every day. You will be happy and gay.  Explain about vegetables that grow under the soil and vegetables that are grown above the soil. Show different types of vegetables and ask the children if they grow above or under the ground. Encourage children to eat vegetables regularly.

Let's talk about Animals
Environmental awareness—nature
Paper masks of different animals
Let children talk about animals that they see in their surroundings. Ask questions like – Where do we get milk from? Where do we get wool for making warm clothes? Which animal is used for ploughing? etc. Encourage them to talk about domestic animals, which are useful to us. Discuss that animals share the environment with us and they should be taken care of. We should be kind towards animals. Feed animals whenever you can.
Activity 43 A: Play an organized outdoor game— Take all children to the play area, draw a big circle, holding each other's hand. Give a cow mask to a child and a tiger mask to another child, now the game begins. The child wearing the cow mask will stand in the circle and the child wearing the tiger mask will be outside the circle. The child wearing the tiger mask will try to catch the child who is wearing the cow mask; the children forming the circle will try to protect the cow by not letting the tiger get inside the circle.
Activity 43 B: Sound discrimination with animal names—Ask the children to say the initial sound and letter in animal names like C for Cow, B for Buffalo and so on.
<b>Activity 43 C: Animal Puzzle—</b> Give animal puzzles to children to solve.
<b>Activity 43 D: Classification of animals</b> — Give the children different animal pictures and help them in classifying the animals based on various categories, such as milk giving animals, animals used for transportation, aquatic animals, domestic animals, etc.
Wild Animals
Environmental awareness—animal
Hand puppets of wild animals
Explain about wild animals, their habitat. Discuss how these animals are protected in the forest. Now, distribute picture cards of animals and ask the children to identify and name the animals. Create forest environment so that the child can enact as an animal, e.g., the king of the jungle. All the children can mimic the sound of animals. This is an excellent and creative way of teaching children about wild animals.

Activity 45	Sun and Moon, Day and Night
Competencies	Environmental awareness
Material Required	None
Procedure	Encourage children to talk about the things they see in the sky at night and during the day time. Let children sing any song on 'sun', 'moon' and 'stars'. Let children draw the sun, moon, stars, etc., and colour it.
Activity 46	Seasons
Competency	Environmental awareness—seasons
Competency Material Required	Environmental awareness—seasons  Pictures cut from old magazines or newspapers, glue



## PART III

# DEVELOPMENTAL GOAL-WISE ILLUSTRATIONS AND WORKSHEETS

- Goal 1: Children maintain Good Health and Well-being (HW)
- GOAL 2: CHILDREN BECOME EFFECTIVE COMMUNICATORS (EC)
- Goal 3: Children become Involved Learners and Connect with their Immediate Environment (IL)

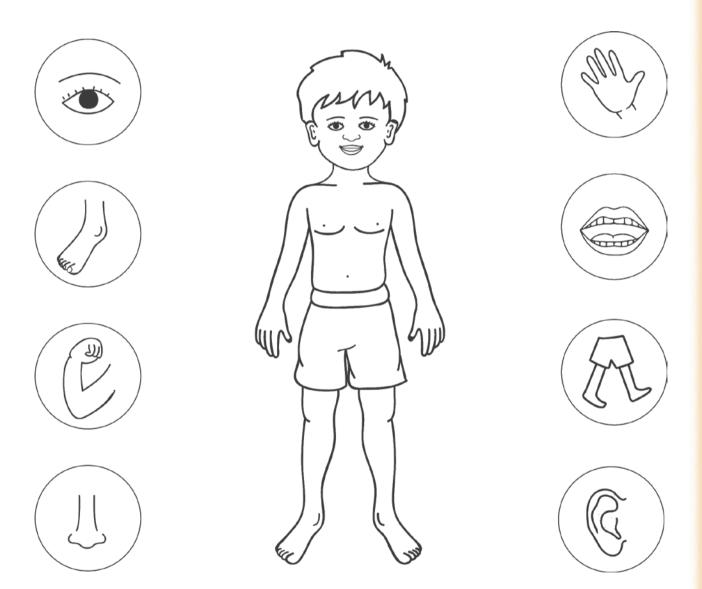
Part III consists of developmental goal-wise worksheets. All the worksheets are in black and white. As per the need and availability of time, children may be asked to colour them or fill them with different patterns, such as zig-zag, dots, dashes, slant lines, horizontal lines, vertical lines, etc.

#### 3.1 Goal 1: Children maintain Good Health and Well-being (HW)

#### Worksheet 1 (HW)

Name: Date:

#### **My Body Parts**



**Note:** Ask the children to match the pictures of body parts given in the circles with the child's body parts by drawing a line.

#### Worksheet 2 (HW)

Name:	Date:
It:	is Me
Name:	

**Note:** Ask the children to draw their own picture and write their name.

### Worksheet 3 (HW)

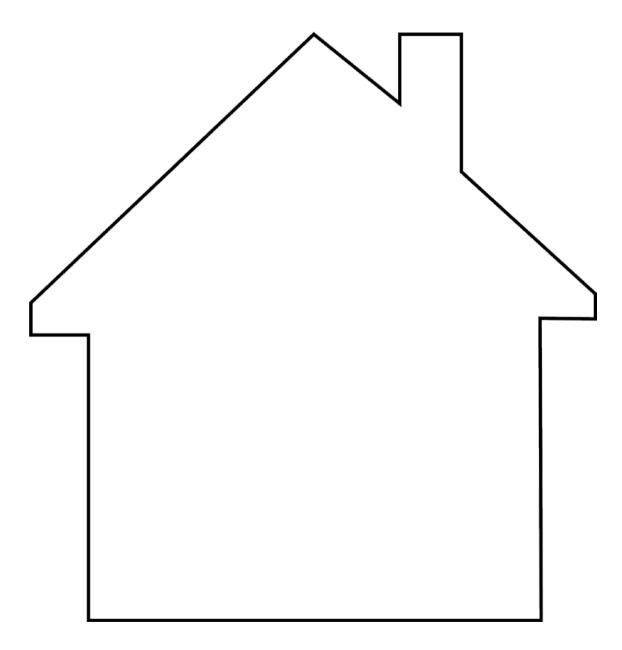
Name:		Date:	
	My Fa	avourites	
	My favourite book	My favourite toy	
	My favourite food	My favourite animal or bird	
	My favourite person	My favourite	

**Note:** Ask the children to draw their favourite book, food, toy, animal or bird, person, etc., in the given space.

#### Worksheet 4 (HW)

Name: Date:

#### This is My Family

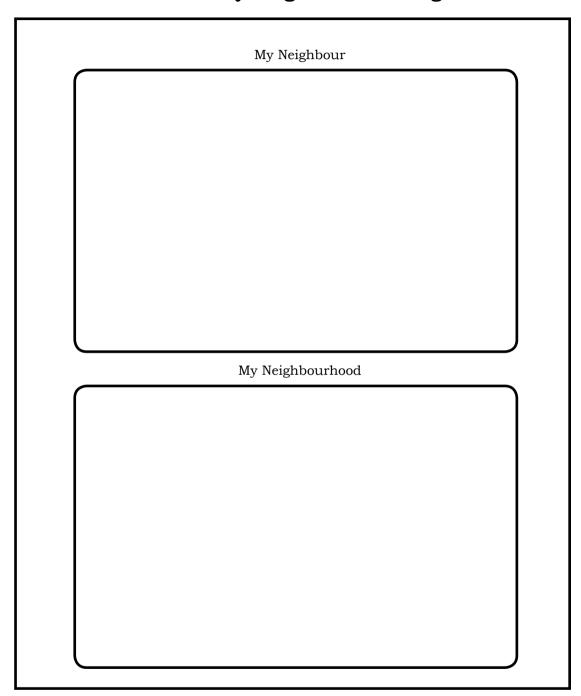


**Note:** Help the children draw the pictures of their family members and label their relationships with the picture, such as mother, father, brother, sister, grandfather, grandmother, etc.

#### Worksheet 5 (HW)

Name: Date:

#### Let Me Introduce My Neighbour and Neighbourhood

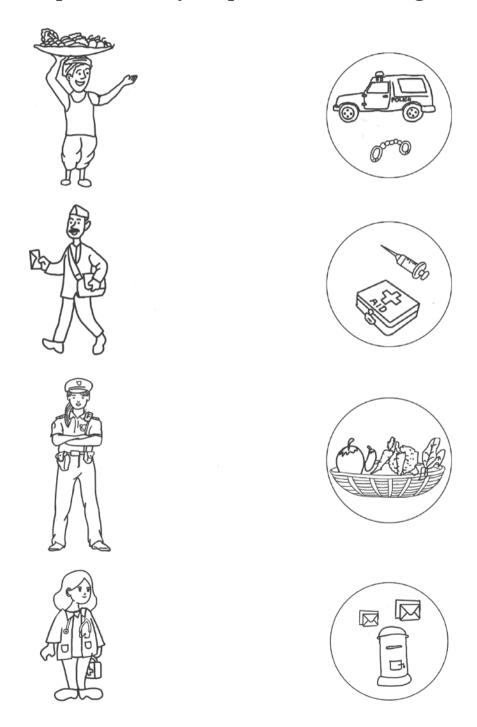


**Note:** Ask the children to draw their neighbour(s) in one box and what they see in their neighbourhood in the other.

#### Worksheet 6 (HW)

Name: Date:

### Help Community Helpers Get their Things



**Note:** Match the related pictures.

#### Worksheet 7 (HW)

Name: Date:

#### What Would You Like to Do?

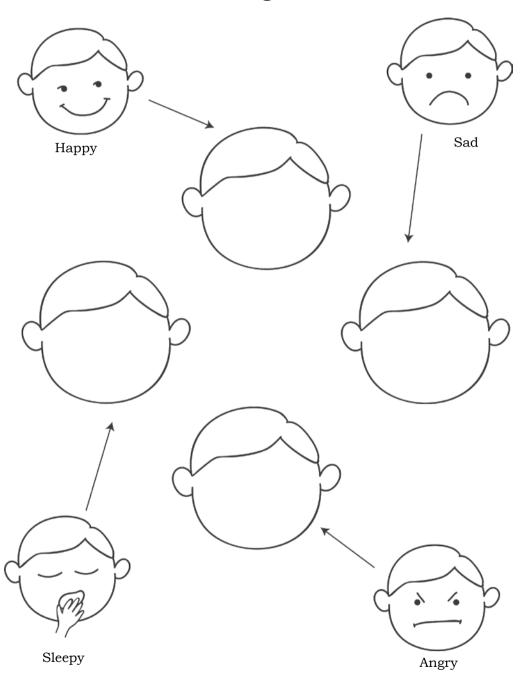


**Note:** Ask the children to cut and stick a happy face in the box to show good or acceptable behaviour and a sad face for unacceptable behaviour. Finally, they can colour the pictures in the boxes showing good or acceptable behaviour.

#### Worksheet 8 (HW)

Name: Date:

#### **Feeling Faces**



**Note:** Ask the children to identify the emotions and draw the opposite emotions in the blank faces.

#### Worksheet 9 (HW)

Name: Date:

#### **Eat Healthy Food**

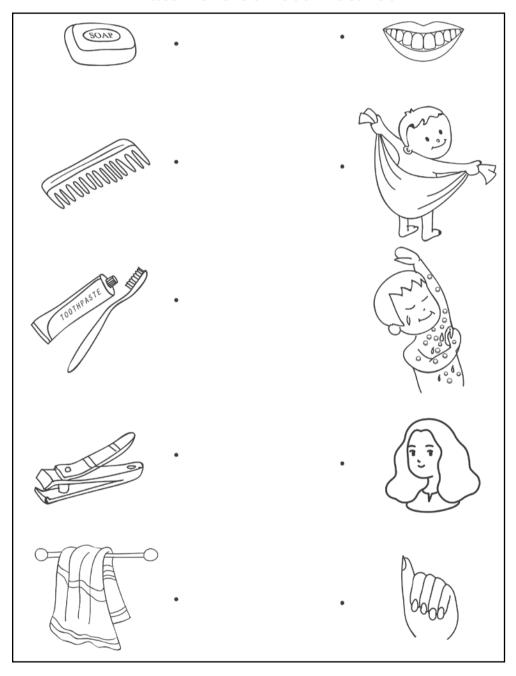


Note: Ask the children to identify the food items and colour the healthy food items in green and junk food in red.

#### Worksheet 10 (HW)

Name: Date:

#### **Match the Correct Pictures**

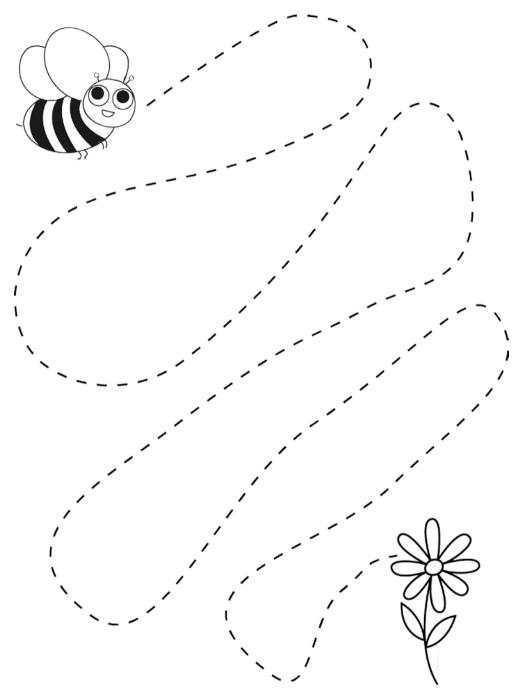


**Note:** Ask the children to match the hygiene-related object with its function or the body part for which it is used.

### Worksheet 11 (HW)

Name: Date:

#### Join the Dots and Colour

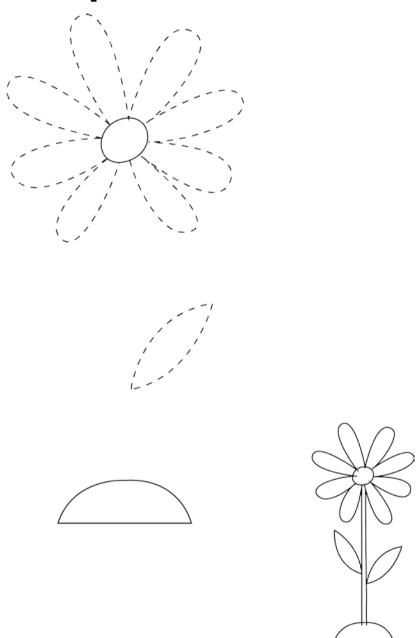


**Note:** Ask the children to join the dots and help the honey bee reach the flower.

#### Worksheet 12 (HW)

Name: Date:

### Complete the Picture and Colour it

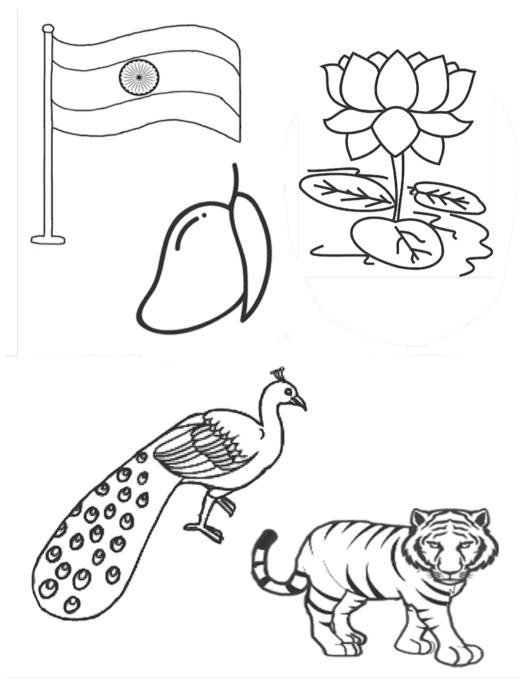


**Note:** Ask the children to look at the smaller image of the flower and then complete the bigger flower. Finally, they can colour the completed picture.

### Worksheet 13 (HW)

Name: Date:

### **National Symbols**



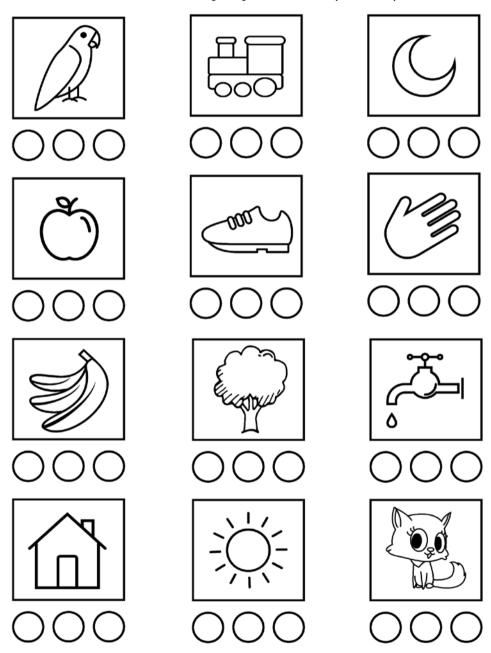
**Note:** Ask children to identify and write the names of national symbols and colour them.

#### 3.2 GOAL 2: CHILDREN BECOME EFFECTIVE COMMUNICATION (EC)

Worksheet 1 (EC)

Name: Date:

#### How Many Syllables? (Hindi)



**Note:** Ask the children to name the objects shown in the pictures. Let them count the number of syllables in the word and colour those many circles.

### Worksheet 2 (EC)

Name: Date:

#### Identify Objects with the Beginning Sound (Hindi)

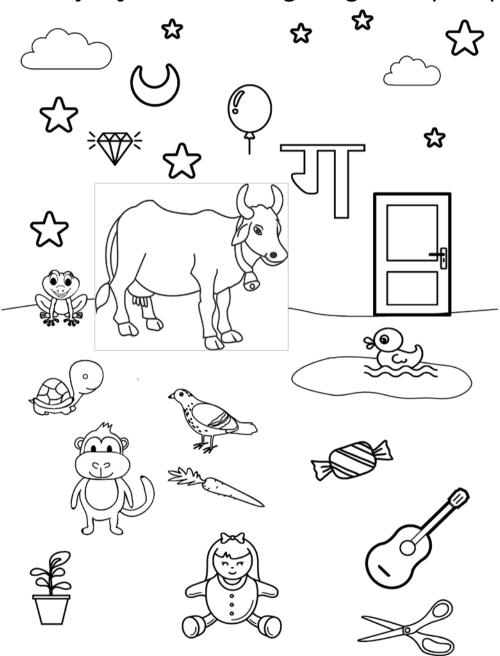


**Note:** Ask the children to identify the pictures starting with 'ক' sound circle/colour the pictures.

#### Worksheet 3 (EC)

Name: Date:

#### Identify Objects with the Beginning Sound (Hindi)

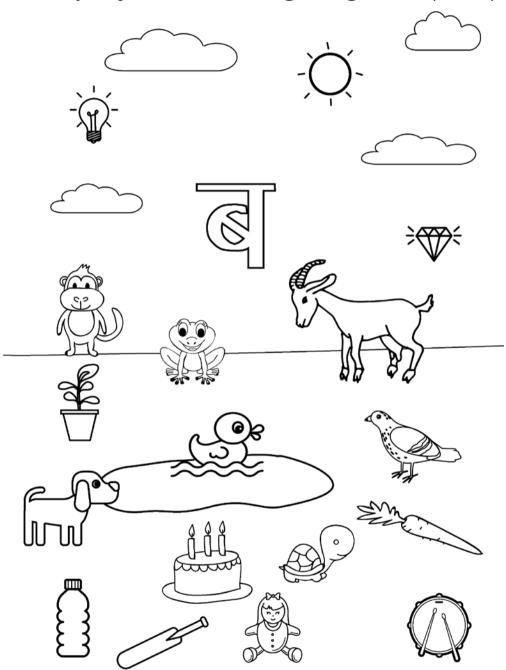


**Note:** Ask the children to identify the pictures starting with 'ग' sound and encircle or colour them.

### Worksheet 4 (EC)

Name: Date:

### Identify Objects with the Beginning Sound (Hindi)

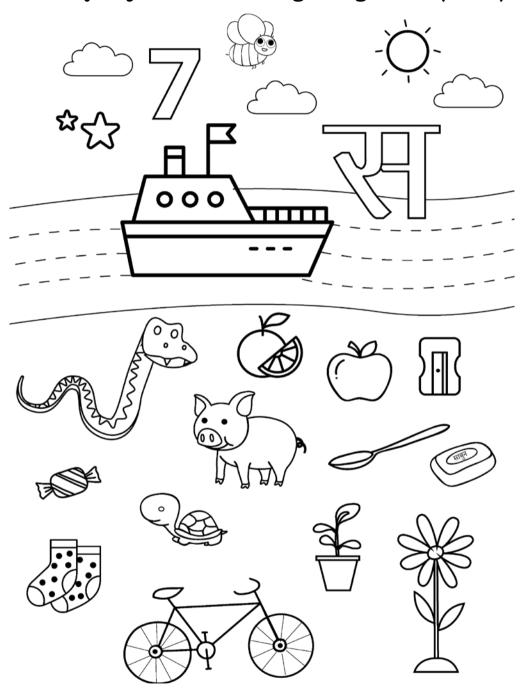


**Note:** Ask the children to identify the pictures starting with 'ব্ব' sound and encircle or colour the pictures.

#### Worksheet 5 (EC)

Name: Date:

#### Identify Objects with the Beginning Sound (Hindi)



**Note:** Ask the children to identify the pictures starting with 'स' sound and encircle or colour the pictures.

# Worksheet 6 (EC)

Name: Date:

# Identify Objects with the Beginning Sound (English)



**Note:** Ask the children to identify the pictures starting with 'D' sound and encircle or colour the pictures.

#### Worksheet 7 (EC)

Name: Date:

# Identify Objects with the Beginning Sound (English)



**Note:** Ask the children to identify the pictures starting with 'S' sound and encircle or colour the pictures.

# Worksheet 8 (EC)

Name: Date:

#### Identify Objects with the Beginning Sound (Hindi)

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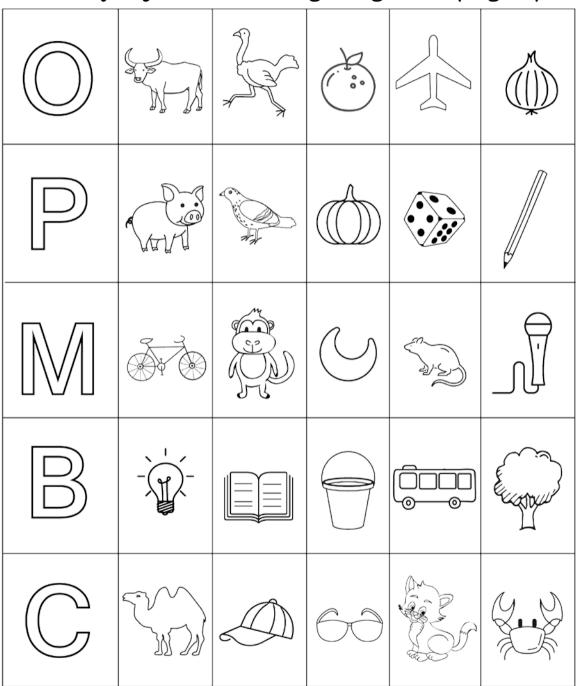
**Note:** Ask the children to identify the pictures with same beginning sounds of a the letters given in the first coloumn and encircl or colour the correct pictures.

# 100

#### Worksheet 9 (EC)

Name: Date:

# Identify Objects with the Beginning Sound (English)



**Note:** Ask the children to identify the pictures with the same beginning sounds of the letters given in the first coloumn and encircle or colour the correct pictures.

# Worksheet 10 (EC)

Name: Date:

# Match the End Sounds (Hindi)



















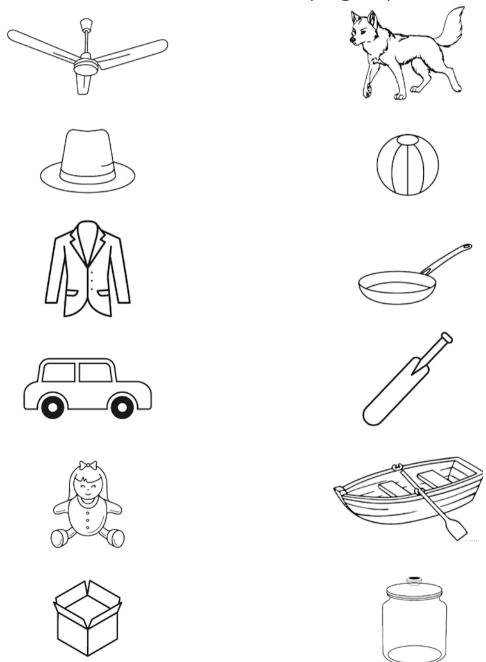


Note: Ask the children to match the objects with the same ending sound.

# Worksheet 11 (EC)

Name: Date:

# Match the End Sounds (English)

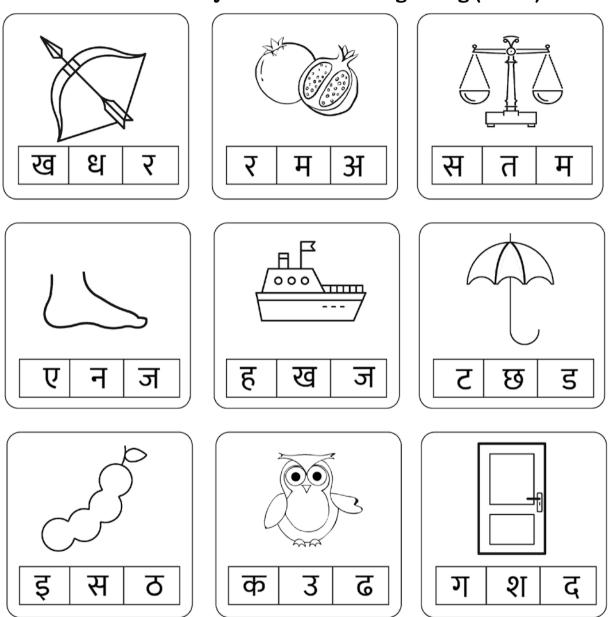


**Note:** Ask the children to match the objects with the same ending sound.

#### Worksheet 12 (EC)

Name: Date:

# Which Letter do you Hear in the Beginning (Hindi)?

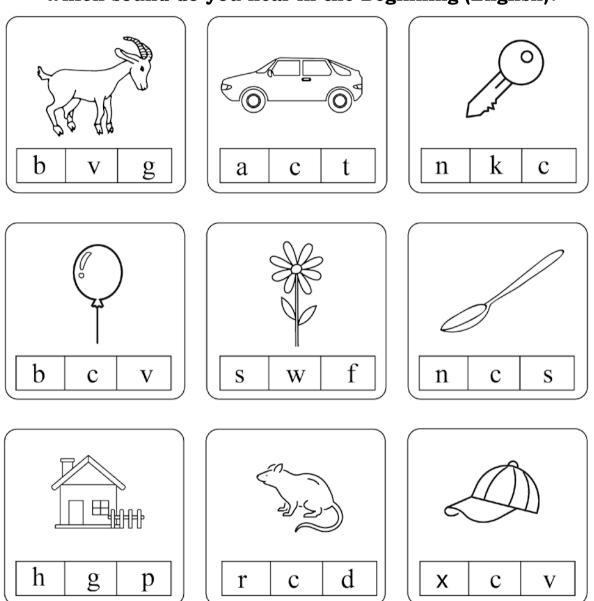


**Note:** Ask the children to name the pictures and colour the letter that matches with the beginning sound of each picture name.

#### Worksheet 13 (EC)

Name: Date:

# Which sound do you hear in the Beginning (English)?

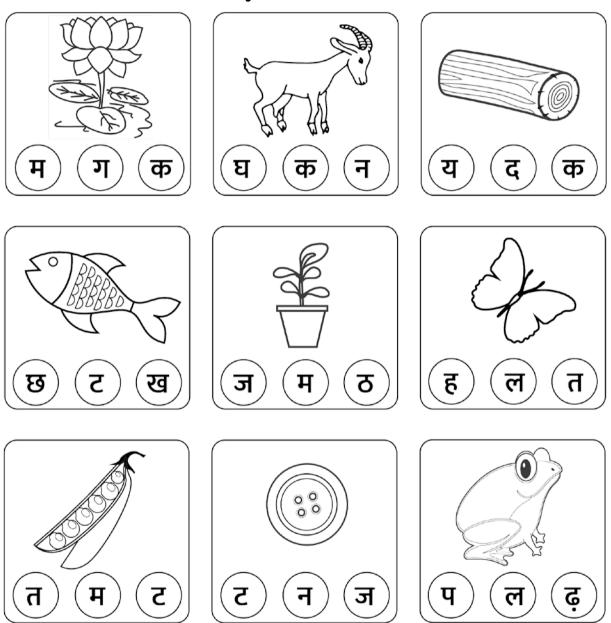


**Note:** Ask the children to name the pictures and colour the letter that matches with the beginning sound of each picture name.

# Worksheet 14 (EC)

Name: Date:

# **Identify the Middle Sound**

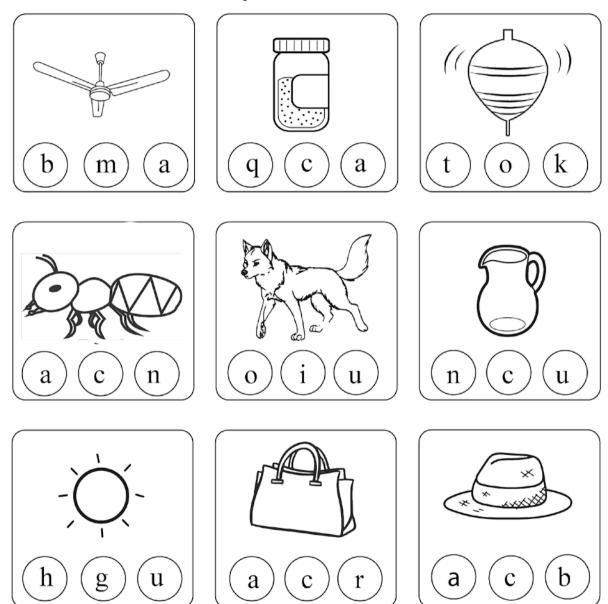


**Note:** Ask the children to name the pictures and colour the letter that matches with the middle sound of each picture name.

#### Worksheet 15 (EC)

Name: Date:

# **Identify the Middle Sound**

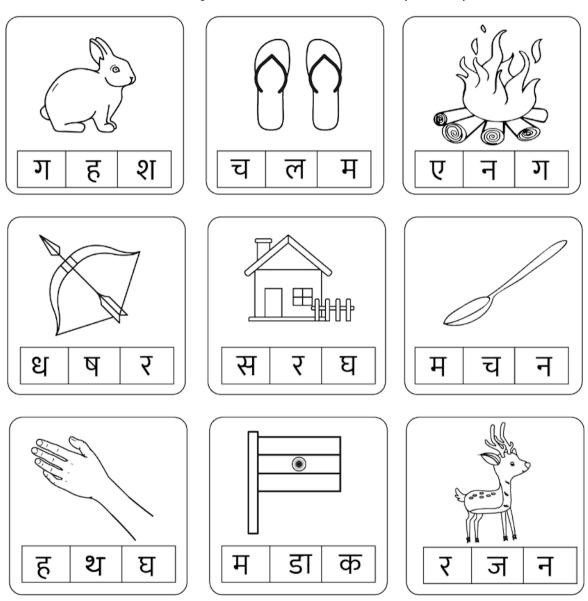


**Note:** Ask the children to name the pictures and colour the letter that matches with the middle sound of each picture name.

# Worksheet 16 (EC)

Name: Date:

# What do you Hear in the End (Hindi)?

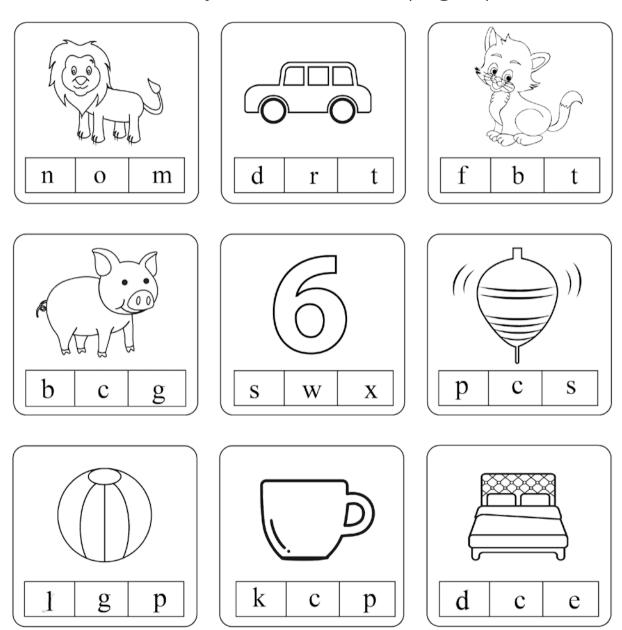


**Note:** Ask the children to name the pictures and colour the letter that matches with the ending sound of each picture name.

#### Worksheet 17 (EC)

Name: Date:

# What do you Hear in the End (English)?

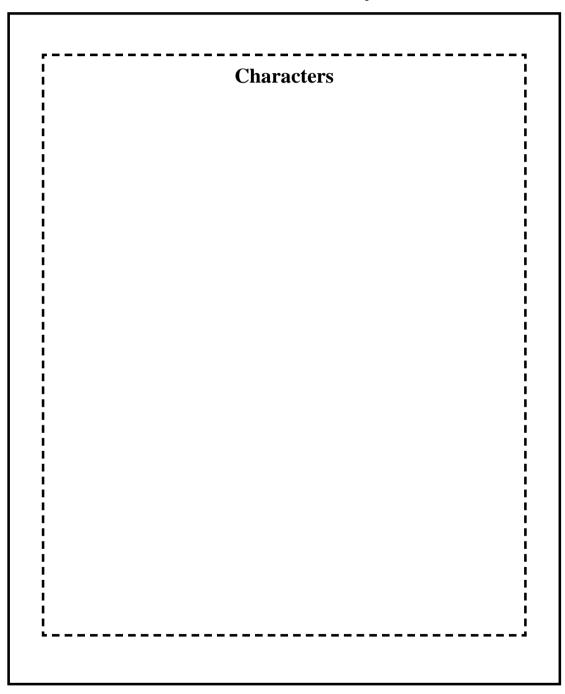


**Note:** Ask the children to name the pictures and colour the letter that matches with the ending sound of each picture name.

# Worksheet 18 (EC)

Name:	Date:
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# What is in the Story?



**Note:** Ask the children to recall the story and draw different characters of the story in their own way. This worksheet can be used multiple times for different stories.

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#### Worksheet 19 (EC)

Name:	Date:

#### **Draw a Story**

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**Note:** Help the children recall the story and draw any character, place or event from the story. Let children narrate what they have drawn. The teacher should write the responses of each child in front of them. This worksheet can be used multiple times for similar activities.

# 3.3 Goal 3: Children become Involved Learners and Connect with their Immediate Environment (IL)

Worksheet 1 (IL)

Name: Date:

#### Match Sense Organs with their Functions

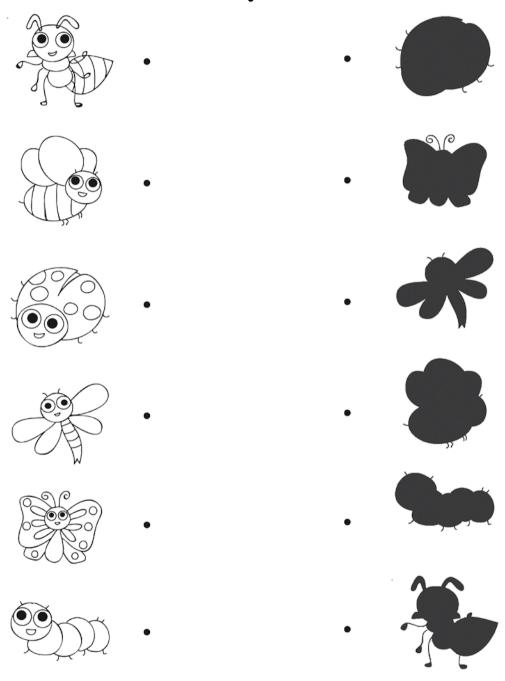


**Note:** Ask the children to match the sense organs with their functions by drawing a line. If children are making multiple matches, it is ok, as the 'eyes' can see everything, so why match it with the scenery only.

#### Worksheet 2 (IL)

Name: Date:

# Find My Shadow

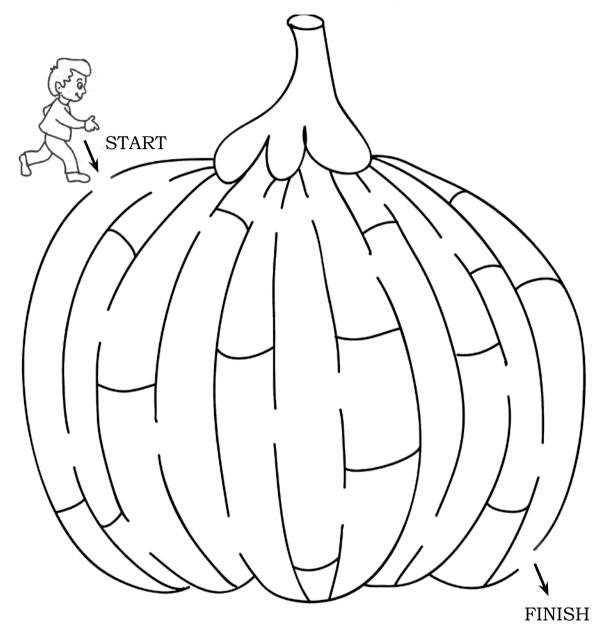


**Note:** Ask the children to match pictures of the insects with their shadows by drawing a line.

# Worksheet 3 (IL)

Name: Date:

# Let Me Get Out of the Pumpkin Maze



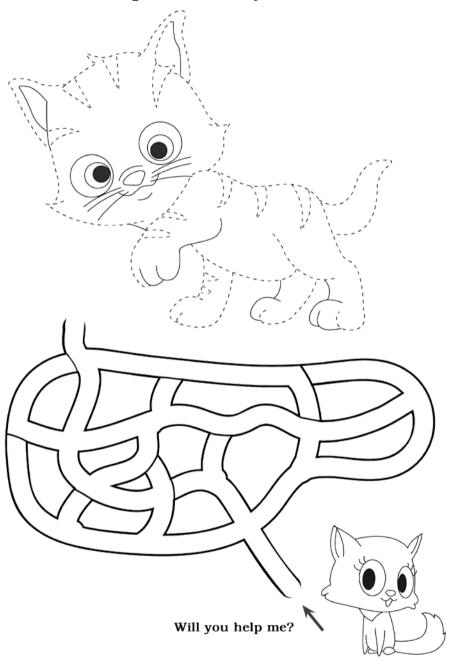
**Note:** Ask the children to draw a line from the 'start' to the 'finish' to find the way through the Pumpkin Maze.

### 114

#### Worksheet 4 (IL)

Name: Date:

# Help Me Find My Mother

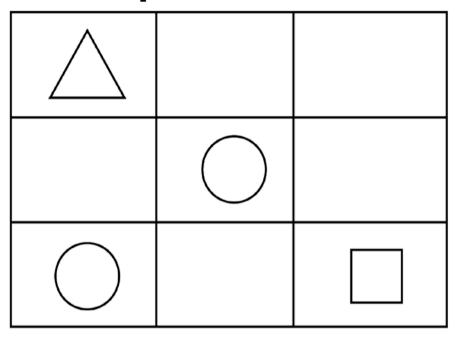


**Note:** Discuss the picture and ask the children to help the kitten find her mother. Let children trace the cat and colour it.

# Worksheet 5 (IL)

Name: Date:

# **Complete the Picture Puzzle**



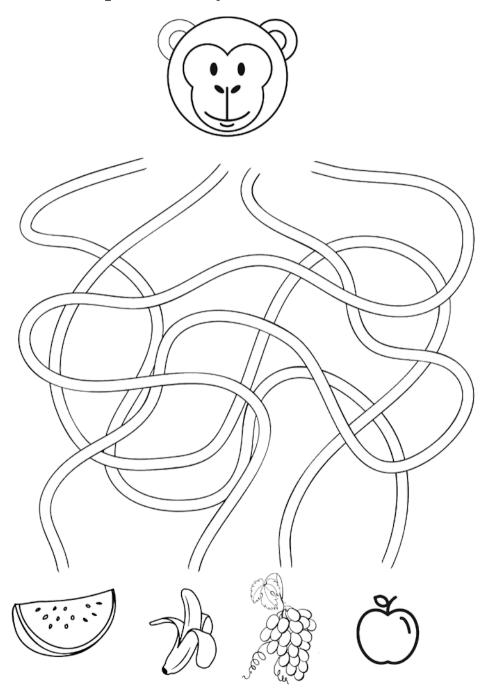
**Note:** Let children complete the picture puzzle by drawing different shapes, i.e. circle, square and triangle in such a way no shape is repeated in each row and column.

### 116

#### Worksheet 6 (IL)

Name: Date:

# Help Me Get My Banana Please



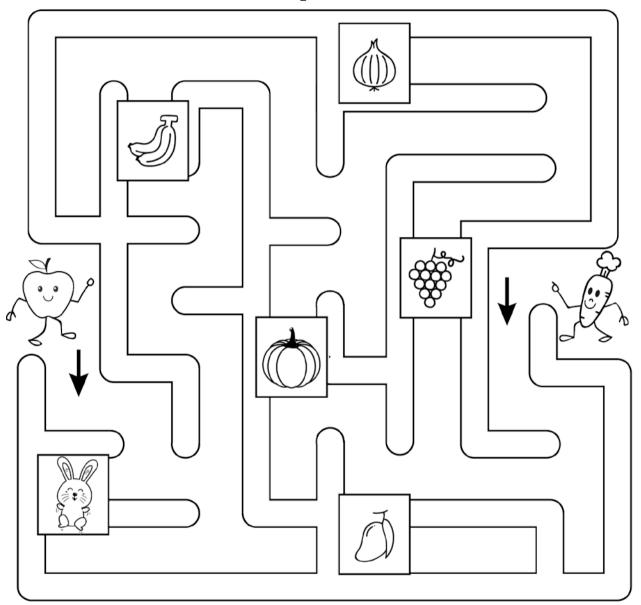
Note: Ask the children to help the hungry monkey find the banana.



#### Worksheet 7 (IL)

Name: Date:

# Please Open the Door

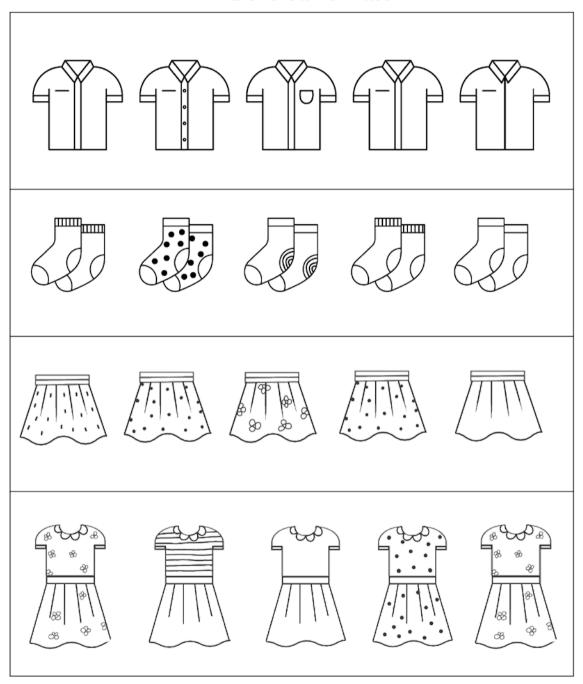


**Note:** Explain the rules to the children— fruits can only jump over the boxes with fruits, and vegetables can only jump over the boxes with vegetables. Ask the children to guide the 'Apple' and the 'Carrot' to find the way to reach to the 'Mango' and 'Onion', respectively, through the maze.

#### Worksheet 8 (IL)

Name: Date:

#### Find the Same Match

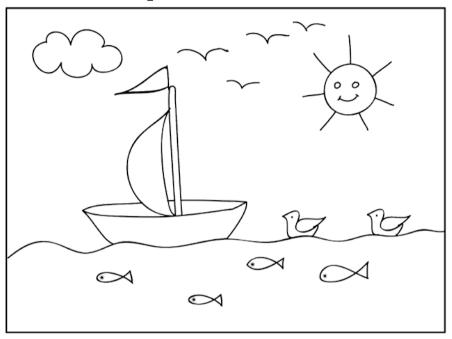


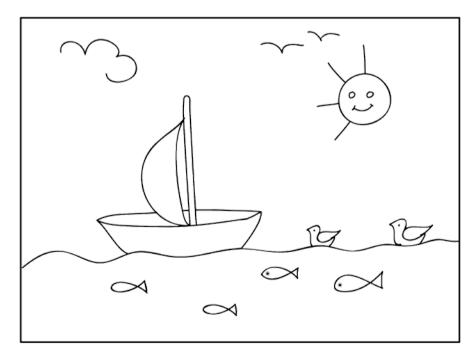
**Note:** Explain to the children that in each row, two items are similiar. They must find these and colour or encircle them.

# Worksheet 9 (IL)

Name: Date:

# **Spot the Difference**



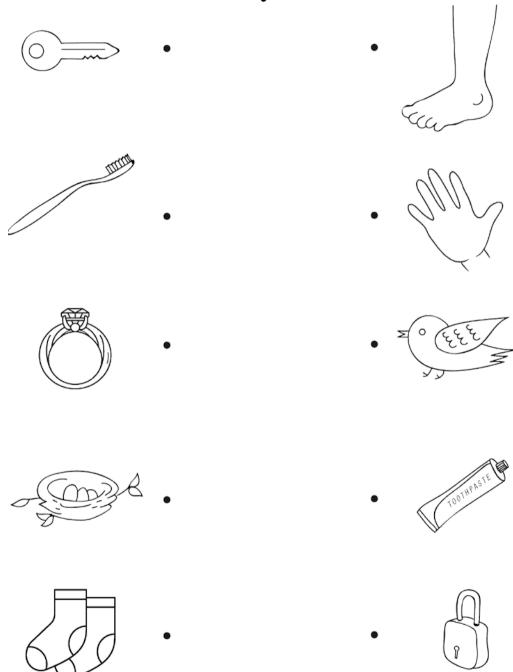


**Note:** Ask the children to find the differences between the two pictures and encircle them. They can also draw the missing parts.

#### Worksheet 10 (IL)

Name: Date:

# Find My Match



**Note:** Ask the children to match the objects that are related to each other by drawing a line. Explain the instructions with an example.

# Worksheet 11 (IL)

Name: Date:

#### Pick the Odd One Out

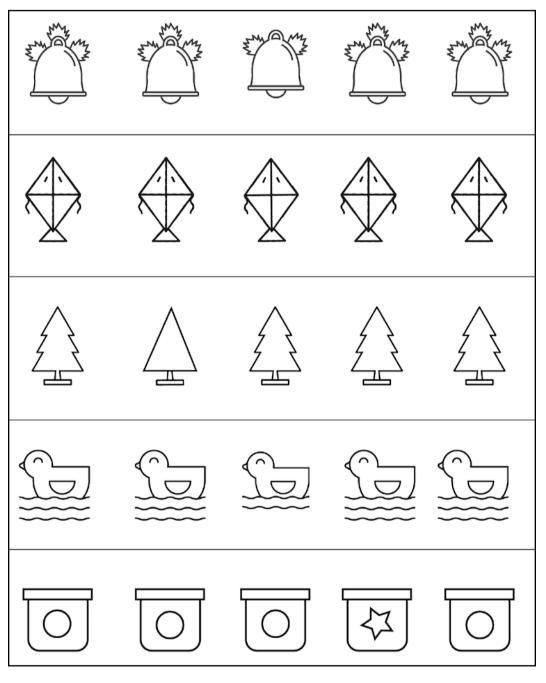


Note: Ask the children to identify the odd one in each row and encircle it.

#### Worksheet 12 (IL)

Name: Date:

# Can You Make Me Look Like Others?

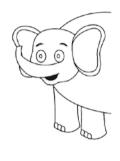


**Note:** Ask the children to identify the odd one in the group and encircle it. Help children to make them look like others.

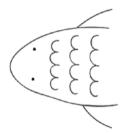
# Worksheet 13 (IL)

Name: Date:

#### Find the Other Half



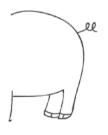


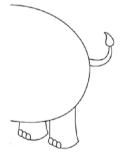










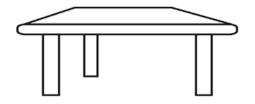


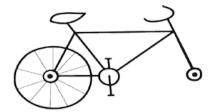
**Note:** Ask the children to draw a line to connect each picture with its other half to complete it.

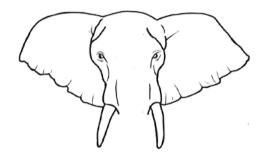
# Worksheet 14 (IL)

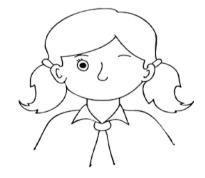
Name: Date:

# **Draw the Missing Part**









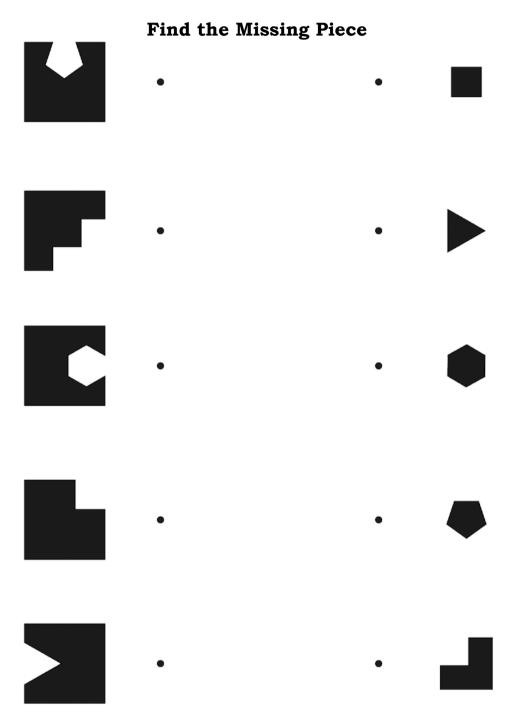




**Note:** Ask the children to identify the pictures and draw their missing parts.

#### Worksheet 15 (IL)

Name: Date:

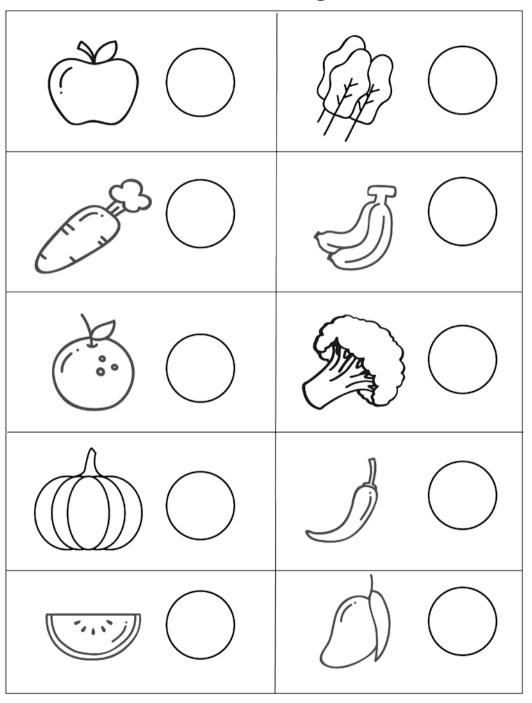


**Note:** Each shape has a missing piece. Ask the children to find the piece from the right column and match it with the shape by drawing a line.

#### Worksheet 16 (IL)

Name: Date:

# **Sort Fruits and Vegetables**

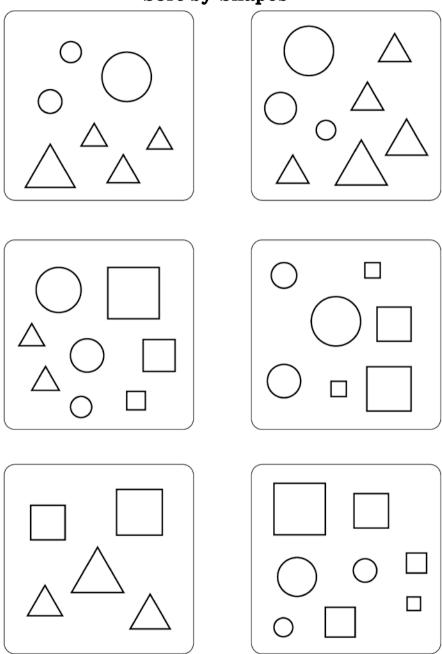


**Note:** Ask the children to colour the circle GREEN for a Vegetable and RED for a Fruit.

# Worksheet 17 (IL)

Name: Date:

# **Sort by Shapes**

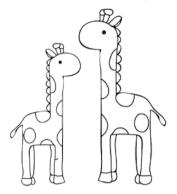


**Note:** Explain to the children that each box has different shapes. Make a group of similar shapes by encircling each group using different colours for each shape. The size of the shape does not matter.

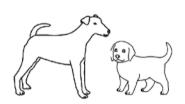
#### Worksheet 18 (IL)

Name: Date:

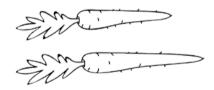
# Let Us Compare



Who is shorter?



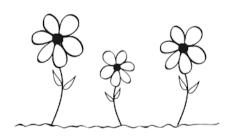
Who is bigger?



Which is longer?



What is heavier?



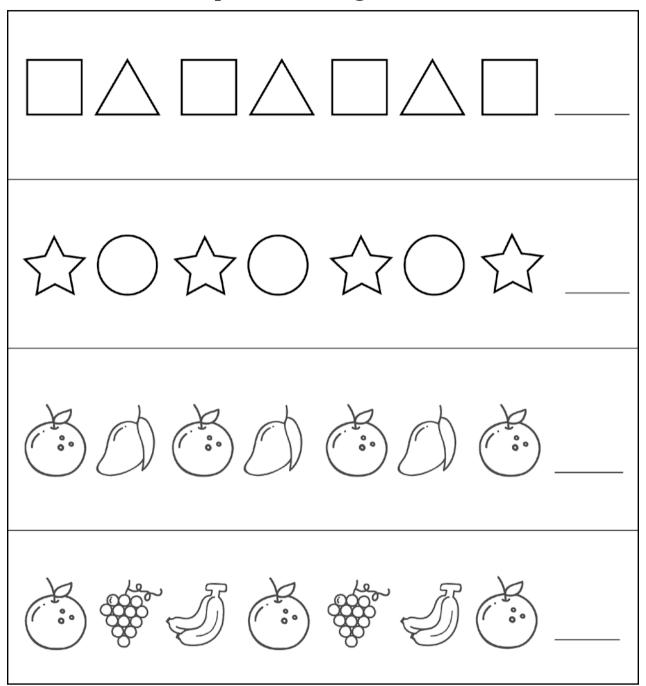
Which is the shortest?

**Note:** Ask the children to observe the pictures and compare them according to their size, length, weight, etc. Tell them to circle or colour the correct picture.

# Worksheet 19 (IL)

Name: Date:

# **Spot the Missing Pattern**

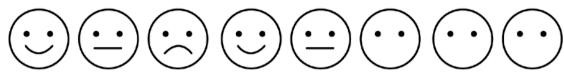


**Note:** Ask the children to observe the pattern and draw the missing pattern in the blank space in each row.

#### Worksheet 20 (IL)

Name: Date:

# Complete the Pattern



1	2	1	2				
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А	В	Α	В				
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A B	C	Α	В				
-----	---	---	---	--	--	--	--





Note: Ask the children to observe the pattern and extend it.

#### Worksheet 21 (IL)

Name: Date:

# What Shape comes Next?

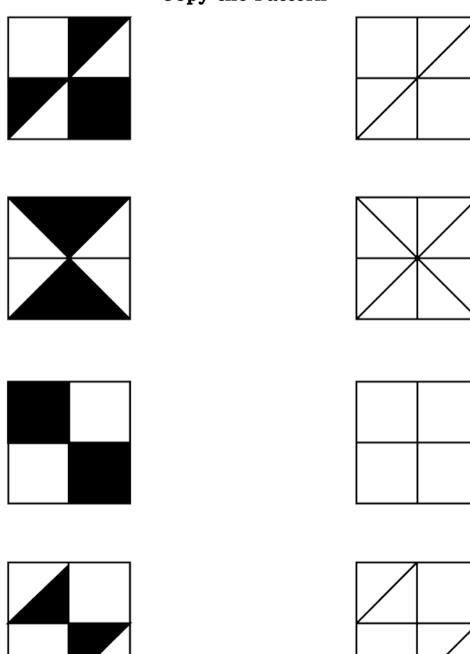
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**Note:** Ask the children to colour the shape (given in the right column) that will come next in the pattern given in the left column. They can use different colours.

#### Worksheet 22 (IL)

Name: Date:

# Copy the Pattern

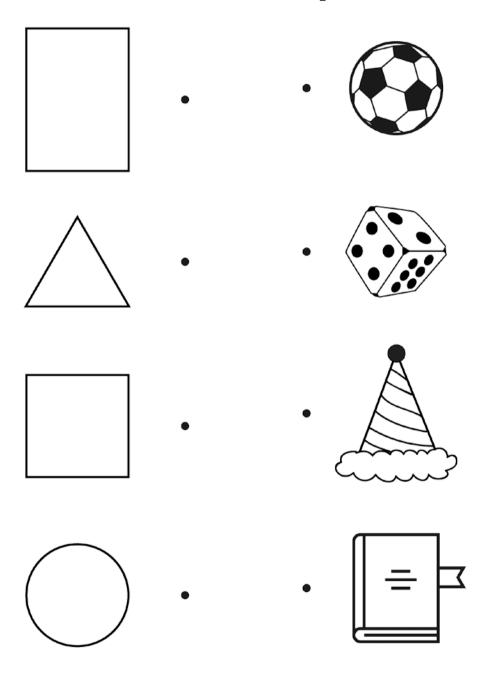


**Note:** Ask the children to copy the pattern as shown in the left column by colouring it with any colour of their choice.

### Worksheet 23 (IL)

Name: Date:

### **Match the Shapes**

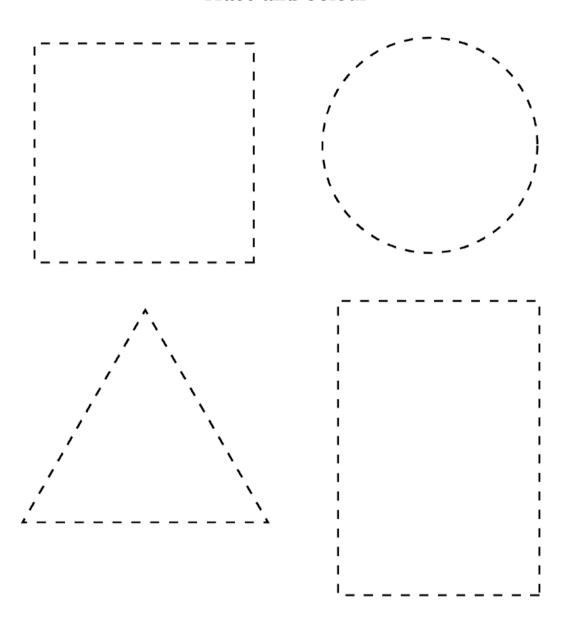


**Note:** Ask the children to match the shapes with a similar shaped object by drawing a line with a colour pencil or crayon. Children may also colour the shapes and match the objects with same colours.

### Worksheet 24 (IL)

Name: Date:

### **Trace and Colour**

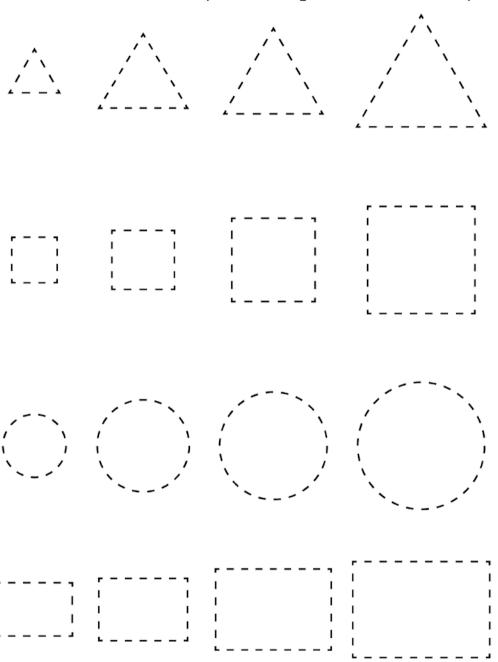


**Note:** Ask the children to trace over the dotted lines of each shape and fill it with different colours.

### Worksheet 25 (IL)

Name: Date:

### Trace and Colour (same shape different sizes)



**Note:** Ask the children to trace over the dotted lines of each shape and colour the smallest circle red, the biggest rectangle yellow, the biggest square blue, and the smallest triangle green.

### Worksheet 26 (IL)

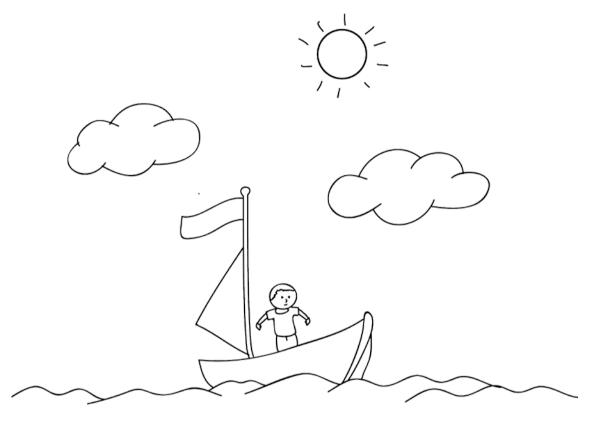
Name: Date: Form Shapes

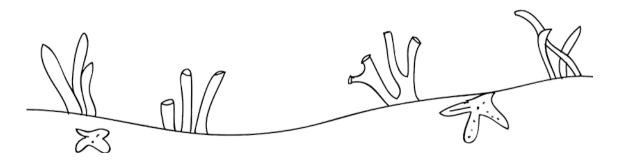
**Note:** Ask the children to complete this task in three steps— to colour the drawn shapes, trace over the dotted lines of the shapes, and connect the dots to draw shapes.

### Worksheet 27 (IL)

Name: Date:

### Above, On and Below



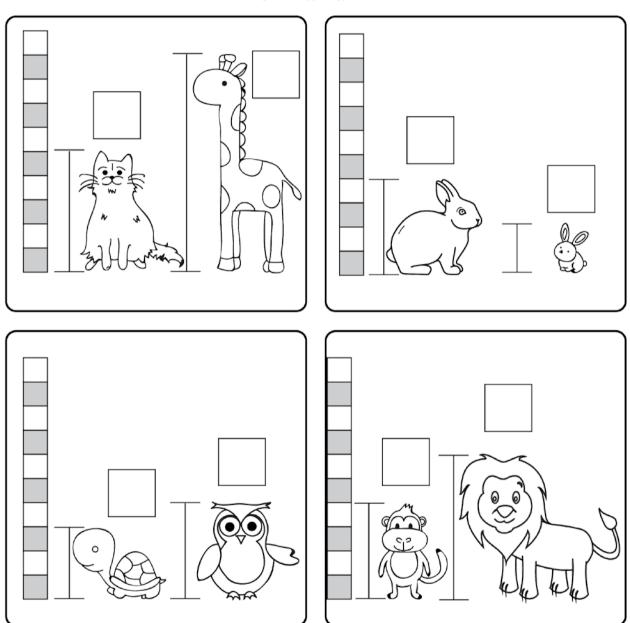


**Note:** Ask the children to draw five birds above the boat, three fishes below the boat and two ducks on the water. Tell them to colour the complete picture using colours of their choice.

### Worksheet 28 (IL)

Name: Date:

### How Tall am I?

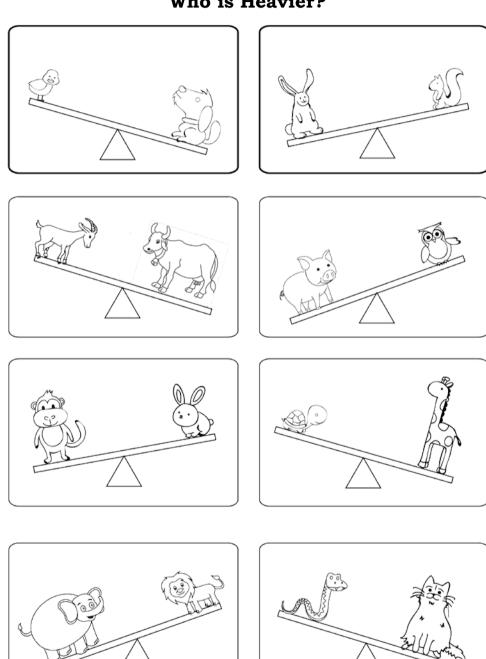


**Note:** Explain the measuring blocks to the children and ask them to find out how many blocks are the height of each animal. They can count and write in the boxes above. They can also colour the tall animals.

### Worksheet 29 (IL)

Name: Date:

### Who is Heavier?

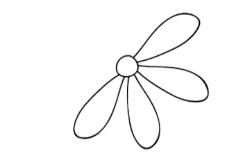


**Note:** Ask the children to look at the pictures carefully and encircle the heavier animal in each box.

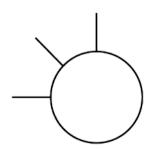
### Worksheet 30 (IL)

Name: Date:

### Complete the Picture





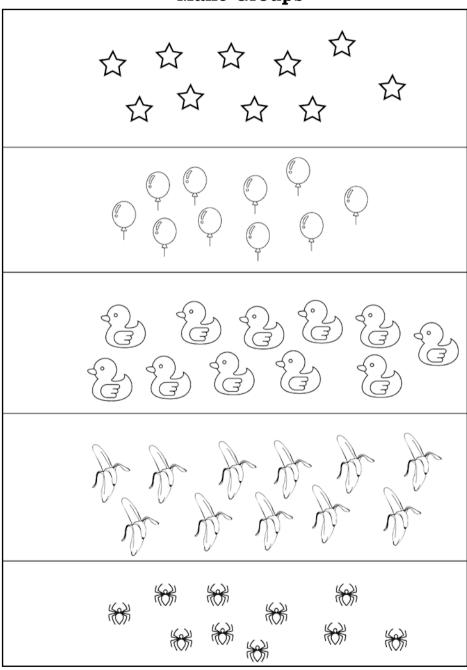


**Note:** Draw the attention of children to the pictures and ask them to complete the pictures.

### Worksheet 31 (IL)

Name: Date:

### **Make Groups**



**Note:** Ask the children to count and circle the objects, animals and insects to make groups of two in each row. Repeat until no more groups can be created in each row.

### Worksheet 32 (IL)

Name: Date:

### More, Less or Equal

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**Note:** Ask the children to count the number of objects in each row on the left and right column. Now, colour and encircle the objects lesser in number. Ask them to spot the objects with equal numbers.

### Worksheet 33 (IL)

Name: Date:

### Count the Raindrops

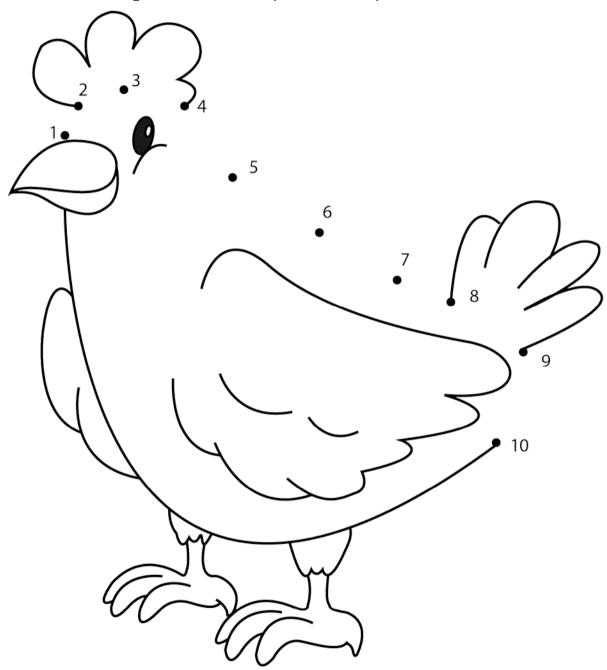
	3	5	7	6	4
000	1	9	4	3	2
	7	8	9	2	4
0000	5	8	4	2	6
0 0	3	1	6	4	2

**Note:** Ask the children to count the raindrops and encircle the correct number in each row.

### Worksheet 34 (IL)

Name: Date:

### Complete the Hen (dot-to-dot) and Colour

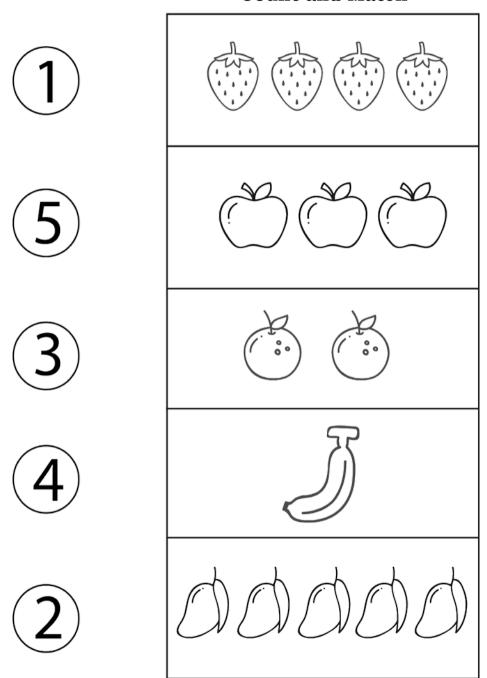


**Note:** Ask the children to connect the dots, following the numbers in a sequence and complete the picture of the hen and then colour it.

### Worksheet 35 (IL)

Name: Date:

### **Count and Match**

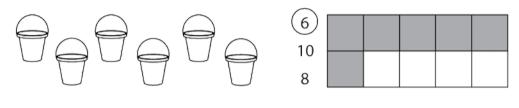


**Note:** Ask the children to count and match the objects with the correct number.

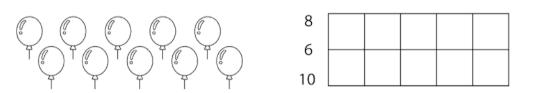
### Worksheet 36 (IL)

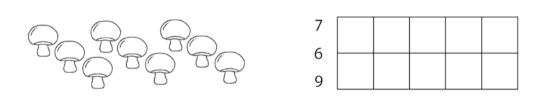
Name: Date:

### Count-Circle-Colour









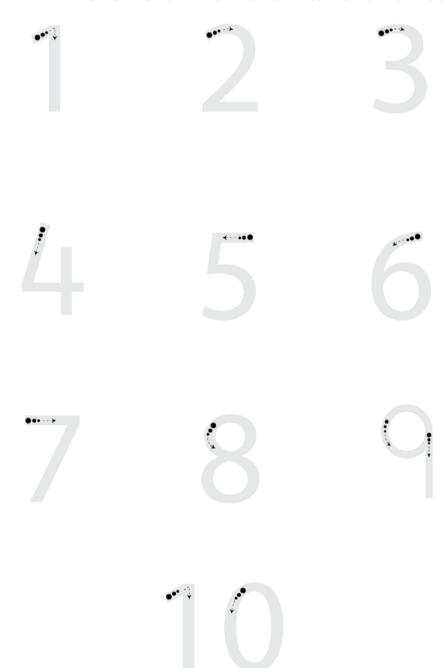


**Note:** Ask the children to count the objects and encircle the correct number given in front of the boxes, then colour the boxes as per the number of objects. One has been done for understanding.

### Worksheet 37 (IL)

Name: Date:

### Follow the Arrow and Draw the Numbers



**Note:** Ask the children to follow the dots and trace the numbers. Tracing of numbers 4, 8 and 9 might be difficult for children. Help them!

### Worksheet 38 (IL)

Name: Date:

### **Trace and Write the Numbers**

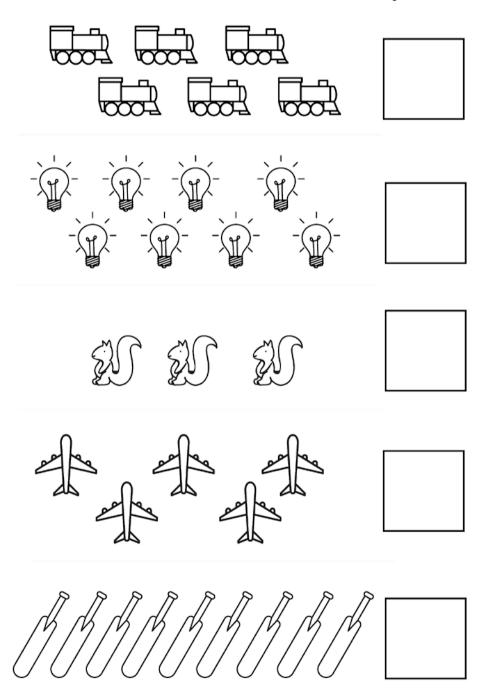
1	***	 ***************************************	×
2	2		
3	3		
4	4		
5	5		
6	6		
7	7		
8	8		
۹	9		
10	10		

**Note:** Ask the children to follow the example given and trace number 1 four times. Now, ask them to complete the worksheet.

### Worksheet 39 (IL)

Name: Date:

### **Count and Write How Many**

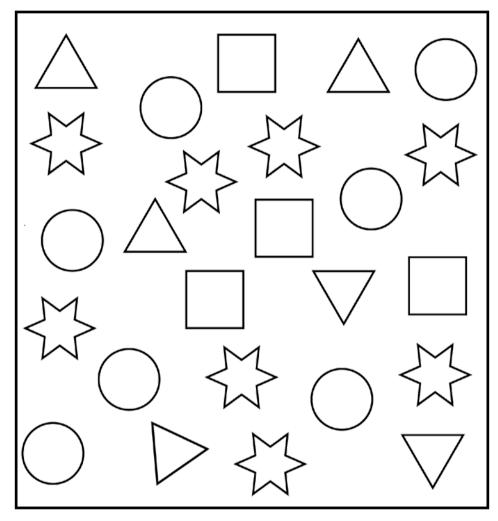


**Note:** Ask the children to count and write the number of objects in their respective boxes.

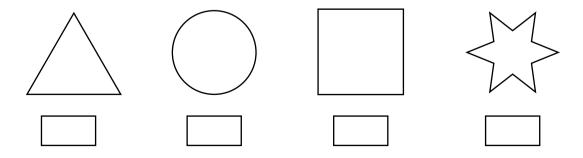
### Worksheet 40 (IL)

Name: Date:

### **Count and Write**



**Note:** Ask the children to count each shape given in the above box and write the numbers under each shape in the boxes given below.



### Worksheet 41 (IL)

Name: Date:

### How do I look from Inside?

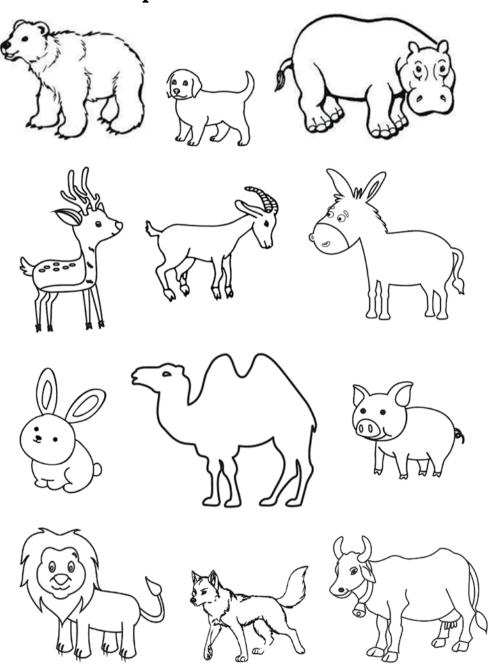


**Note:** Ask children to guess how each vegetable looks from inside and then match with the correct pair.

### Worksheet 42 (IL)

Name: Date:

### **Spot the Wild Animals**



**Note:** Ask the children to identify the wild animals and encircle or colour them.

### REFERENCES

MHRD. 2020. National Education Policy—2020. MHRD, Government of India MoE. (2021a). NIPUN BHARAT— Guidelines for Implementation. Ministry of Education, Government of India \_\_\_\_\_. (2021b). Guidelines for Parent Participation in Home-based Learning during School Closure and Beyond. Ministry of Education, Government of India NCERT (2021). Vidya Pravesh- Guidelines for Three-months Play-based School Preparation Module for Grade-I Children. NCERT, New Delhi \_\_. (2020). IMPACT— Integrated Multidisciplinary Professional Advancement Course for Teachers. NCERT, New Delhi \_. (2019a). NISHTHA—Training Package on School Leadership Development. Government of India. NCERT, New Delhi \_\_\_\_\_. (2019b). The Preschool Curriculum. NCERT, New Delhi . (2019c). Guidelines for Preschool Education. NCERT, New Delhi.

### **Appendices**



### Annexure I

### DEVELOPMENTAL GOAL-WISE KEY COMPETENCIES AND LEARNING OUTCOMES

### (Preschool 3 - Balvatika)

	Developmental Goal 1 in Good Health and Well-being (HW)
Key Competencies	Learning Outcomes
<ul> <li>Awareness of self</li> <li>Development of positive self-concept</li> <li>Self-regulation</li> </ul>	<b>HW3.1:</b> Describes self and others in terms of physical characteristics, gender, interests, likes and dislikes. <b>HW3.2:</b> Exhibits the understanding of the relationship with extended family members.
<ul> <li>Decision-making and problem solving</li> </ul>	<b>HW3.3:</b> Demonstrates independence in activities.
<ul> <li>Development of prosocial behaviour</li> </ul>	<b>HW3.4:</b> Follows instructions and simple rules at the same time.
<ul> <li>Development of healthy habits, hygiene,</li> </ul>	<b>HW3.5:</b> Shows adaptability to any changes in routine/daily schedule.
sanitation and awareness for self-protection  • Development of	<b>HW3.6:</b> Focuses attention to complete tasks/topics assigned by others.
gross motor skills  • Development of fine	<b>HW3.7</b> : Expresses emotions through verbal and nonverbal modes (gestures, drawings).
motor skills and eye- hand coordination	<b>HW3.8:</b> Takes responsibility and makes choices based on one's preferences and interests.
<ul> <li>Participation in individual and team games and sports</li> </ul>	<b>HW3.9:</b> Suggests solutions to conflicts and makes age-appropriate adjustments.
	<b>HW3.10:</b> Demonstrates willingness to include others' ideas during interaction and play.
	<b>HW3.11:</b> Helps peers who are in need during large and small group activities.
	<b>HW3.12:</b> Demonstrates sensitivity and acceptability towards children from diverse backgrounds including children with special needs.
	<b>HW3.13:</b> Maintains and displays basic health, hygiene, sanitation practices, and healthy eating practices with increased independence.
	<b>HW3.14:</b> Demonstrates awareness about good touch and bad touch and maintains distance from strangers.
	<b>HW3.15:</b> Follows basic rules of safety at home, preschool and playground.
	<b>HW3.16:</b> Demonstrates gross motor skills with greater coordination, control and strength; e.g., running, jumping, throwing, kicking and catching, etc.

<b>HW3.17:</b> Explores space and participates actively and creatively in music and movement activities.
<b>HW3.18 a:</b> Exhibits fine motor skills with precision and control.
<b>HW3.18 b:</b> Uses coordinated movements to complete complex tasks like cutting along a line, pouring, buttoning, etc.
<b>HW3.18 c:</b> Uses the pincer grip (coordination of the index finger and thumb to hold an item) to hold and manipulate tools for drawing, painting, and writing.

Children bed	Developmental Goal 2 come Effective Communicators (EC)
Key Competencies	Learning Outcomes
ney competences	First Language
Talking and Listening  ◆ Listening with comprehension	<b>ECL1 3.1:</b> Engages in conversation in school and home with unfamiliar teachers, new friends, school staff, other adults, etc., in their own language.
<ul> <li>Creative self-expression         <ul> <li>and conversation</li> </ul> </li> <li>Language and         <ul> <li>creative thinking</li> </ul> </li> </ul>	<b>ECL1 3.2:</b> Selects book from reading corners/reading area and attempts to understand the story with the help of pictures and can predict the written text.
<ul> <li>♦ Vocabulary development</li> <li>♦ Conversation and talking skills</li> </ul>	<b>ECL1 3.3:</b> Expresses their experiences of reading poems/stories in their own language and talks about it and shares it with friends.
<ul> <li>Meaningful use of language</li> <li>Reading with Comprehension</li> <li>→ Bonding with books</li> <li>→ Print awareness and</li> </ul>	ECL1 3.4: (a) Uses appropriate intonation and modulation of voice while reciting interesting poems/songs in their own language.  ECL1 3.4: (b) Recites with fluency with appropriate intonation parts of familiar poems in their own language.
meaning-making  ◆ Pretend reading  ◆ Phonological awareness  ◆ Sound symbol association  ◆ Prediction and use of previous experiences	ECL1 3.5: (a) Gives their favourite storybooks to the teacher to narrate the story. ECL1 3.5: (b) Observes the objects in the pictures and talks about them and write their name byusing invented spellings.
and knowledge  ◆ Independent reading for pleasure and various purposes	ECL1 3.6: (a) Reads with the understanding of print awareness.  ECL1 3.6: (b) Reads the story by understanding and arranging the pictures in the sequence of events.
	<b>ECL1 3.7:</b> Identifies repeated sounds in words occurring in familiar stories and poems.

### Writing with Purpose

- ♦ Early literacy skills
- Writing for self expression
- Make use of their knowledge of letter and sounds, invent spellings to write
- Make efforts to write in conventional ways
- Response to reading with drawings, words and meaningful sentences
- Writing of rhyming words
- Write meaningful sentences using naming words
- and action words
- Write messages to express themselves
- Using mixed language codes
- Write for different purposes in the classroom's activities and at home, such as making lists, writing a greeting to grandparents, messages and invitations to friends, etc.

**ECL1 3.8: (a)** Identifies repeated sounds, words, etc.,in stories, poems and songs.

**ECL1 3.8: (b)** Predicts about the written text with the help of pictures and print, previous experiences and information, letter-sound association, etc.

**ECL1 3.9:** Takes interest in writing (invented spellings) one's name, names of their friends and objects around them.

### **Second Language**

ECL2 3.1: Introduces bilingually.

**ECL2 3.2:** Sings songs or rhymes with action.

**ECL2 3.3:** Flips over the pages of bilingual work in the reading area.

**ECL2 3.4:** Attempts to respond using familiar words and expressions.

**ECL2 3.5:** Recognises letters and corresponding sounds.

**ECL2 3.6:** Attempts to read familiar signs.

**ECL2 3.7:** Predicts story with the help of the pictures.

**ECL2 3.8:** Participates in a shared reading of the story.

**ECL2 3.9:** Talks about their favourite toy.

**ECL2 3.10:** Enjoys and creates nonsensical rhyming words.

**ECL2 3.11:** Attempts to scribble or write a few familiar words.

**ECL2 3.12:** Identifies objects in their immediate environment.

**ECL2 3.13:** Enjoys watching age-appropriate films.

**ECL2 3.14:** Shares feelings for birds, animals and trees.

**ECL2 3.15:** Draws pictures to communicate messages.

### Note

- \* ECL1- First language-it may be noted that the goals suggested for the first language, can be implemented for the mother tongue/first language/ regional language of the child. For instance, Tamil, Telugu, Khasi, Gondi languages, etc. could be the first language of the child. The examples are drawn for child's literature and textbooks in the Hindi language.
- \* ECL 2- Exposure to Second Language- Any other Indian language/English could be the language of the child, therefore, the goals suggested for English, may be considered for the second language.

	Developmental Goal 3 involved Learners and Connect with their mediate Environment (IL)
Key Competencies	Learning Outcomes
Sensory Development	IL3.1: Uses all the senses to observe and explore the environment.  IL3.2: Notices and describes finer details of common objects, sounds, people, pictures, animals, birds, in the
<ul><li>◆ Smell</li><li>◆ Taste</li></ul>	immediate environment.
Cognitive Skills  ◆ Observation  ◆ Identification	IL3.3: (a) Remembers and recalls 4–5 objects seen at a time.  IL3.3: (b) Identifies 3–5 missing parts of a picture of a familiar object.
<ul><li>Memory</li><li>Matching</li><li>Classification</li></ul>	<b>IL3.4:</b> Places 5–6 objects of two groups in one-to-one correspondence.
<ul> <li>Classification</li> <li>Patterns</li> <li>Sequential thinking</li> <li>Creative thinking</li> </ul>	<b>IL 3.5:</b> Compares and classifies objects by three factors shape, colour and size, etc. Correctly uses positionwords (beside, inside, under) to describe the location of objects.
<ul><li>Critical thinking</li><li>Problem solving</li></ul>	<b>IL 3.6:</b> Seriates/arranges 4–5 picture cards/objects in a sequence, e.g., shape, size and occurrence of events.
<ul><li>Reasoning</li><li>Curiosity</li><li>Experimentation</li><li>Exploration</li></ul>	<b>IL 3.7:</b> When recited a story, can understand timerelated events like, What happened first?; Who came at night?; etc.
Concepts related to the environment  ◆ Natural—animals, fruits, vegetables, etc.  ◆ Physical—water, air, seasons, sun, moon, day and night.	IL3.8: (a) Provides solutions to simple problem-solving situations with reasons.  IL3.8: (b) Engages in investigating and manipulating objects in the environment, asks questions, inquires, discovers and constructs one's ideas and predicts.  IL3.8: (c) Demonstrates awareness and sensitivity towards environmental concerns, e.g., do not waste water, switching off lights when not in use, etc.
◆ Social—myself, family, transport, festival,	IL3.9: Counts up to 10 objects.
community helpers, etc.	<b>IL3.10:</b> Can count forward and backward from a particular number up to 10.
	IL3.11: Identifies numerals with numbers and writes numerals up to 9.
	<b>IL3.12:</b> Demonstrates the awareness that things reduce in number and become nil, (e.g. 3 birds sitting on a branch of the tree flew away one by one at the end, no bird is left on the branch).
	<b>IL3.13:</b> Compares two numbers up to 10 and uses vocabulary like more than, less than.

### **Concept Formation**

- ♦ Colours
- ♦ Shapes
- ♦ Distance
- Measurement
- ♦ Size
- ♦ Length
- ♦ Weight
- ♦ Height
- ♦ Time
- ♦ Spatial sense
- One-to-one correspondence

### **Number Sense**

- Count and tell how many
- ♦ Numeral recognition
- Sense of order (can count ahead of a number up to 10)

### **Data Handling**

### **Calendar Activity**

**IL3.14:** Combines two groups up to 9 objects and recounts.

**IL3.15:** Takes out objects from a collection of up to 9 objects and recounts them.

IL3.20: Identifies Indian currency notes.

**IL3.21:** Compares three objects in terms of their length as longest/shortest and tallest/shortest.

**IL 3.22:** Compares two objects in terms of their weight as heavier than/lighter than.

**IL3.23:** Compares capacities of two vessels like bottles, glasses, buckets, etc.

**IL 3.25:** Identifies 2-D shapes by tracing the faces of 3D shapes on a plane surface.

**IL 3.26:** Uses vocabulary like half *roti*/half a glass of water, etc., in daily context.

**IL3.27:** Creates new patterns with leaf printing or thumbprinting, etc.

**IL3.28:** Draws inferences from situations that surround her/him, e.g., I have more red pencils than blue.

**IL3.29:** Recites the names of the days of the week and months of the year.

**IL3.30:** Describes usage of commonly available technological tools around them.

## SAMPLE FRAMEWORK FOR DAY-WISE WEEKLY SCHEDULE

th your children in	Friday Saturday	augh ren will sident are withup	y areas of y areas of iate toys these dren's ldren's ldren's utes of free and other t, math ch other, on. iate books brary so
Weekly Schedule Il in the desired activities/experiences that you want to do with your children in their context)	Thursday	Welcome Children • Warm-up activities (Clapping, jumping, fly like a bird, laugh uholeheartedly) • Health and hygiene Check-up • School Prayer  Free Conversation (Talking time for children): This is the time when children will express their ideas and feelings on their own. Let children narrate any incident or event of interest that occurred on that day which they would like to share with others. Make this a daily activity as it helps children to release their pent-up emotions and an opportunity for self/oral expression and vocabulary development.	Free indoor play in activity areas:  Block Building area  Math's/manipulatives' area  Discovery or science area  Dolls area  Dolls area  Reading area/classroom library  Art area  Writing area  Toy and DIY area  Toy and DIY area  Toy and DIY area  This will enhance the conversational skills, vocabulary development, math process skills, sharing with each other, eye-hand coordination and so on.  Keep developmentally appropriate books in reading area or classroom library so
Weekly Schedule activities/experienc their context)	Wednesday	ivities (Clappii giene Check-1 for children): on their own. I on that day ' as it helps ch self/oral exp:	
Weekly e desired activiti their	Tuesday	ren • Warm-up act  J) • Health and hy  ion (Talking time  leas and feelings or rest that occurred  his a daily activity  an opportunity for	Free indoor play in activity areas:  Block Building area  Math's/manipulatives' area  Discovery or science area  Dolls area  Reading area/classroom library  Art area  Writing area  Toy and DIY area
ork to fill in th	Monday	Welcome Childa wholeheartedly Free Conversat express their ic or event of inte others. Make the	Free indoor play in act Block Building area Math's/manipulativ Discovery or science Dolls area Reading area/class Art area Writing area Toy and DIY area
(Use this sample framework to fi	Play Sessions	Meet and Greet (Teacher-initiated morning group activity)  Circle Time (Teacher and child-initiated morning group activity)	Free Indoor Play (Child-initiated small group activity preferably in designated activity areas)

		Recapitu	lation	ı		Recapit	ulation
dren are ey explore iding	n towards ve skills /	Activity for pre-number concept	, nature walk ays a week.	Clay or Dough Moulding		Activity for Vocabulary Development and Meaningful use of Language	Activity for independent reading for pleasure and various other purposes
ve how chil ading as the towards res	nelp children any cogniti c.		and sinking east three d	ama		Activity for Pho- nological Awareness	Activity for sound symbol associa- tion
Watch and observe how children are doing pretend reading as they explore books and move towards reading	nt that will h as develop m ecognition et	Activity for shape concept	.g., floating a cted for at le	Rhymes, action songs, dance drama		Activity for Oral /self- expression	Print Concept
Wat doin bool	rich environme naking' as well erns, numeral r	Activity for colour concept	y the teacher, e hould be condu	Rhymes, action songs, dance drama	Mealtime (30 min)	Activity for Phonological Awareness	Print Awareness and Meaning Making
	Create a literacy and numeracy rich environment that will help children towards Print awareness and meaning making' as well as develop many cognitive skills / concepts like- observation, patterns, numeral recognition etc.	Activity for sensory development	Any science activity developed by the teacher, e.g., floating and sinking, nature walk using a magnifying glass, etc., should be conducted for at least three days a week.	Do it yourself (DIY) (Create toys/play materials with waste/no-cost materials)	Mealtim	Activity for Listening with comprehension	Print Awareness and Meaning Making
	Create a litera Print awarene concepts like-	Activity for sensory development	Any science ac using a magni	Art activity		Talking and Listening	Reading with Com- prehension
		Foundational Numeracy, Environmental awareness and Scientific thinking (Teacher-initiated activity)		Creative art and Fine Motor Skill Development (Child-initiated activity)		Language development and Foundational Literacy (Teacher-initiated large group activity)	

	Writing with Purpose	Scribbling/ mark making	Free Hand Drawing	Creating and labelling (let children draw/create on their own and label their drawing)	Free- hand Drawing
	Modelled Writing (Let the teacher u process is like; m drawings, making attention whenev	Modelled Writing (Let the teacher write in front of the children and let them see what the writing process is like; making lists in front of children, writing descriptions of children drawings, making name cards for children in front of them and drawing childrattention whenever she is writing something)	he children and ont of children, r children in fro	let them see vriting descrip nt of them an	Modelled Writing  (Let the teacher write in front of the children and let them see what the writing process is like; making lists in front of children, writing descriptions of children's drawings, making name cards for children in front of them and drawing children's attention whenever she is writing something)
Outdoor free play and organised game (Teacher-guided and child-initiated large group activity)	Free play on outdo initiated) (If no outdoor spac muscle movements can be organised).	utdoor play equipr pace is available, ents and music an ed).	nent (child-init then indoor pla id movement ac	iated) and org y and activitie tivities like Yo	Free play on outdoor play equipment (child-initiated) and organised game (teacher-initiated) (If no outdoor space is available, then indoor play and activities involving large muscle movements and music and movement activities like Yoga, Dance, Songs, etc. can be organised).
Story time	Storytelling mustory. A set of e	Storytelling must be a daily activity. Encourage children story. A set of exemplar stories is given in <b>Annexure VII</b> .	<i>i</i> ty. Encourage s given in <b>Anne</b>	children to rexure VII.	Storytelling must be a daily activity. Encourage children to repeat or tell a new story. A set of exemplar stories is given in <b>Annexure VII</b> .
Goodbye circle	<ul><li>Have a quic</li><li>Encourage of their parent</li><li>Bid a joyful</li></ul>	Have a quick recap of the activities that were done on that day. Encourage children to talk and share about all that they have do their parents and family members  Bid a joyful farewell so they look forward to the next day as well!	ivities that wer id share about ibers ook forward to	done on that all that they I he next day a	Have a quick recap of the activities that were done on that day.  Encourage children to talk and share about all that they have done that day with their parents and family members  Bid a joyful farewell so they look forward to the next day as well!

# DAY-WISE EXEMPLAR WEEKLY SCHEDULE FOR TWELVE WEEKS

	Saturday	Reca	pitulation
	Friday	like a bird, of Prayer when the t the children t day that y as it helps for <b>self or</b> ather-related elopment of	nity areas of priate toys in these areas children's play free play time ys and other rsational opment, , eye-hand
	Thursday	his is the time value is the time value is the time value is a daily activity an opportunity value ivity for the devictivity as a folluxtivity as a folluxti	Let children choose the activity areas of their own choice  Keep developmentally appropriate toys and materials to create DIY in these areas Observe, guide and assess children's play and learning  Allow at least 30 minutes of free play time daily for exploration with toys and other play materials  This will enhance the conversational skills and vocabulary development, math process skills, sharing, eye-hand coordination and so on.
le	Wednesday	uctivities (Clappi h and hygiene C e for children): T as and feelings of of interest that of others. Make thi emotions and is emotions and is ary development: may also do a on important act	<ul> <li>Let children choose the their own choice</li> <li>Keep developmentally a and materials to create</li> <li>Observe, guide and ass and learning</li> <li>Allow at least 30 minut daily for exploration win play materials</li> <li>This will enhance the coskills and vocabulary demath process skills, she coordination and so on.</li> </ul>
Week 1 Schedule	Tuesday	Welcome Children • Warm-up activities (Clapping, jumping, fly like a bird, laugh wholeheartedly) • Health and hygiene Check-up • School Prayer  Free Conversation (Talking time for children): This is the time when the children will express their ideas and feelings on their own. Let the children narrate any incident or event of interest that occurred on that day that they would like to share with others. Make this a daily activity as it helps children release their pent-up emotions and is an opportunity for self or oral expression and vocabulary development.  During this circle time teacher may also do a calendar and weather-related activity. Free conversation is an important activity for the development of conversational skills.  (See activity, as a follow-up of free conversation with children).	e indoor play in activity sas: Block Building area Math's/manipulatives' area Discovery or science area Dolls area Reading area or classroom library Art area Writing area Toy and Do It Yourself (DIY) area
	Monday	Welcome Children • Warm-ulaugh wholeheartedly) • He Free Conversation (Talking) children will express their in narrate any incident or everthey would like to share witchildren release their pent-oral expression and vocab During this circle time teac activity. Free conversation is conversational skills.  (See activity-1 "All about me conversation with children).	Free indoor play in activity areas:  • Block Building area • Math's/manipulatives' area • Discovery or science are • Dolls area • Reading area or classroc library • Art area • Writing area • Toy and Do It Yourself (DIY) area
	Play Sessions	Meet and Greet (Teacher-initiated morning group activity) Circle Time (Teacher and child-initiated morning group activity)	Free Indoor Play (Child-initiated small group activity preferably in designated activity areas)

				in the reading area o that children will dev <b>and love for books.</b>	in the reading area or classroom library so that children will develop <b>bonding with</b> and love for books.	room library so <b>onding with</b>	
		Do It Yourself no-cost materi	Do It Yourself (DIY) is where children create and construct with low-cost or no-cost materials on their own.	hildren create a 	nd construct wi	ith low-cost or	
		Create a literactowards <b>Print</b>	Create a literacy and numeracy-rich environment that will help children towards <b>Print awareness and meaning making' as well as develop many</b>	y-rich environm meaning mak	ent that will he ing' as well as	elp children develop many	
		cognitive skill	cognitive skills /concepts like— observation, patterns, classification,	se— observatio	n, patterns, c	lassification,	
		numeral recognition, etc.	gnition, etc.				
Foundational Numeracy,	racy,	Activity 1 See	Activity 3	Activity 14	Activity 26	Activity 17	R
mental Aพะ	Environmental Awareness and	and Tell	Guess the	Matching of	Identify the	Making	lec
<b>Scientific Thinking</b> (Teacher-initiated activitu)	ivitu)	(Goal 3)	sound (Goal 3)	Colors (Goal 3)	Shapes (Goal 3)	groups (Goal 3)	apit
Art and Fi	Creative Art and Fine Motor Skill	Activity 37	Plan Activity	Activity 48	Activity 2	Activity 35	ula
Development		Printing using	for DIY	Collage	Goal 1:	Clay or Dough	tio
(Child-initiated activity)	ty)	fingertip		Making	Rhyme with	Moulding	n
		or making	THINK ON		actions/		
		a thumb	YOUR OWN!		Dramatisation		
		impression	Involve		,		
		(Goal 1)	children		Goal 2:		
			in creating	;	Freehand	÷	
			something	(Goal 1)	Drawing	(Goal 1)	
			no-cost				
			materials		(Goals 1,2)		
			(Goals 1,2 and 3)				
		M	Mealtime (30 min)	(u			
Language Development and	Talking and Listening	Activity 14 Sharing	Activity 20 Identify	Activity 3 Songs,	Activity 15 Listen to	Activity 5 Guess the	
Foundational Literacy	<b>D</b>	Experience (Goal 2)	objects with	rhymes and	Rhyming words	word (Goal 2)	
Teacher initiated		(I man)	sound	(Goal 2)	(Goal 2)		
large group activity)			(Goal 2)				

### Recapitulation

	Reading with Comprehension	Activity 18 Picture Dictionaries (Goal 2)	Activity 1 Picture Reading (Goal 2)	Let children explore graded story books in the reading area	Activity 1 Picture reading (Goal 2)	Activity 18 Picture Dictionaries (Goal 2)
	Writing with Purpose (During the first two weeks, do the simple eye-hand coordination activities to observe how the children are performing and when you can provide specific early writing activities)	Let children do scribbling on newspaper/ or on paper bag	Activity 45 Tracing Objects (Goal 1)	Creating and labelling (Let children draw/ create on their own and label their drawing) Goal 1,2 & 3	Activity 51 Joining the Dots and colouring the picture (Goal 1)	Activity 52 Drawing Pictures on a slate or board (Goal 1)
Outdoor Free Play and Organised (Teacher-guided and child-initiated large group activity)	Free play on outdoor play equipment (child-initiated) and organised game (teacher-initiated) [If no outdoor space is available, then indoor play and activities involving large muscle movements and music and movement activities like Yoga, Dance, Songs, etc. can be organised).  Goal 1 Activity No.—16 and also think about traditional Indian group games like Tippy-Tippy-Tap, Pithoo and circle games that help children learn about values like cooperation, sharing, patience, waiting for one's turn and so on).	olay on outdoor play equipment (child-initiated) and organised game (teacher-initiated) outdoor space is available, then indoor play and activities involving large muscle movements tusic and movement activities like Yoga, Dance, Songs, etc. can be organised).  Activity No.— 16 and also think about traditional Indian group games like Tippy-Tippy-ithoo and circle games that help children learn about values like cooperation, sharing, ice, waiting for one's turn and so on).	nent (child-initien indoor play a s like Yoga, Darthink about tract thelp children id so on).	nated) and organd activities invoce, Songs, etc. editional Indian learn about val	nised game (tesolving large mus can be organised group games lik	icher-initiated) scle movements d).  ce Tippy-Tippy- ation, sharing,
Story time	Storytelling must be a daily activity as it helps develop print awareness, vocabulary development, listening comprehension and getting connected with the textual world as well as learning about values and sanskaras. A set of exemplar stories is given in Annexure V. (Ensure that children enjoy the story as well as learn from storytelling without getting pressurized)	be a daily activity ension and getti aras. <b>A set of e</b> s ren enjoy the sto	7 as it helps deveng connected we semplar stories	lop print aware: ith the textual v s is given in Ar am from storyte	ness, vocabular vorld as well as inexure V. Iling without ge	y development, learning about
Goodbye circle	<ul> <li>Have a quick recap of the act</li> <li>Encourage children to talk as parents and family members</li> <li>Bid a joyful farewell so they I</li> <li>Think about some take-away DI</li> </ul>	Have a quick recap of the activities that were done on that particular day. Encourage children to talk and share about all that they have done that day with their parents and family members.  Bid a joyful farewell so they look forward to the next day as well!  ink about some take-away DIY toy that they can carry with them.	ities that were of share about all share about all k forward to the toy that they ca	lone on that paral that they have enext day as wen carry with the	rticular day. done that day ell!	with their

Review and	flection
ď	ဉ

strategies (observation, checklists, worksheets done by the children, video/audio clippings,

Collect and reflect on the assessment data that you have collected through various

Plan and modify your pedagogical practices for individual needs accordingly for the next

(on-going classroom assessment)

anecdotal notes, etc.).

week.

continually observe, children's learning. monitor, document and evaluate the Teachers must

### Recapitulation

### Reflect assessment of achievement in all three developmental goals of learning (For details, refer Outcomes Learning achieved

nes achieved	
Learning Outcomes achieved	,

		Rarely	Sometimes	Always
•	Adjusts to school routine			
•	Comes to school happily			
L				

assessment for the

first month)

to Annexure V on

		⊢
Greet teachers and friends	Participates in group activities	
•	_	L

Enjoys clay or dough moulding	Matches objects with one attribute	
•	•	L

one attribute Identifies objects

<ul> <li>Enjoys singing rhymes</li> </ul>	• Names objects in the picture poster	• Scribbles to represent thoughts

	Wee	Week 2 Schedule	Ð			
Play Sessions	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Meet and Greet (Teacher-initiated morning group activity)	Welcome Children • Warm-up activities (Clapping, jumping, fly like a bird, laugh wholeheartedly) • Health and hygiene Check-up • School Prayer Activity 25(Goal 1): let children go to their classrooms doing Kadamtal and chanting 'ek-do-ek do'.	n • Warm-up a edly) • Health ): let children k do'.	ctivities (Clappir n and hygiene Cl go to their classi	g, jumping, fly la neck-up • Schoo ooms doing Kaa	ike a bird, il Prayer lamtal and	
<b>Circle Time</b> (Teacher and child-initiated morning group activity)	Free Conversation (Talking time for children): This is the time where children will express their ideas and feelings on their own. Let children narrate any incident or event of interest that occurred on that day that they would like to share with others. Make this a daily activity as it helps children release their pent-up emotions and an opportunity for <b>self or oral expression and vocabulary development.</b> During this circle time teacher may also do a calendar and weather-related activity.  (See Activity 2 Rhyme: Heads, Shoulders, Knees and Toes. You may do this activity as a follow up of free conversation with children).	ideas and fee of interest that ers. Make this otions and an lopment. Itime teacher: time teacher.	ings on their ovat occurred on the sa daily activity opportunity for may also do a conversation with	nis is the time were. Let children nat day that the as it helps child self or oral expalendar and we alendar and we children).	here children narrate any y would like tren release pression and ather-related may do this	Recapit
Free Indoor Play (Child-initiated small group activity preferably in designated activity areas)	Free indoor play in activity areas  • Block Building area • Math's/manipulatives' area • Discovery or science area • Dolls area • Reading area/classroom library • Art area • Writing area	in activity y area ulatives' cience area classroom	<ul> <li>Let children choose their own choice</li> <li>Keep developmentaliand material to crease.</li> <li>Observe, guide and cand learning</li> <li>Allow at least daily in play time for explorations other play materials.</li> <li>This will enhance covocabulary developmskills, sharing, eye-hand so on.</li> </ul>	Let children choose the activity areas of their own choice  Keep developmentally appropriate toys and material to create DIY in these areas Observe, guide and assess children's play and learning  Allow at least daily 30 minutes of free play time for exploration with toys and other play materials  This will enhance conversational skills, vocabulary development, math process skills, sharing, eye-hand coordination and so on.	ity areas of priate toys these areas hildren's play es of free toys and onal skills, th process rdination	ulation

### Recapitulation

			<ul> <li>Keep developmentall, in the reading area of that children will devand love for books.</li> <li>Watch and observe he doing pretend readified books and move too</li> </ul>	Keep developmentally appropriate books in the reading area or classroom library so that children will develop bonding with and love for books.  Watch and observe how children are doing pretend reading as they explore books and move towards reading	opriate books  room library so  maling with  ldren are  they explore  reading
	Create a literatowards Print cognitive skills etc. Display sig their corresporenvironment. I	Create a literacy and numeracy-rich environment that will help children towards 'Print awareness and meaning making' as well as develop many cognitive skills /concepts like— observation, patterns, numeral recognition, etc. Display sight words, rhyming poem chart, number calendar, letters with their corresponding pictures and encourage children to explore the classroom environment. Do an intentional reading of sight words as a fun activity.	cy-rich environ meaning maki – observation, f ng poem chart, d encourage chi	inent that will ing' as well as patterns, numer number calend. Ildren to explore it words as a fu	help children develop many al recognition, ar, letters with the classroom n activity.
Foundational Numeracy, Environmental Awareness and Scientific Thinking (Teacher-initiated activity)	Activity 2 Listen and Tell (Goal 3)	Activity 4 Guess the smell (Goal 3)	Activity 15 Find my Match (Goal 3)	Activity 12 Can you spot me (Goal 3)	Activity 18 Let us Compare (Goal 3)
Creative Art and Fine Motor Skill Development (Child-initiated activity)	Activity 33 Tracing (sand) (Goal 1)	for DIY Have children cut big pictures from old magazines or books and let them paste the pictures on thick cardboard, any old register cover or chart paper. Then show them to cut zig-zag lines on this	Complete the DIY activity of the previous day of creating a jigsaw puzzle (You may ask children to search for big pictures in the magazines or newspaper on the first day. Once they are done with collections, ask them to paste the	Activity 34 Goal 1: Pasting different shapes Goal 3: Hunt the objects (Goals 1,3)	Activity 41 Rangoli/ patterns making (Goal 1)

			Reca	pitulation	
		Activity 6 Guess the Mystery object (Goal 2)	Activity 18 Picture Dictionary (Goal 2)	Modelled Writing (Writing for Children/ Writing with Purpose)	process is ngs, making tever she is
		Activity 20 Identify objects with the initial sound (Goal 2)	Activity Pretend Reading (Goal 2)	Free-hand Drawing	hat the writing hildren's drawi attention wher
picture and create their own puzzle). (Goals 1, 2 and 3)	(u)	Activity 3 Songs/ rhymes and poems (Goal 2)	Activity 11 World of labels (Goal 2)	Creating and labelling (let children draw or create on their own and label their drawing)	let them see w escriptions of c wing children's
picture. Your DIY Jigsaw puzzle is ready to play with. Similarly, involve children in creating other DIY toys using waste/no-cost materials (Goals 1, 2 and 3)	Mealtime (30 min)	Activity 15 Listen to Rhyming words (Goal 2)	Activity 1 Picture reading (Goal 2)	Free Hand Drawing	he children and ldren, writing d of them and dra
	Z	Activity 8 Pick and Speak (Goal 2)	Activity 18 Picture Dictionaries (Goal 2)	Scribbling or mark making	rite in front of t s in front of chi didren in front of
		Talking and Listening	Reading with Comprehension	Writing with Purpose	Modelled Writing  (Let the teacher write in front of the children and let them see what the writing process is like — making lists in front of children, writing descriptions of children's drawings, making name cards for children in front of them and drawing children's attention whenever she is writing something)
		Language Development and Foundational Literacy (Teacher-initiated large group activity)			

Outdoor Free Play	Free play on outdoor play equipment (child-initiated) and organised game (teacher-initiated)	/ equipment (child-initiat	ed) and organised game	(teacher-initiated)	
and organised (Teacher guided and	(If no outdoor space is available, then indoor play and activities involving large muscle movements and music and movement activities like yoga, dance, songs, etc. can be organised).	ilable, then indoor play ar tactivities like yoga, danc	nd activities involving lar ce, songs, etc. can be org	rge muscle movements ganised).	
cniid-initiated large group activity)	Activities 20,23,24, and 29(Goal-1) Plan these activities with aijjerent sizes of balls.	(9/Goal-1) Plan these actit	vities with aijjerent size	es of balls.	
Story time	Storytelling must be a daily activity. Encour exemplar stories are given in <b>Annexure VII.</b>	must be a daily activity. Encourage children to repeat or tell a new story. A set of ories are given in <b>Annexure VII.</b>	hildren to repeat or tell	a new story. A set of	
Goodbye circle	<ul> <li>Have a quick recap of t</li> </ul>	Have a quick recap of the activities that were done on that day.	lone on that day.		
	• Encourage children to talk a: parents and family members	Encourage children to talk and share about all that they have done that day with their parents and family members	that they have done th	at day with their	
	Bid a joyful farewell so	Bid a joyful farewell so they look forward to the next day as well!	e next day as well!		
Review and Reflect	<ul> <li>Collect and reflect on t</li> </ul>	Collect and reflect on the assessment data that you have collected through various	t you have collected thr	ough various	
Teachers must continually observe.	strategies (observation anecdotal notes, etc).	strategies (observation, checklists, worksheets done by the children, video/audio clippings, anecdotal notes, etc).	done by the children, v	ideo/audio clippings,	
monitor, document	Plan and modify your I	Plan and modify your pedagogical practices for individual needs accordingly for the	individual needs accor	dingly for the	
and evaluate the children's learning.	next week.		•		
	<ul> <li>Reflect assessment of a</li> </ul>	ssessment ot achievement in all three developmental goals ot learning.	developmental goals of	learning.	
Learning		Learning Outcomes achieved	nes achieved		
Outcomes		Rarely	Sometimes	Always	
(For details, refer	<ul> <li>Adjusts to school routine</li> </ul>				
assessment for the first month)	<ul> <li>Comes to school happily</li> </ul>				
	<ul> <li>Greet teachers and friends</li> </ul>				
	<ul> <li>Participates in group activities</li> </ul>				
	• Follows simple instructions				
	Shows curiosity     in immediate     surroundings				
	Enjoys clay or dough moulding				

				Saturday				Reca	pit	ula	ıtioı	1				
				Friday S	like a bird, ool Prayer ıdamtal and	where children n narrate any ley would like ldren release		eather-related	vitu areas of	,	opriate toys	in these areas	cnuaren s piay	tes of free	th toys and	tional skills, ath process ordination
				Thursday	ing, jumping, fly Check-up • Schc srooms doing Ko	This is the time yown. Let children that day that thy yas it helps chi		calendar and w	Let children choose the activity areas of	hoice	Keep developmentally appropriate toys	and materials to create DIY in these areas	Observe, guide and assess chilaren's play and learning	Allow at least daily 30 minutes of free	play time for exploration with toys and other play materials	This will enhance conversational skills, vocabulary development, math process skills, sharing, eye-hand coordination and so on.
			le	Wednesday	activities (Clapp th and hygiene ( 1 go to their clas:	e for children): Telings on their class coursed on is a daily activity	form oddo:	r may also do a	• Let children	their own choice	Keep develo	ana materic	Observe, guu     and learning	Allow at lea	play time for explora other play materials	This will en vocabulary skills, shari and so on.
			Week 3 Schedule	Tuesday	Welcome Children • Warm-up activities (Clapping, jumping, fly like a bird, laugh wholeheartedly) • Health and hygiene Check-up • School Prayer Activity 25(Goal 1): let children go to their classrooms doing Kadamtal and chanting 'ek-do-ek do'.	Free Conversation (Talking time for children): This is the time where children will express their ideas and feelings on their own. Let children narrate any incident or event of interest that occurred on that day that they would like to share with others. Make this a daily activity as it helps children release their neat-the emotions and an opportunity for self or oral expression and	vocabulary development.	During this circle time teacher may also do a calendar and weather-related	Free indoor play in activity	,	ding area	Math's/manipulatives' area	Discovery or science area		Reading area/classroom library Art area	sa IY area
ts with	ects			Monday	Welcome Children • Walaugh wholeheartedly) Activity 25(Goal 1): let chanting 'ek-do-ek do'.	Free Conversional express to incident or exto share with	vocabulary d	During this c	Free indoor p	areas:	Block Building area	• Math's/ma	Discovery	• Dolls area	Reading area/c     library Art area	<ul><li>Writing area</li><li>Toy and DIY area</li></ul>
Matches objects with one attribute	Identifies objections     using senses	Enjoys singing rhymes		Play Sessions	<b>Meet and Greet</b> (Teacher-initiated morning group activity)	<b>Circle Time</b> (Teacher and child-initiated morning group activity)			Free Indoor Play	(Child-initiated small group activity	preferably in designated activity areas)					

	Reca	itulation	
Keep developmentally appropriate books in the reading area or classroom library so that children will develop bonding with and love for books.  Watch and observe how children are doing pretend reading as they explore books and move towards reading	Create a literacy and numeracy-rich environment that will help children towards 'print awareness and meaning making' as well as develop many cognitive skills /concepts like— observation, patterns, numeral recognition, etc. Display sight words, rhyming poem chart, number calendar, letters with their corresponding pictures and encourage children to explore the classroom environment. Do an intentional reading of sight words as a fun activity.	Activity 2 Listen and Tell (Goal 3) Activity 3 Songs, Rhymes, and Poems or Drama (Goal 2)	Activity 19 Auditory Discrimination (Goal 2)
Keep developmentally appropriate books in the reading area or classroom library s that children will develop bonding with and love for books.  Watch and observe how children are doing pretend reading as they explorebooks and move towards reading	nent that will he g' as well as de patterns, numer, number caler age children to ading of sight w	Activity 31 Sorting (Goal-3) Activity 34 Pasting different shapes (Goal 1)	Activity 10 Blending (Goal 2)
<ul> <li>Keep developmentall in the reading area of that children will devand love for books.</li> <li>Watch and observe he doing pretend reading books and move too.</li> </ul>	y-rich environn meaning makin – observation, j ing poem chart res and encour intentional res	Activity 16 Odd One out Let children identify a different letter from the given set of letters, i.e, A A V A (Goal 3) Activity 47 Painting with Brush (Goal 1)	Activity 17 What does this Face say (Goal 2)
	Create a literacy and numeracy-rich environment that will help children towards 'print awareness and meaning making' as well as develop many cognitive skills /concepts like— observation, patterns, numeral recognitio etc. Display sight words, rhyming poem chart, number calendar, letters with their corresponding pictures and encourage children to explore the classroom environment. Do an intentional reading of sight words as a fun activity.	Activity 2 Listen and Tell (Goal 3) Activity 51 Joining Dots and colouring the Picture (Goal 1)	Mealtime (30 min) Activity 15 A Listen to W Rhyming th words (Goal 2)
	Create a literactowards 'print's cognitive skills etc. Display sigwith their correctassroom enviactivity.	Activity 33 Greater, Lesser and Equal to (Goal 3) Activity 10 Festival Celebration (Goal 1)	Activity 8A Show and Tell (Goal 2)
		tivity)  ne Motor Skill  ty)	Talking and Listening
		Foundational Numeracy, Environmental Awareness and Scientific Thinking (Teacher-initiated activity)  Creative Art and Fine Motor Skil Development (Child-initiated activity)	Language Development and Foundational Literacy (Teacher-initiated large group activity)

	Reading with Comprehension	Activity 1B (variation) Reading the food wrappers: (Goal 2)	Activity 11A (variation) Name Cards Goal 2)	Activity 11(variation) World of labels (Goal 2)	Activity 1A Pretend Reading (exploring books and read from left to right) (Goal 2)	Activity18 Picture Dictionaries (Goal 2)
	Writing with Purpose	Activity 32 Shared Writing (Goal 2)	Activity 2 Free Hand Drawing (Goal 2)	Activity 37 Creating and labelling (Goal 2)	Activity 32 Shared writing (Goal 2)	Activity 34 Making Books (Goal 2)
	Modelled Writing:	led Writing: Make this a habit to draw children's attention whenever you are writing for	oit to draw child	lren's attention	whenever you a	are writing for
	some purpose. (Let the teacher write in front of the children and let them see what the writing process is like	rite in front of tl	he children and	let them see wh	nat the writing t	process is like
	making lists in front of children, writing descriptions of children's drawings, making name	ont of children, v	vriting descripti	ions of children	s drawings, ma	king name
	cards for children something)	for children in front of them and drawing children's attention whenever she is writing hing)	ı and drawing c	hildren's attenti	on whenever sh	ne is writing
Outdoor Free Play	Free play on outdoor play equipment (child-initiated) and organised game (teacher-initiated)	oor play equipm	ent (child-initia	ted) and organis	sed game (teach	ner-initiated)
and organised	(If no outdoor space is available, then indoor play and activities involving large muscle	ce is available, t	hen indoor play	and activities i	nvolving large r	nuscle
(Teacher-guided and child-initiated large	movements and music and movement activities like Yoga, Dance, Songs, etc., can be organised).	nusic and mover	nent activities l	ike Yoga, Dance	, Songs, etc., ca	an be
group activity)						
Story time	Storytelling must be a daily activity.	be a daily activi	ty.			
	Use hand puppets/stick puppets to tell the story. Encourage children to repeat the story using the puppets. A set of exemplar stories are given in <b>Annexure VII.</b>	and puppets/stick puppets to tell the story. Encourage children to the puppets. A set of exemplar stories are given in <b>Annexure VII.</b>	to tell the story lar stories are g	. Encourage chi given in <b>Annexu</b>	ldren to repeat ire VII.	the story
Goodbye circle	<ul> <li>Have a quick r</li> </ul>	Have a quick recap of the activities that were done on that day.	ities that were o	lone on that da	у.	
	• Encourage children to talk a: parents and family members	Encourage children to talk and share about all that they have done that day with their parents and family members	l share about al	l that they have	done that day	with their
	<ul> <li>Bid a joyful far</li> </ul>	a joyful farewell so they look forward to the next day as well!	ok forward to th	e next day as w	ell!	
Review and Reflect	<ul> <li>Collect and reflect or strategies (observatic anecdotal notes, etc)</li> </ul>	Collect and reflect on the assessment data that you have collected through various strategies (observation, checklists, worksheets done by the children, video/audio clippings, anecdotal notes, etc).	ssment data tha sts, worksheets	t you have colle done by the ch	cted through vaildren, video/au	arious udio clippings,
	<ul> <li>Plan and modinext week.</li> </ul>	Plan and modify your pedagogical practices for individual needs accordingly for the next week.	cal practices fo	r individual nee	ds accordingly f	for the
	Reflect assessr	Reflect assessment of achievement in all three developmental goals of learning	nent in all three	developmental	goals of learnin	<u>s</u>

	Always									
nes achieved	Sometimes									
Learning Outcomes achieved	Rarely									
		• Adjusts to school routine	• Comes to school happily	• Greet teachers and friends	• Participates in group activities	• Follows simple instructions	Shows curiosity     in immediate     surroundings	• Enjoys clay or dough Moulding	• Matches objects with one attribute	<ul> <li>Identifies objects using senses</li> </ul>
Learning Outcomes	Accomplished	(FO) details, lefel to Annexure V on assessment for the	first month)							

Dlow Sections	Monday	Week 4 Schedule	Wodnosdow	Thursdom	Dei dos	Coturdou
riay pessions	Monday	ı ucsuay	wednesday	ınırsaay	rinay	Sacuruay
Meet and Greet	Welcome Child	en • Warm-up a	Welcome Children • Warm-up activities (Clapping, jumping, fly like a bird,	ig, jumping, fly	like a bird,	
Teacher-initiated morning group	laugh wholehed	urtedly) • Health	laugh wholeheartedly) • Health and hygiene Check-up • School Prayer	heck-up• Scho	ool Prayer	
	Activity 25(Goa	l 1): let children	Activity 25(Goal 1): let children go to their classrooms doing Kadamtal and	rooms doing Ka	ıdamtal and	Re
	chanting 'ek-do-ek do'.	o-ek do'.				ca
Circle Time	Free Conversat	ion (Talking time	Free Conversation (Talking time for children): This is the time where children	is is the time	where children	pit
Teacher and child-initiated morning	will express the	ir ideas and fee	will express their ideas and feelings on their own. Let children narrate any	vn. Let childre	n narrate any	ula
group activity)	incident or ever	nt of interest tha	incident or event of interest that occurred on that day that they would	hat day that th	ley would	ati
	like to share wi	th others. Make	like to share with others. Make this a daily activity as it helps children	ivity as it helps	s children	on
	to release their	pent-up emotio	to release their pent-up emotions and an opportunity for self or oral	rtunity for <b>self</b>	or oral	l
	expression an	expression and vocabulary development.	evelopment.			

	During this cir	During this circle time teacher may also do a calendar and weather-related	may also do a	calendar and w	eather-related
	(See activity-2 a follow-up of f	activity. (See activity-2 "Rhyme: Sing any action 'rhyme". You may do this activity as a follow-up of free conversation with children).	ıy action  rhyme ı with children).	:". You may do t	his activity as
Free Indoor Play (Child-initiated small aroup activity	Free indoor play in activity areas:	ay in activity	<ul> <li>Let children choc their own choice</li> </ul>	Let children choose the activity areas of their own choice	vity areas of
	<ul><li>Block Building area</li><li>Math/manipulative</li></ul>	Block Building area Math/manipulative area	<ul> <li>Keep develo and materia</li> </ul>	Keep developmentally appropriate toys and materials to create DIY in these areas	opriate toys in these areas
	<ul><li>Discovery or</li><li>Dolls area</li></ul>	Discovery or science area Dolls area	<ul> <li>Observe, guic and learning</li> </ul>	Observe, guide and assess children's play and learning	children's play
	Reading are library	Reading area/classroom library	<ul> <li>Allow at least daily a play time for explora other play materials</li> </ul>	Allow at least daily 30 minutes of free play time for exploration with toys and other play materials	utes of free th toys and
	<ul><li>Mriting area</li><li>Toy and DIY area</li></ul>	a 7 area	• This will eni vocabulary e skills, shari and so on.	This will enhance conversational skills, vocabulary development, math process skills, sharing, eye-hand coordination and so on.	tional skills, ath process ordination
			• Keep developmentall, in the reading area o that children will devand love for books.	Keep developmentally appropriate books in the reading area or classroom library so that children will develop <b>bonding with</b> and love for books.	opriate books room library so <b>onding with</b>
			• Watch and doing prete books and	Watch and observe how children are doing <b>pretend reading as they explore</b> <b>books and move towards reading</b>	ldren are they explore reading
	Create a litera towards print cognitive skills etc. Display sig	Create a literacy and numeracy-rich environment that will help children towards print awareness and meaning-making as well as develop many cognitive skills /concepts like- observation, patterns, numeral recognition, etc. Display sight words, rhyming poem chart, number calendar, letters with	acy-rich enviror meaning-maki observation, p	ing as well as patterns, numer number calend	help children develop many al recognition, lar, letters with
	their correspon	their corresponding pictures and encourage children to explore the classroom environment. Do an intentional reading of sight words as a fun activity.	nd encourage ch ul reading of sigl	ildren to explore ht words as a fu	e the classroom in activity.
Foundational Numeracy,	Activity 9B	Activity 13	Activity 4	Activity 3	Activity 18
	Touch and	Half	Smell	Sound	Compare
(hinnen nemmelale)	numbers (Goal 3)	(00at 0)	(doar 5)	Goal 3)	(Goal 3)

Creative Art and Fine Motor Skill  Development (Child-initiated activity) (Goal 1)  Language  Activity 6A  Language
Guess the letter and tell the sound (Goal 2)
Comprehension Name Cards (Goal 2)
Writing with Activity 33 Purpose Making Lists (Goal 2)
Modelled Writing (Let the teacher write in front of the children and let them see what the writing process is like making lists in front of children, writing description of children's drawings, making name cards for children in front of them and drawing children's attention whenever she is writing something)
Free play on outdoor play equipment (child-initiated) and organised game (teacher-initiated) (If no outdoor space is available, then indoor play and activities involving large muscle movements and music and movement activities like Yoga, Dance, Songs, etc. can be organised). Activities: 17 and 18-"Walking in different ways" "I can Jump and hop" (Goal-1) Activities 20,23,24, and 29(Goal 1) Plan these activities with different sizes of balls.
Story telling must be a daily activity. Encourage children to repeat or tell a new story. A set of exemplar stories are given in <b>Annexure VII</b> . Do dramatisation on the story and let children speak small dialogues and enact the story.

Goodbye circle	•	Do a quick recap of the	Do a quick recap of the activities that were done on that day.	ne on that day.		
•	•	Encourage children to talk ar parents and family members.	Encourage children to talk and share about all that they have done that day with their parents and family members.	l that they have done th	ıat day with their	
	•	Bid a joyful farewell so	Bid a joyful farewell so that they look forward to the next day as well!	to the next day as well!		
	•	Plan a visit to the garde	Plan a visit to the garden next week and plan your activities accordingly	our activities according	sly.	
	•	Plan to organise a sma	Plan to organise a small book fair on the school premises and invite parents.	ol premises and invite pa	arents.	
Review and Reflect	•	Collect and reflect on the assess strategies (observation, checklis clippings, anecdotal notes, etc).	Collect and reflect on the assessment data that you have collected through various strategies (observation, checklists, worksheets done by the children, video and audio clippings, anecdotal notes, etc).	t you have collected thr done by the children, v	ough various ideo and audio	
	•	Plan and modify your p next week.	Plan and modify your pedagogical practices for individual needs accordingly for the next week.	individual needs accor	dingly for the	
	•	Reflect assessment of a	ssessment of achievement in all three developmental goals of learning	developmental goals of	learning	
Learning			Learning Outcomes Achieved	nes Achieved		
Outcomes Accomplished (For details refer		Learning Outcomes Accomplished	Rarely	Sometimes	Always	
to Annexure V on assessment for the	•	Adjusts to school routine				
first month)	•	Comes to school happily				
	•	Greets teachers and friends				
	•	Participates in group activities				
	•	Follows simple instructions				
	•	Shows curiosity in immediate surroundings				
	•	Enjoys clay dough moulding				
	•	Matches objects with one attribute				

<ul> <li>Identifies objects using senses</li> </ul>	• Enjoys singing rhymes	• Matches, identifies,	names and sort primary colours	• Speaks clearly in complete sentences	<ul> <li>Holds pencil properly</li> </ul>

	Λ	Week 5 Schedule	e			
Play Sessions	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Meet and Greet	Welcome Childr	en • Warm-up a	Welcome Children • Warm-up activities (Clapping, jumping, fly like a bird,	ig, jumping, fly	like a bird,	
(Teacher-initiated morning group	laugh wholehed	ırtedly) • Health	laugh wholeheartedly) • Health and hygiene Check-up • School Prayer	$heck-up \cdot School$	ol Prayer	
activity)	Activity 25(Goa	l 1): let children	Activity 25(Goal 1): let children go to their classrooms doing Kadamtal and	rooms doing Ka	damtal and	
	chanting 'ek-do-ek do'.	o-ek do'.				
Circle Time	Free Conversat	ion (Talking time	Free Conversation (Talking time for children): This is the time when children	is is the time w	vhen children	
(Teacher and child-initiated morning	will express the	ir ideas and fee	will express their ideas and feelings on their own. Let children narrate any	vn. Let children	narrate any	
group activity)	incident or ever	nt of interest tha	incident or event of interest that occurred on that day that they would	hat day that the	ey would	
	like to share wi	th others. Make	like to share with others. Make this a daily activity as it helps children	ivity as it helps	children	
	to release their	pent-up emotio	to release their pent-up emotions and an opportunity for self or oral	rtunity for self	or oral	Re
	expression and	expression and vocabulary development.	evelopment.			eca
	During this cire	de time teacher	During this circle time teacher may also do a calendar and weather-related	alendar and we	ather-related	ıpi
	activity.					tu
	(Activity 14(Goc	ıl 2)Sharing Exp	(Activity 14(Goal 2)Sharing Experiences This activity also provides clues	tivity also provic	des clues	lat
	to children to ta	lk, express and	to children to talk, express and share their ideas with others. Plan to take	s with others. H	Plan to take	io
	children for an	excursion or a v	children for an excursion or a visit someday and ask them to share their	d ask them to sl	hare their	n
	experiences the next day.	next day.				
Free Indoor Play	Free indoor play in activity	y in activity	<ul> <li>Let children</li> </ul>	Let children choose the activity areas of	ity areas of	
(Child-initiated small group activity	areas:		their own choice	oice		
preferably in designated activity	Block Building area	ng area	<ul> <li>Keep develop</li> </ul>	Keep developmentally appropriate toys	priate toys	
areas)	Math's/manipulatives'	ipulatives'	and material	and materials to create DIY in these areas	in these areas	
	area		<ul> <li>Observe, gui</li> </ul>	Observe, guide and assess children's play	children's play	
	• Discovery or	Discovery or science area	and learning		)	

	<ul> <li>Dolls area</li> <li>Reading area/classroom library</li> <li>Art area</li> <li>Writing area</li> <li>Toy and DIY area In this week, replace the toys, books, Blocks and manipulatives in each of the activity areas and provide them with new materials</li> </ul>	Bolls area Reading area/classroom library Art area Writing area Toy and DIY area this week, replace the 's, books, Blocks and unipulatives in each of the ivity areas and provide in with new materials	<ul> <li>Allow at least daily 3 play time for explorate other play materials</li> <li>This will enhance convocabulary developm skills, sharing, eye-hand so on.</li> <li>Keep developmentally in reading area or clothat children will developmentally and love for books.</li> <li>Watch and observe hare or character and love for books.</li> <li>Watch and observe hare and move towards and move towards</li> </ul>	Allow at least daily 30 minutes of free play time for exploration with toys and other play materials This will enhance conversational skills, vocabulary development, math process skills, sharing, eye-hand coordination and so on.  Keep developmentally appropriate books in reading area or classroom library so that children will develop bonding with and love for books.  Watch and observe how children are doing pretend reading as they explore books and move towards reading	ttes of free th toys and ional skills, ath process ordination priate books thibrary so anding with Idren are doing explore books
	Create a literactowards 'Print a cognitive skills etc. Have a displetters with the the classroom of the activity.	Create a literacy and numeracy-rich environment that will help children towards 'Print awareness and meaning-making' as well as develop many cognitive skills /concepts like- observation, patterns, numeral recognition, etc. Have a display of sight words, rhyming poem chart, number calendar, letters with their corresponding pictures" and encourage children to explore the classroom environment. Do an intentional reading of sight words as a fun activity.	r-rich environm neaning-making observation, pa ds, rhyming po g pictures" and an intentional	ent that will he g' as well as dev tterns, numera em chart, numl encourage child reading of sigh.	lp children relop many 1 recognition, oer calendar, iren to explore t words as a
Foundational Numeracy, Environmental Awareness and Scientific Thinking (Teacher initiated activity)	Activity 9 B Textured Numbers (variation) (Goal 3)	Activity 10 Follow The Pattern (Goal 3)	Activity 12A Touch and Count (Goal 3)	Activity 7 Smell and Tell (Goal 3)	Activity 11, and 11 A Think Box (Goal 3)
Creative Art and Fine Motor Skill Development (child-initiated activity)	Activity 33 Tracing in the sand (Goal 1)	Activity 10 B singing songs on festivals and creating your own (Goal 1)	Activity 7A Let us enact: Dumb Charade (Goal 1)	Activity 7A Let us enact: Dumb Charade (Goal 1) (do it with the remaining	Activity -10 C Decorating the classroom for festivals (Goal 1)

			Recapi	tulation			
	Activity 5A Rhyming riddles (Goal 2)	Activity 18 Picture Dictionaries (Goal 2)	Activity 6D Join the dots (Goal 1)	process is like cing name he is writing	ner-initiated) scle movements d).	story. A set of	with their
	Activity 1 C Talking Board (Goal 2)	Activity 11 C My first word Box (Goal 2)	Activity 6C draw a garden (Goal 1)	Vriting wher write in front of the children and let them see what the writing process is is in front of children, writing description of children's drawings, making name hildren in front of them and drawing children's attention whenever she is writing	ised game (teach volving large mus can be organise	at or tell a new	Have a quick recap of the activities that were done on that day.  Encourage children to talk and share about all that they have done that day with their parents and family members.  Bid a joyful farewell so they look forward to the next day as well!
in)	Activity 3 Songs or rhymes and poems (Goal 2)	Activity 11 B Organisation of Book Fair (Goal 2)	Activity 11 B Organisation of Book fair (Goal 2)	d let them see w tion of children' children's atten	ated) and organ: and activities im nce, Songs, etc.	children to repe	done on that de ull that they hav ne next day as v
Mealtime (30 min)	Activity 15 Listen to Rhyming words (Goal 2)	Activity 11 A Name cards (Goal 2)	Activity 38 Make a Greeting Card (Goal 2) (complete the previous day activity)	the children and writing descript n and drawing (	nent (child-initii hen indoor play o es like Yoga, Da	ity. Encourage nexure VII.	Have a quick recap of the activities that were done on that day. Encourage children to talk and share about all that they have do parents and family members.  Bid a joyful farewell so they look forward to the next day as well!
2	Activity 7C Talk about community helpers (Goal 1)	Activity 18 Picture Dictionaries (Goal 2)	Activity 38 Make a Greeting Card (Goal 2)	vrite in front of t ont of children, 1 in front of ther	loor play equipn ce is available, tl ovement activiti	be a daily activare given in <b>An</b>	quick recap of the activage children to talk an and family members.
	Talking and Listening	Reading with Comprehension	Writing with Purpose	Modelled Writing  (Let the teacher write in front of the children and let them see what the writing process is like making lists in front of children, writing description of children's drawings, making name cards for children in front of them and drawing children's attention whenever she is writing something)	Free play on outdoor play equipment (child-initiated) and organised game (teacher-initiated) (If no outdoor space is available, then indoor play and activities involving large muscle movements and music and movement activities like Yoga, Dance, Songs, etc. can be organised).	Storytelling must be a daily activity. Encourage children to repeat or tell a new story. A set of exemplar stories are given in <b>Annexure VII.</b>	<ul><li>Have a quick I</li><li>Encourage chi</li><li>parents and fa</li><li>Bid a joyful fa</li></ul>
	Language Development and Foundational Literacy (Teacher-initiated large group activity)				Outdoor Free Play and organised (Teacher-guided and child-initiated large group activity)	Story time	Goodbye circle

						1	,					,						
ırough various video/audio clippings,	ordingly for the	if learning		Always														
ıt you have collected th done by the children,	r individual needs acco	developmental goals o	nes achieved	Sometimes														
Collect and reflect on the assessment data that you have collected through various strategies (observation, checklists, worksheets done by the children, video/audio clippings, anecdotal notes, etc).	Plan and modify your pedagogical practices for individual needs accordingly for the next week.	Reflect assessment of achievement in all three developmental goals of learning	Learning Outcomes achieved	Rarely														
Collect and reflect on the strategies (observation, anecdotal notes, etc).	Plan and modify your property next week.	Reflect assessment of a		Learning Outcomes Accomplished	Enjoys singing rhymes/songs	Follows healthy food habits	Follows healthy hygienic habits	Demonstrates independence	in carrying	responsibilities and activities	Solves complex mazes with 2 to 4 barriers	Compares length of different objects	Observes/explores simple natural	phenomena with guidance	Sorts objects based	on more than one	attribute (snape/ colour/size)	Identifies rhyming words
Review and Reflect	•	•	Learning	Outcomes Accomplished	(For details, refer to Annexure V on	second month)	•				•	•			•			•

	Saturday			Recapitulation
	Friday		then children narrate any sy would children or oral ather-related	ity areas of  priate toys in these areas thildren's play tes of free toys and onal skills, ith process ridination priate books oom library so ading with dren are they explore reading.
	Thursday	ng, jumping, fly . heck-up • Schoo:rooms doing Ka	his is the time w wn. Let children that day that the tivity as it helps ortunity for <b>self</b> calendar and we responsibilities. with children).	Let children choose the activity areas of their own choice  Keep developmentally appropriate toys and materials to create DIY in these areas Observe, guide and assess children's play and learning  Allow at least daily 30 minutes of free play time for exploration with toys and other play materials  This will enhance conversational skills, vocabulary development, math process skills, sharing, eye-hand coordination and so on.  Keep developmentally appropriate books in the reading area or classroom library so that children will develop bonding with and love for books.  Watch and observe how children are doing pretend reading as they explore books and move towards reading.
16	Wednesday	activities (Clappii h and hygiene C go to their class	e for children): Tielings on their or at occurred on te this a daily act ons and an oppo evelopment.  The may also do a classroom simple ree conversation	<ul> <li>Let children choose their own choice</li> <li>Keep developmentall and materials to creading learning</li> <li>Allow at least daily 3 play time for exploration other play materials</li> <li>This will enhance convocabulary developmentalls, sharing, eye-hand so on.</li> <li>Keep developmentall in the reading area of that children will development of the cooks and nove tone tone</li> </ul>
Week 6 Schedule	Tuesday	Welcome Children • Warm-up activities (Clapping, jumping, fly like a bird, laugh wholeheartedly) • Health and hygiene Check-up • School Prayer Activity 25(Goal-1): let children go to their classrooms doing Kadamtal and chanting 'ek-do-ek do'.	Free Conversation (Talking time for children): This is the time when children will express their ideas and feelings on their own. Let children narrate any incident or event of interest that occurred on that day that they would like to share with others. Make this a daily activity as it helps children to release their pent-up emotions and an opportunity for self or oral expression and vocabulary development.  During this circle time teacher may also do a calendar and weather-related activity.  Activity 5(Goal 1): Talk about classroom simple responsibilities. You may do this activity as a follow-up of free conversation with children).	te indoor play in activity tas: Block Building area Math's/manipulatives' area Discovery or science area Dolls area Reading area/classroom library Art area Writing area (encourage the children to read the labels of each activity area with the help of the associated picture)
	Monday	Welcome Children • Wa laugh wholeheartedly) Activity 25(Goal-1): let c	Free Conversa will express th incident or eve like to share w to release their expression an During this cir activity.  Activity 5(Goal this activity as	Free indoor play in activity areas:  Block Building area  Math's/manipulatives' area  Discovery or science aree  Dolls area  Reading area/classroom library  Art area  Writing area  Toy and DIY area  (encourage the children to read the labels of each activity area with the he of the associated picture
	Plav Sessions	<b>Meet and Greet</b> (Teacher-initiated morning group activity)	<b>Circle Time</b> (Teacher and child-initiated morning group activity)	Free Indoor Play (Child-initiated small group activity preferably in designated activity areas)

	Create a literatowards Print cognitive skills etc. Have a distletters with the the classroom fun activity.	Create a literacy and numeracy-rich environment that will help children towards Print awareness and meaning making' as well as develop many cognitive skills /concepts like- observation, patterns, numeral recognition, etc. Have a display of sight words, rhyming poem chart, number calendar, letters with their corresponding pictures and encourage children to explore the classroom environment. Do an intentional reading of sight words as a fun activity.	y-rich environm neaning making observation, pa rds, rhyming po g pictures and e o an intentional	ent that will he g' as well as dev ttterns, numera em chart, numl encourage child reading of sigh	lp children relop many 1 recognition, ber calendar, ren to explore t words as a
Foundational Numeracy, Environmental Awareness and	Activity 12A Touch and	Activity 12B Clap and	Activity 9 B Textured	Activity 12 A Sequence	Activity 18 Let us
(Teacher-initiated activity)	Goal 3)	Goal 3)	(variation) (Goal 3)	carus for washing hands (Goal 1)	(Goal 3)
Creative Art and Fine Motor Skill	Activity 6D	Plan Activity		Activity 2	Activity -41
Development (Child-initiated activity)	Join the dots	for DIY	DIY activity of	Singing	Kangoli for
(hinanea acinal)	(G0al 1)	cut big	previous day of creating	action song and Dramait-	Goal 1)
		pictures	jigsaw puzzle	isation (Cool 1)	
		magazines/	(rou may ask children	(Goal 1)	
		books and let	to search for		
		them paste	big pictures		
		the pictures	in the		
		on thick	magazines/		
		cardboard/	newspaper		
		any old	on the first		
		register	day. Once		
		paper. Then	done with		
		show them	collections,		
		to cut zig-	ask them		
		zag lines on	to paste the		
		this pasted	picture and		
		picture. Your	create their		
		own DIY	own puzzle).		
		Jigsaw puzzle	(Goal 1, 2		
		is ready to	and 3)		
		piay witti			

Recapitulation			Rec	apitulatio	n			
		Activity 10 Word Blend (Goal 2)	Activity 18 Picture Dictionaries (Goal 2)	Activity 33 Making Lists (Goal 2)	process is like aking name she is writing	ther-initiated) scle movements ed).		
		Activity 20 B Antakshari (Goal 2)	Activity 21 Word Hunt (Goal 2)	Free-hand Drawing	what the writing n's drawings, m tion whenever s	iised game (teac volving large mu can be organis		
	in)	Activity 11A Name Cards (Goal 2)	Activity 16 What Happened After That (Goal 2)	Activity 35 Weather Chart (Goal 2)	d let them see w tions of children children's atten	ated) and organ ind activities im nce, Songs, etc.		
Similarly, involve children in creating other DIY toys using waste/ no-cost materials (Goal 1, 2 and 3)	Mealtime (30 min)	Activity 15 Listen to Rhyming words (Goal 2)	Activity 1 Picture reading on festivals (Goal 1)	Activity 34 making Books (Goal 2)	the children and writing descrip n and drawing	nent (child-initi nen indoor play c es like Yoga, Da al 1)		
	Z	Activity 8 A Show and Tell (Goal 2)	Activity 10 D Picture reading on festivals (Goal 1)	Activity 34 making Books (Goal 2)	rrite in front of tl ont of children, v in front of them	oor play equipm se is available, th ovement activitie 8,29 and 31(Goa		
		Talking and Listening	Reading with Comprehension	Writing with Purpose	Modelled Writing  (Let the teacher write in front of the children and let them see what the writing process is like making lists in front of children, writing descriptions of children's drawings, making name cards for children in front of them and drawing children's attention whenever she is writing something)			
		Language Development and Foundational Literacy (Teacher-initiated large group activity)				Outdoor Free Play and organised (Teacher-guided and child-initiated large group activity)		

Story time	Storytelling must be a daily activity. Encourage children to repeat or tell a new story. A set of exemplar stories is given in <b>Annexure VII.</b>	eat or tell a new story. A set of
Goodbye circle	Have a quick recap of the activities that were done on that day.	lay.
	Encourage children to talk and share about all that they have done that day with their parents and family members	we done that day with their
	Bid a joyful farewell so they look forward to the next day as well!	well!
Review and Reflect	• Collect and reflect on the assessment data that you have collected through various strategies (observation, checklists, worksheets done by the children, video/audio clippings, anecdotal notes, etc).	llected through various children, video/audio
	Plan and modify your pedagogical practices for individual needs accordingly for the next week.	eeds accordingly for the
	• Reflect assessment of achievement in all three developmental goals of learning	al goals of learning
Learning	Learning Outcomes achieved	
Outcomes	Rarely Sometimes	nes Always
(For details, refer to Annexure V on	Maintains proper health and hygiene	
assessment for the second month)	Follows healthy food habits	
	Involves self in dance and drama	
	Enjoys singing rhymes/songs	
	Does simple origami     or paper folding	
	Crumples and pastes	
	Follows healthy     hygienic habits	
	Expresses social     relationship with     others	
	Express feelings     appropriate to the situation	

	like a bird, I Prauer	ng, jumping, fly	Welcome Children • Warm-up activities (Clapping, jumping, fly like a bird, land) wholeheartedlu) • Health and hugiene Check-up • School Prayer	tren • Warm-up o ortediu) • Healt	Welcome Chilo	Meet and Greet (Teacher-initiated morning group
Saturday	Friday	Thursday	Wednesday	Tuesday	Monday	Play Sessions
			ıle	Week 7 Schedule		
					loo	Uses writing tool appropriately
					nning ds of .s	Identifies beginning and end sounds of common words
					spu	Identifies, blends and segments syllables
					retells isual nces	Describes and retells any event or visual in short sentences

	Saturday	Recapitulation
	Friday	like a bird, ol Prayer idamtal and when children n narrate any ey would s children or oral eather-related opriate toys in these areas children's play
	Thursday	ities (Clapping, jumping, fly like a bird, d hygiene Check-up • School Prayer to their classrooms doing Kadamtal and rchildren): This is the time when children so not their own. Let children narrate any ccurred on that day that they would is a daily activity as it helps children and an opportunity for self or oral and an opportunity for self or oral lopment.  I phanent.  I phanent.  I pet children choose the activity areas of their own choice  Keep developmentally appropriate toys and materials to create DIY in these areas Observe, guide and assess children's play and learning
ıle	Wednesday	Welcome Children • Warm-up activities (Clapping, jumping, fly like a bird, laugh wholeheartedly) • Health and hygiene Check-up • School Prayer Activity 25(Goal-1): let children go to their classrooms doing Kadamtal and chanting 'ek-do-ek do'.  Free Conversation (Talking time for children): This is the time when children will express their ideas and feelings on their own. Let children narrate any incident or event of interest that occurred on that day that they would like to share with others. Make this a daily activity as it helps children to release their pent-up emotions and an opportunity for self or oral expression and vocabulary development.  During this circle time teacher may also do a calendar and weather-related activity.  Activity 21(Goal 1) as a part of warm-up.  Free indoor play in activity  • Let children choose the activity areas of their own choice  • Block Building area  • Math/manipulative area  • Observe, guide and assess children's play and learning
Week 7 Schedule	Tuesday	Welcome Children • Warm-up activities (Clay laugh wholeheartedly) • Health and hygiene Activity 25(Goal-1): let children go to their cle chanting 'ek-do-ek do'.  Free Conversation (Talking time for children) will express their ideas and feelings on thei incident or event of interest that occurred o like to share with others. Make this a daily to release their pent-up emotions and an op expression and vocabulary development.  During this circle time teacher may also do activity.  Activity 21(Goal 1) as a part of warm-up.  Free indoor play in activity areas:  Block Building area  Block Building area  Math/manipulative area  Math/manipulative area  Discovery or science area  Observe,  Dolls area
	Monday	Welcome Children • Warm-laugh wholeheartedly) • Helaugh wholeheartedly) • Helactivity 25(Goal-1): let child chanting 'ek-do-ek do'.  Free Conversation (Talking will express their ideas and incident or event of interest like to share with others. More release their pent-up emexpression and vocabular. During this circle time teacactivity.  Free indoor play in activity areas:  • Block Building area  • Math/manipulative area  • Discovery or science area
	Play Sessions	Meet and Greet (Teacher-initiated morning group activity)  Circle Time (Teacher and child-initiated morning group activity)  Free Indoor Play (Child-initiated small group activity preferably in designated activity areas)

Recapitulation			
ninutes of free ys and other tional skills, ath process ordination opriate books room library so onding with ildren are they explore reading slp children velop many al recognition, ber calendar, tren to explore it words as a	Activity 11, and 11 B Think Box (Goal 3) Activity 35 Clay or Play Dough Moulding (Goal 1)		Activity 6 Guess the Mystery object (Goal 2)
<ul> <li>Reading area/classroom</li> <li>Art area</li> <li>Writing area</li> <li>Provide sand and water play inside the classroom or outdoors</li> <li>Outdoors</li> <li>Create a literacy and numeracy-rich here classroom towards Print awareness and meaning making, as well as develop many cognitive skills / concepts like-observation, patterns, number calendar, letters with their corresponding pictures and encivity.</li> <li>Art area play for exploration with toys and other play materials</li> <li>This will enhance conversational skills, vocabulary development, math process skills, vocabulary developmentally appropriate books in the reading area or classroom library so that children will develop bonding with and observe how children are doing pretend reading as they explore books and meaning making as well as develop many cognitive skills / concepts like-observation, patterns, number calendar, letters with their corresponding pictures and encourage children to explore the classroom environment. Do an intentional reading of sight words as a fun activity.</li> </ul>	Activity 39 Let's know about fruits (Goal 3) Activity 31 Dancing (Goal 1)		Activity 20 Identifying Objects with the Beginning Sound (Goal 2)
<ul> <li>Allow at least for dail play for exploration of play materials</li> <li>This will enhance convocabulary developmentally skills, sharing, eye-hand so on.</li> <li>Keep developmentally in the reading area of that children will developmentally and love for books.</li> <li>Watch and observe hand observe hand on pretend readil books and move to cy-rich environment that meaning making as well meaning making as well observation, patterns, it ords, rhyming poem charang pictures and encourage of an intentional reading</li> </ul>	Activity 12A Touch and Count (Goal 3) Activity 21 dance, Yoga and exercise (Goal 1)	nin)	Activity 3 Songs/ rhymes and poems (Goal 2)
Reading area/classroom library Art area Writing area Toy and DIY area Provide sand and water play inside the classroom or outdoors or outdoors ate a literacy and numera wards 'Print awareness and gnitive skills / concepts like ters with their correspondius classroom environment. Diactivity.	Activity 10 A Follow The Pattern (Goal 3) Activity 22 sand and or water play (Goal 1)	Mealtime (30 min)	Activity 15 Listen to Rhyming words (Goal 2)
Reading area/clalibrary     Art area     Writing area     Toy and DIY area     Provide sand and play inside the clastory or outdoors  Create a literacy and towards Print aware cognitive skills /conetc. Have a display of letters with their corthe classroom envirch and activity.	Activity 9 B Textured Numbers (variation) (Goal 3) Activity 33 Tracing in the sand (Goal 1)	ŭ .	Activity 8 Pick and Speak (Goal 2)
	racy, reness and ivity) ne Motor Skill ty)		Talking and Listening
	Foundational Numeracy, Environmental Awareness and Scientific Thinking (Teacher-initiated activity) Creative Art and Fine Motor Skill Development (Child-initiated activity)		Language Development and Foundational Literacy (Teacher-initiated large group activity)

	Reading with Comprehension	Activity 18 Picture Dictionaries (Goal 2)	Activity 1 Picture reading (Goal 2)	Activity 11 World of labels (Goal 2)	Activity 21 Word Hunt (Goal 2)	Activity 18 Picture Dictionaries (Goal 2)
	Writing with Purpose	Activity 33 Making Lists (Goal 2)		Activity 36 Matching the Dots and creating letters or Numbers (Goal 2)	Activity 35 Weather Chart (Goal 2)	Activity 32 Shared Writing (Goal 2)
	Modelled Writing (Let the teacher write in front of the children and let them see what the writing process is I making lists in front of children, writing descriptions of children's drawings, making name cards for children in front of them and drawing children's attention whenever she is writin something)	vrite in front of t ont of children, ı in front of then	he children and writing descrip n and drawing (	telled Writing the children and let them see what the writing process is like teacher write in front of the children and let them see what the writing process is like sing lists in front of children, writing descriptions of children's drawings, making name is for children in front of them and drawing children's attention whenever she is writing tething)	nat the writing j 's drawings, ma ion whenever sl	process is like king name he is writing
Outdoor Free Play and organised (Teacher-guided and child-initiated large group activity)	Free play on outdoor play equipment (child-initiated) and organised game (teacher-initiated) (If no outdoor space is available, then indoor play and activities involving large muscle movements and music and movement activities like Yoga, Dance, Songs, etc. can be organised). Activity 19(Goal 3): Jump, Skip and Turn( you may also do this under foundational numeracy session.	loor play equipm ce is available, th ovement activitie 3): Jump, Skip a	tent (child-initi: ten indoor play o se like Yoga, Da nd Turn( you m	ated) and organi und activities inv nce, Songs, etc. o ay also do this	sed game (teach biving large mus van be organise under foundatic	ner-initiated) cle movements d). onal numeracy
Story time	Story telling must be a daily activity. Encourage children to repeat or tell a new story. A set of exemplar stories is given in <b>Annexure VII.</b>	t be a daily activ is given in <b>Anne</b>	rity. Encourage: xure VII.	children to repe	at or tell a new	story. A set of
Goodbye circle	<ul><li>Have a quick 1</li><li>Encourage chi parents and fa</li><li>Bid a joyful fa</li></ul>	Have a quick recap of the activities that were done on that de Encourage children to talk and share about all that they hav parents and family members  Bid a joyful farewell so they look forward to next day as well!	ities that were a share about a share about a ok forward to n	Have a quick recap of the activities that were done on that day.  Encourage children to talk and share about all that they have done that day with their parents and family members  Bid a joyful farewell so they look forward to next day as well!	y. : done that day	with their
Review and Reflect	<ul> <li>Collect and rel strategies (obs clippings, ane</li> <li>Plan and modi next week.</li> <li>Reflect assessi</li> </ul>	Collect and reflect on the assess strategies (observation, checklis clippings, anecdotal notes, etc). Plan and modify your pedagogic next week.	ssment data thists, worksheet). ical practices forment in all threen	Collect and reflect on the assessment data that you have collected through various strategies (observation, checklists, worksheets done by the children, video/audio clippings, anecdotal notes, etc).  Plan and modify your pedagogical practices for individual needs accordingly for the next week.  Reflect assessment of achievement in all three developmental goals of learning	cted through vildren, video/ards accordingly:	arious udio for the

Learning
Outcomes (LOs)
achieved
(For details, refer
to Annexure V on
assessment for the
second month)

	Always											
nes Achieved	Sometimes											
Learning Outcomes Achieved	Rarely											
	ros	Follows healthy hygienic habits	Participates actively in group activities	Takes initiatives during activities	Enjoys singing rhymes/songs	Follows healthy hygienic habits	Explores social relationship with others	Observes/explores simple natural phenomena with guidance	Recognises and names shapes (circle, square, triangle, rectangle)	Solves complex mazes with 2 to 4 barriers	Follows rules of classroom behaviour and routine	Identifies rhyming words
		•	•	•	•	•	•	•	•	•	•	•
			<i>0</i> )									

			Saturday		]	Recapit	ulation				
			Friday	like a bird, ol Prayer damtal and	when children narrate any ey would children or oral	ou may do this	oity areas of priate toys in these areas children's play unutes of free is and other ional skills, ath process ordination				
			Thursday	ng, jumping, fly 'heck-up • Scho srooms doing Ka	his is the time v wn. Let childrer that day that th tivity as it helps ortunity for <b>self</b> calendar and w	calendar and wes ees and Toes". Yo h children).	Let children choose the activity areas of their own choice  Keep developmentally appropriate toys and materials to create DIY in these areas Observe, guide and assess children's play and learning  Allow at least for daily 30 minutes of free play for exploration with toys and other play materials  This will enhance conversational skills, vocabulary development, math process skills, sharing, eye-hand coordination and so on.				
		le	Wednesday	uctivities (Clappi h and hygiene C go to their class	e for children): Telings on their of at occurred on the this a daily acons and an oppose evelopment.	Shoulders, Kne onversation with	<ul> <li>Let children choct their own choice</li> <li>Keep developmen and materials to Observe, guide a and learning</li> <li>Allow at least for play for explorat play for explorat play materials</li> <li>This will enhanc vocabulary deve skills, sharing, e and so on.</li> </ul>				
		Week 8 Schedule	Tuesday	Welcome Children • Warm-up activities (Clapping, jumping, fly like a bird, laugh wholeheartedly) • Health and hygiene Check-up • School Prayer Activity 25(Goal-1): let children go to their classrooms doing Kadamtal and chanting 'ek-do-ek do'.	Free Conversation (Talking time for children): This is the time when children will express their ideas and feelings on their own. Let children narrate any incident or event of interest that occurred on that day that they would like to share with others. Make this a daily activity as it helps children to release their pent-up emotions and an opportunity for <b>self or oral expression and vocabulary development.</b> During this circle time teacher may also do a calendar and weather-related	During this circle time teacher may also do a calendar and weather-related activity. (See activity-2 "Rhyme: Heads, Shoulders, Knees and Toes". You may do this activity as a follow-up of free conversation with children).	ee indoor play in activity eas: Block Building area Math's/manipulatives' area Discovery or science area Dolls area Reading area/classroom library Art area Writing area Toy and DIY area				
sound- ociation	read		Monday	Welcome Children • Wa laugh wholeheartedly) Activity 25(Goal-1): let c chanting 'ek-do-ek do'.	Free Conversa will express th incident or eve like to share w to release thei expression ar During this cii	activity. (See activity-2 activity as a fo	Free indoor play in activity areas:  • Block Building area • Math's/manipulatives' area • Discovery or science are • Dolls area • Reading area/classroom library • Art area • Writing area				
Recognises sound- symbol association	Attempts to r words		ssions	rrning group	itiated morning		ft)				
			Play Sessions	<b>Meet and Greet</b> (Teacher-initiated morning group activity)	<b>Circle Time</b> (teacher and child-initiated morning group activity)		Free Indoor Play (child-initiated small group activity preferably in designated activity areas)				

	Recapitulat	tion			Recapitul	ation
opriate books sroom library so onding with ildren are they explore	elp children velop many al recognition, "Number recourage ional reading	Activity 25 Look what dissolve (Goal 3)	Activity 36 Stringing leaves and Flowers in a pattern (Goal 1)		Activity 6 A Guess the Mystery letter (Goal 2)	Activity 18 Picture Dictionaries (Goal 2)
Keep developmentally appropriate books in the reading area or classroom library so that children will develop bonding with and love for books.  Watch and observe how children are doing pretend reading as they explore books and move towards reading	Create a literacy and numeracy-rich environment that will help children towards Print awareness and meaning-making' as well as develop many cognitive skills /concepts like- observation, patterns, numeral recognition, etc. Have a display of "sight words", "Rhyming Poem Chart", "Number Calendar", "Letters with their corresponding pictures" and encourage children to explore the classroom environment. Do an intentional reading of sight words as a fun activity.	Activity 24 Bubble Blowing Activity 3 (Goal 3)	Activity 33 B Colouring within the letter shapes (Goal 1)		Activity 20 Identify objects with the initial sound (Goal 2)	Activity Pretend Reading (Goal 2)
<ul> <li>Keep developmentall, in the reading area of that children will devand love for books.</li> <li>Watch and observe hadoing pretend reading books and move too</li> </ul>	y-rich environn meaning-makir · observation, p ords", "Rhyming corresponding I om environmen	Activity 22 Can we take (Goal 3)	Activity 2 Singing Songs/ Rhymes (Goal 1)	in)	Activity 3 Songs/ rhymes and poems (Goal 2)	Activity 11 World of labels (Goal 2)
	Create a literacy and numeracy towards 'Print awareness and reognitive skills /concepts liketer. Have a display of "sight wo Calendar", "Letters with their children to explore the classroc of sight words as a fun activity.	Activity 26 Identify and Name the shapes (Goal 3)	Activity 33 A Tracing on the outline of letters (Goal 1)	Mealtime (30 min)	Activity 15 Listen to Rhyming words (Goal 2)	Activity 1 Picture reading (Goal 2)
	Create a literactowards 'Print cognitive skills etc. Have a dis Calendar", "Lei children to exp of sight words	Activity 27 Who is where? (Goal 3)	Activity 33 A Tracing on the outline of letters (Goal 1)	4	Activity 8 Pick and Speak (Goal 2)	Activity 18 Picture Dictionaries (Goal 2)
		racy, reness and ivity)	ne Motor Skill		Talking and Listening	Reading with Comprehension
		Foundational Numeracy, Environmental Awareness and Scientific Thinking (Teacher-initiated activity)	Creative Art and Fine Motor Skil Development (Child-initiated activity)		Language Development and Foundational Literacy (Teacher initiated large group activity)	

	Writing with Purpose	Activity 33 making Lists (Goal 2)	Free Hand Drawing	Activity 36 matching the Dots and creating letters or Numbers (Goal 2)	Activity 35 Weather Chart (Goal 2)	Activity 32 shared Writing (Goal 2)
	Modelled Writing (Let the teacher write in front of the children and let them see what the writing process is like making lists in front of children, writing descriptions of children's drawings, making name cards for children in front of them and drawing children's attention whenever she is writing something)	write in front of t in front of child: hildren in front g)	the children and ren, writing des of them and dra	l let them see w criptions of chil wing children's	hat the writing dren's drawings attention when	process is , making ever she is
Outdoor Free Play and organised (Teacher-guided and child-initiated large group activity)	Free play on outdoor play equipment (child-initiated) and organised game (teacher-initiated) (If no outdoor space is available, then indoor play and activities involving large muscle movements and music and movement activities like Yoga, Dance, Songs, etc. can be organised). Activities for Goal 1:16,17,18,19 and 20	play on outdoor play equipment (child-initiated) and organised game (teacher-initiated) outdoor space is available, then indoor play and activities involving large muscle movemen music and movement activities like Yoga, Dance, Songs, etc. can be organised). vities for Goal 1:16,17,18,19 and 20	nent (child-initii nen indoor play c es like Yoga, Da and 20	ated) and organ: md activities inv nce, Songs, etc.	ised game (teac) olving large mus can be organise	her-initiated) icle movements id).
Story time	Storytelling must be a daily activity. Encourage children to repeat or tell a new story. A set of exemplar stories is given in <b>Annexure VII.</b>	t be a daily activ ies is given in <b>An</b>	ity. Encourage inexure VII.	children to repo	eat or tell a new	story. A set
Goodbye circle	<ul><li>Have a quick</li><li>Encourage ch</li><li>parents and fa</li><li>Let children e</li><li>Bid a joyful fa</li></ul>	Have a quick recap of the activities that were done on that day.  Encourage children to talk and share about all that they have done that day with their parents and family members  Let children explore at home the fruits that can be peeled and can be eaten directly Bid a joyful farewell so they look forward to the next day as well!	vities that were d share about a he fruits that ca ok forward to th	done on that de Il that they hav an be peeled an	ay. e done that day d can be eaten o	with their directly
Review and Reflect	<ul> <li>Collect and restrategies (obscrippings, ane</li> <li>Plan and modnext week.</li> <li>Reflect assess</li> </ul>	Collect and reflect on the assessment data that you have collected through various strategies (observation, checklists, worksheets done by the children, video/audio clippings, anecdotal notes, etc).  Plan and modify your pedagogical practices for individual needs accordingly for the next week.  Reflect assessment of achievement in all three developmental goals of learning	ssment data thlists, worksheet?).  gical practices forment in all three	at you have colls done by the cl	ected through v hildren, video/a eds accordingly I goals of learnii	arious udio for the

# Learning Outcomes Accomplished

Learning Outcomes achieved  Rarely Sometimes	,											
ros	Maintains proper	health and hygiene	• Follows healthy food habits	• Follows healthy hygienic habits	Participates actively in group activities	Sorts objects based on more than one attribute (shape/ colour/size)	Identifies texture using tactile sense	• Identifies and solves problems	Comprehends short texts by listening	Describes and retells any event or visual in short sentences	• Expresses/answers creatively	Reads one's drawing and explains it using

	Saturday		Recapitulation
	Friday	ike a bird, I Prayer damtal and when children I narrate any ey would children or oral	ity areas of priate toys in these areas children's play inutes of free s and other conal skill, uth process rdination priate books com library so nding with dren are they explore
	Thursday	g, jumping, fly leck-up • School rooms doing Kanis is the time wwn. Let children hat day that the ivity as it helps ritunity for self ralendar and wees and Toes". Ye children).	Let children choose the activity areas of their own choice  Keep developmentally appropriate toys and materials to create DIY in these areas Observe, guide and assess children's play and learning  Allow at least for daily 30 minutes of free play for exploration with toys and other play materials  This will enhance conversational skill, vocabulary development, math process skills, sharing, eye-hand coordination and so on.  Keep developmentally appropriate books in the reading area or classroom library so that children will develop bonding with and love for books.  Watch and observe how children are doing pretend reading as they explore
le	Wednesday	ctivities (Clappin and hygiene CY go to their class: for children): The lings on their or at occurred on the this a daily act ins and an oppo evelopment. may also do a conversation with	<ul> <li>Let children choose the their own choice</li> <li>Keep developmentally and materials to created by the common and learning</li> <li>Allow at least for dain play for exploration uplay for exploration uplay materials</li> <li>This will enhance convocabulary developmentally, sharing, eye-hoand so on.</li> <li>Keep developmentally in the reading area of that children will developmentally in that children will developmentally and love for books.</li> <li>Watch and observe he doing pretend reading treading t</li></ul>
Week 9 Schedule	Tuesday	Welcome Children • Warm-up activities(Clapping, jumping, fly like a bird, laugh wholeheartedly) • Health and hygiene Check-up • School Prayer Activity 25(Goal 1): let children go to their classrooms doing Kadamtal and chanting 'ek-do-ek do.'  Free Conversation (Talking time for children): This is the time when children will express their ideas and feelings on their own. Let children narrate any incident or event of interest that occurred on that day that they would like to share with others. Make this a daily activity as it helps children to release their pent-up emotions and an opportunity for self or oral expression and vocabulary development.  During this circle time teacher may also do a calendar and weather-related activity.  (See activity. ** Rhyme: Heads, Shoulders, Knees and Toes". You may do this activity as a follow-up of free conversation with children).	e indoor play in activity as: Block Building area Math's/manipulatives' area Discovery or science area Dolls area Reading area/classroom library Art area Writing area Toy and DIY area
	Monday	Welcome Children • Wa laugh wholeheartedly) Activity 25(Goal 1): let chanting 'ek-do-ek do'.  Free Conversation (Talk will express their ideas incident or event of intelike to share with other to release their pent-up expression and vocabu During this circle time activity.  (See activity-2 "Rhyme: activity as a follow-up o	Free indoor play in activity areas:  Block Building area  Math's/manipulatives' area  Discovery or science are  Dolls area  Reading area/classroom library  Art area  Writing area  Toy and DIY area
	Play Sessions	Meet and Greet (Teacher-initiated morning group activity)  Circle Time (Teacher and child-initiated morning group activity)	Free Indoor Play (Child-initiated small group activity preferably in designated activity areas)

Re	ecapitulation				Recapitulatio	n
elp children velop many l recognition, "Number ncourage ional reading	Activity 18 Let us Compare (Goal 3)	Activity 49 A Cutting Big letters and Numbers (Goal 1)		Activity 6 A Guess the Mystery letter (Goal 2)	Activity 18 Picture Dictionaries (Goal 2)	Activity 32 Shared Writing (Goal 2)
lent that will hog' as well as de tterns, numera Poem Chart", nictures" and et t. Do an intent	Activity 30 Comparing Capacities of different Containers (Goal 3)	Activity 49 Cutting (Goal 1)		Activity 20 Identify objects with the initial sound (Goal 2)	Activity 19 Auditory discrimination (Goal 2)	Activity 35 Weather Chart (Goal 2)
y-rich environm meaning makin observation, pa ords", "Rhyming corresponding p om environmen	Activity 13 B let's weigh each other (Goal 1)	Activity 44 Thread painting (Goal 1)	min)	Activity 3A Sing Songs that have rhyming word (Goal 2)	Activity 11 World of labels (Goal 2)	Activity 36 Matching the Dots and creating letters or Numbers (Goal 2)
Create a literacy and numeracy-rich environment that will help children towards 'Print awareness and meaning making' as well as develop many cognitive skills/concepts like- observation, patterns, numeral recognition, etc. Have a display of "sight words", "Rhyming Poem Chart", "Number Calendar", "Letters with their corresponding pictures" and encourage children to explore the classroom environment. Do an intentional reading of sight words as a fun activity.	Activity 13 A Body outline (Goal 1)	Activity 33 B Colouring within the letter Shapes (Goal 1)	Mealtime (30 m	Activity 9 Word Claps (Goal 2)	Activity 1 Picture reading (Goal 2)	Free Hand Drawing
Create a literactowards 'Print cognitive skills etc. Have a display." "Let children to export of sight words	Activity 20 extend and Create pattems (Goal 3)	Activity 33 A Tracing on the outline of letters (Goal 1)	2	Activity 10 Word Blend (Goal 2)	Activity 18 (Part 2) Picture Dictionaries- group (Goal 2)	Activity 33 Making Lists (Goal 2)
	racy, reness and wity)	ne Motor Skill y)		Talking and Listening	Reading with Comprehension	Writing with Purpose
	Foundational Numeracy, Environmental Awareness and Scientific Thinking (Teacher initiated activity)	Creative Art and Fine Motor Ski Development (child-initiated activity)		Language Development and Foundational Literacy (Teacher initiated large group activity)		

	I	Recap	itulation						
e writing process is drawings, making ion whenever she is	me (teacher-initiated) large muscle movements rganised). usical Colours/Musical	must be a daily activity. Encourage children to repeat or tell a new story. A set of ories is given in <b>Annexure VII.</b>	that day with their ings at home that ig week.	hrough various , video/audio ordingly for the of learning	)	Always			
d let them see what the scriptions of children's awing children's attenti	ated) and organised ga and activities involving l ince, Songs, etc. can be c iations on each day. M	children to repeat or t	done on that day.  all that they have done en like, " explore the th our friends in the comir	ts done by the children or individual needs acc	mes achieved	Sometimes			
front of the children an of children, writing des in front of them and dr	y equipment (child-initi ulable, then indoorplay tt activities like Yoga, Do cal chairs(Plan with van nbers!	aily activity. Encourage	Have a quick recap of the activities that were done on that day.  Encourage children to talk and share about all that they have done that day with their parents and family members  Give some fun exploration activities to children like, "explore the things at home that begin the initial sound "m" and share with your friends in the coming week.  Bid a joyful farewell so they look forward to the next day as well!	Collect and reflect on the assessment data that you have collected through various strategies (observation, checklists, worksheets done by the children, video/audio clippings, anecdotal notes, etc).  Plan and modify your pedagogical practices for individual needs accordingly for the next week.  Reflect assessment of achievement in all three developmental goals of learning	Learning Outcomes achieved	Rarely			
Modelled Writing (Let the teacher write in front of the children and let them see what the writing process is like making lists in front of children, writing descriptions of children's drawings, making name cards for children in front of them and drawing children's attention whenever she is writing something)	Free play on outdoor play equipment (child-initiated) and organised game (teacher-initiated) (If no outdoor space is available, then indoor play and activities involving large muscle movements and music and movement activities like Yoga, Dance, Songs, etc. can be organised). Activity 32(Goal 1): Musical chairs(Plan with variations on each day. Musical Colours/Musical Letters and Musical Numbers!	Storytelling must be a daily activity. Encorexemplar stories is given in <b>Annexure VII.</b>	<ul> <li>Have a quick recap of the act</li> <li>Encourage children to talk an parents and family members</li> <li>Give some fun exploration ac begin the initial sound "m" at Bid a joyful farewell so they lead</li> </ul>	<ul> <li>Collect and reflect on the asses strategies (observation, checklis clippings, anecdotal notes, etc.)</li> <li>Plan and modify your pedagoginext week.</li> <li>Reflect assessment of achievem</li> </ul>		LOs	• Writes numerals from 1 to 10	• Extends and creates a pattern	<ul> <li>Solves complex mazes or puzzles</li> </ul>
	Outdoor Free Play and organised (Teacher-guided and child-initiated large group activity)	Story time	Goodbye circle	Review and Reflect	Learning	Outcomes	(For details, refer to Annexure V on	assessment for third month)	

Thinks and arranges objects and events in a sequence and narrates the same	<ul> <li>Comprehends and answers after listening</li> </ul>	• Describes and retells using rich details in complete sentences	<ul> <li>Engages in meaningful conversations</li> </ul>	<ul> <li>Chooses books from the book or reading area</li> </ul>	<ul> <li>Comprehends pictures and meaningful words</li> </ul>	Uses tools with     ease to convey     meaning through     drawing

	M	Week 10 Schedule	ıle			
Play Sessions	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Meet and Greet</b> (Teacher-initiated morning group activity)	Welcome Children • Wolaugh wholeheartedly) Activity 25 (Goal 1): let	ren • Warm-up a artedly) • Health al 1): let children -ek do'	ctivities (Clappin and hygiene Cl go to their class	Welcome Children • Warm-up activities (Clapping, jumping, fly like a bird, laugh wholeheartedly) • Health and hygiene Check-up • School Prayer Activity 25 (Goal 1): let children go to their classrooms doing Kadamtal and chanting 'ek-do-ek do'	like a bird, l Prayer udamtal and	Recapit
<b>Circle Time</b> (Teacher and child-initiated morning group activity)	Free Conversational express the incident or ever	ion (Talking time eir ideas and fee nt of interest tha	e for children): Tilings on their or at occurred on t	Free Conversation (Talking time for children): This is the time when children will express their ideas and feelings on their own. Let children narrate any incident or event of interest that occurred on that day which they would	when children n narrate any they would	ulation

Rec	api	tul	lat	ion

		-		
like to share with others. Make this a daily activity as it helps children to release their pent-up emotions and an opportunity for self and oral expression and vocabulary development.  During this circle time teacher may also do a calendar and weather-related activity.  (See activity-2 "Rhyme: Heads, Shoulders, Knees and Toes". You may do this activity as a follow-up of free conversation with children).	<ul> <li>Let children choose the activity areas of their own choice</li> <li>Keep developmentally appropriate toys and materials to create DIY in these areas</li> <li>Observe, guide and assess children's play and learning</li> </ul>	<ul> <li>Allow at least for daily 30 minutes of free play for exploration with toys and other play materials</li> <li>This will enhance conversational skills, vocabulary development, math process skills, sharing, eye-hand coordination and so on.</li> </ul>	<ul> <li>Keep developmentally appropriate books in the reading area or classroom library so that children will develop bonding with and love for books.</li> <li>Watch and observe how children are doing pretend reading as they explore books and move towards reading.</li> </ul>	Create a literacy and numeracy-rich environment that will help children towards 'Print awareness and meaning making' as well as develop many cognitive skills /concepts like- observation, patterns, numeral recognition, etc. Have a display of "sight words", "Rhyming Poem Chart", "Number Calendar", "Letters with their corresponding pictures" and encourage children to explore the classroom environment. Do an intentional reading of sight words as a fun activity.
like to share with others. Make this a daily activity as it to release their pent-up emotions and an opportunity for expression and vocabulary development.  During this circle time teacher may also do a calendar an activity.  (See activity-2 "Rhyme: Heads, Shoulders, Knees and Toe activity as a follow-up of free conversation with children).	Free indoor play in activity areas:  • Block Building area  • Math's/manipulatives' area  • Discovery or science area	<ul> <li>Dolls area</li> <li>Reading area/classroom library</li> <li>Art area</li> <li>Writing area</li> <li>Toy and DIY area</li> </ul>		Create a literacy and numeracy towards 'Print awareness and n cognitive skills /concepts like- etc. Have a display of "sight wo Calendar", "Letters with their or children to explore the classroo of sight words as a fun activity.
	<b>Free Indoor Play</b> (Child-initiated small group activity preferably in designated activity areas)			

Foundational Numeracy, Environmental Awareness and Scientific Thinking (Teacher initiated activity)	racy, reness and wity)	Activity 32 comparison of light and heavy (Goal 3)	Activity 33 Greater-lesser and equal to (Goal 3)	Activity 34 Hunt the objects (Goal 3)		Activity 35 Number Tracing (Goal 3)	Recapit
<b>Creative Art and Fine Development</b> (Child-initiated activity)	Creative Art and Fine Motor Skill Development (Child-initiated activity)	Activity 33 A Tracing on the outline of letters (Goal 1)	Activity 33 A Tracing on the outline of letters (Goal 1)	Activity 2 Singing Songs/ Rhymes (Goal 1)	Activity 33 B Colouring within the letter shapes (Goal 1)	Activity 50 Printing with Stamps (Goal 1)	ulation
		M	Mealtime (30 min)	u)			
Language Development and Foundational Literacy (Teacher-initiated large group activity)	Talking and Listening	Activity 8 Pick and Speak (Goal 2)	Activity 15 Listen to Rhyming words (Goal 2)	Activity 3 Songs/ rhymes and poems (Goal 2)	Activity 29 What is in the Middle (Goal 2)	Activity 6 Guess the Mystery object (Goal 2)	
	Reading with Comprehension	Activity 18 Picture Dictionaries (Goal 2)	Activity 1  Picture reading (Goal 2)	Activity 11 World of labels (Goal 2)		Activity 18 Picture Dictionaries (Goal 2)	
	Writing with Purpose	Activity 33 making Lists (Goal 2)	Free Hand Drawing	Activity 36 matching the Dots and creating letters or Numbers (Goal 2)	Activity 35 Weather Chart (Goal 2)	Activity 32 shared Writing (Goal 2)	Recapitulation
	Modelled Writing  (Let the teacher write in front of the children and let them see what the writing process is like making lists in front of children, writing descriptions of children's drawings, making name cards for children in front of them and drawing children's attention whenever she is writing something)	rrite in front of t in front of childi nildren in front (	the children and ren, writing desc of them and dra	let them see w sriptions of chil wing children's	hat the writing dren's drawings attention when	process is s, making iever she is	
Outdoor Free Play and organised (Teacher-guided and child-initiated large group activity)	Free play on outdoor play equipment (child-initiated) and organised game (teacher-initiated) (If no outdoor space is available, then indoor play and activities involving large muscle movements and music and movement activities like Yoga, Dance, Songs, etc. can be organised).	oor play equipn se is available, th ovement activitik	aent (child-initis nen indoor play a es like Yoga, Dan	nted) and organi nd activities inv nce,Songs,etc. o	ised game (teacl olving large mus an be organised	her-initiated) scle movements t).	

Story time	Storytelling must be a daily activity. Encourage children to repeat or tell a new story. A set of exemplar stories is given in <b>Annexure VII.</b>	uily activity. Encourage clin Annexure VII.	hildren to repeat or tell	a new story. A set of	
Goodbye circle	<ul> <li>Have a quick recap of</li> </ul>	Have a quick recap of the activities that were done on that day	lone on that day.		
	• Encourage children to talk apparents and family members	Encourage children to talk and share about all that they have done that day with their parents and family members	l that they have done th	at day with their	R
	<ul> <li>Bid a joyful farewell sc</li> </ul>	Bid a joyful farewell so they look forward to the next day as well!	e next day as well!		eca
	• Plan for a nature walk next wee prior preparations accordingly.	a nature walk next week and let children observe different types of plants. Dp parations accordingly.	ren observe different typ	oes of plants. Dp	pitula
Review and Reflect	• Collect and reflect on tatrategies(observation, anecdotal notes etc).	Collect and reflect on the assessment data that you have collected through various strategies(observation, checklists, worksheets done by the children, video/audio clippings, anecdotal notes etc).	t you have collected thr done by the children, vi	ough various ideo/audio clippings,	tion
	• Plan and modify your next week.	Plan and modify your pedagogical practices for individual needs accordingly for the next week.	individual needs accor	dingly for the	
	<ul> <li>Reflect assessment of a</li> </ul>	Reflect assessment of achievement in all three developmental goals of learning.	developmental goals of	learning.	
Learning		Learning Outcomes achieved	nes achieved		
Outcomes	ros	Rarely	Sometimes	Always	
(For details, refer to Annexure V on assessment for third	<ul> <li>Speaks about events, friends and festivals, etc.</li> </ul>				
month)	• Identifies texture using tactile sense				
	• Identifies and solves problems				
	• Enjoys singing rhymes/songs				
	• Recognises sound- symbol association				
	• Follows healthy food habits				
	<ul> <li>Follows healthy hygienic habits</li> </ul>				
	<ul> <li>Participates actively in group activities</li> </ul>				

<ul> <li>Takes initiatives during activities</li> </ul>	• Does simple non-standard measurement activities, Independently	• Uses vocabulary such as shorter, taller, bigger, smaller, heavier and lighter	Reads one's drawing and explains it using simple words

	We	Week 11 Schedule	le			
Play Sessions	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Meet and Greet	Welcome Childre	en • Warm-up a	ctivities(Clappin	Welcome Children • Warm-up activities(Clapping in pattern, jumping up low	wol du ging	
Teacher-initiated morning group	and high, fly lik	e an aeroplane,	laugh wholehed	and high, fly like an aeroplane, laugh wholeheartedly) • Health and hygiene	and hygiene	
activity)	Check-up • School Prayer	ool Prayer				
	Activity 25(Goal	1): let children	go to their classr	Activity 25(Goal 1): let children go to their classrooms doing Kadamtal and	lamtal and	
Nature Walk	chanting 'ek-do-	ek do'and get r	chanting 'ek-do-ek do'and get ready for the nature walk	ure walk		
(Teacher and child-initiated morning	Visit nearby for	'nature walk' (s	ee activity 37 ur	Visit nearby for 'nature walk' (see activity 37 under Goal 3). Carry basket	ırry basket	R
group activity) followed by Circle	and magnifying	glass with you	to bring the colle	and magnifying glass with you to bring the collections during 'nature walk'.	ature walk'.	eca
time	You may plan	the conversati	on activity aft	You may plan the conversation activity after the nature walk and let	valk and let	api
	children share	their experie	children share their experiences during the circle time	es circle time		tu
Free Indoor Play	Free indoor play in activity	in activity	<ul> <li>Let children a</li> </ul>	• Let children choose the activity areas of	ty areas of	lati
(Child-initiated small group activity	areas:		their own choice	sice		ioı
sas)	<ul> <li>Block Building area</li> </ul>	ng area	• Observe, qui	Observe, quide and assess children's play	hildren's play	ı
	<ul> <li>Math's/manipulatives'</li> </ul>	ipulatives'	and learning			
	area		<ul> <li>Allow at leas</li> </ul>	Allow at least for daily 30 minutes of free	inutes of free	
	• Discovery or science area	science area	play for expl	play for exploration with toys and other	s and other	
	• Dolls area		play material	1		

	<ul> <li>Reading area/claslibrary</li> <li>Art area</li> <li>Writing area</li> <li>Toy and DIY area</li> </ul>	Reading area/classroom library Art area Writing area Toy and DIY area	<ul> <li>This will enhance corvocabulary developm skills, sharing, eye-h and so on.</li> <li>Keep developmentall, in reading area or clothat children will developmentall developmentall, and love for books.</li> <li>Watch and observe h doing pretend reading hooks.</li> </ul>	This will enhance conversational skills, vocabulary development, math process skills, sharing, eye-hand coordination and so on.  Keep developmentally appropriate books in reading area or classroom library so that children will develop bonding with and love for books.  Watch and observe how children are doing pretend reading as they explore hodes and more towards reading.	ional skills, ath process ordination priate books a library so ording with ldren are they explore
	Create a literactowards Print cognitive skills etc. Have a distinct Calendar", "Let children to export of sight words	Create a literacy and numeracy-rich environment that will help children towards Print awareness and meaning making' as well as develop many cognitive skills /concepts like- observation, patterns, numeral recognition, etc. Have a display of "sight words", "Rhyming Poem Chart", "Number Calendar", "Letters with their corresponding pictures" and encourage children to explore the classroom environment. Do an intentional reading of sight words as a fun activity.	y-rich environm meaning makin; observation, pe ords", "Rhyming corresponding p	ient that will he g' as well as dev atterns, numera ; Poem Chart", "ictures" and en t. Do an intentic	Ip children relop many 1 recognition, Number courage onal reading
Foundational Numeracy, Environmental Awareness and Scientific Thinking (Teacher-initiated activity)	Activity 36 Backward number Counting (Goal 3)	Activity 38 Let's know about the needs of a plant (Goal 3)	Activity 39 Let's know about fruits (Goal 3)	Activity 40 Sort the Fruits (Goal 3)	Activity 41 Let us know about vegetables (Goal 3)
Creative Art and Fine Motor Skill Development (Child-initiated activity)	Activity 33 A Tracing on the outline of letters (Goal 1)	Activity 33 A Tracing on the outline of letters (Goal 1)	Activity 2 Singing Songs/ Rhymes (Goal 1)	Activity 33 B Colouring within the letter shapes (Goal 1)	Activity 36 C Stringing leaves and Flowers in a pattern (Goal 1) Let children create their pattern

			Recapitul	ation			
	Activity 6 Guess the Mystery object (Goal 2)	Activity 30 Jumble it Up (Goal 2)	Activity 32 shared Writing (Goal 2)	process is like king name she is writing	her-initiated) scle movements ganised).	w story. A set	, with their
	Activity 20 Identify objects with the initial sound (Goal 2)	Activity 28 Chunking Sentences (Goal 2)	Activity 35 Weather Chart (Goal 2)	hat the writing s drawings, ma tion whenever s	ised game (teac volving large mu is,etc. can be or	eat or tell a nev	ıy. e done that day
in)	Activity 3 Songs/ rhymes and poems (Goal 2)	Activity 11 World of labels (Goal 2)	Activity 36 Matching the Dots and creating letters or Numbers (Goal 2)	1 let them see w tion of children's children's attent	(Let the teacher write in front of the children and let them see what the writing process is like making lists in front of children, writing description of children's drawings, making name cards for children in front of them and drawing children's attention whenever she is writing something)  Free play on outdoor play equipment (child-initiated) and organised game (teacher-initiated) (If no outdoor space is available, then indoor play and activities involving large muscle movements and music and movement activities like Yoga, Dance, Game, Songs, etc. can be organised).  Select gross motor skill activities are given under Goal 1.  Story telling must be a daily activity. Encourage children to repeat or tell a new story. A set of exemplar stories is given in Annexure VII.	done on that de Il that they hav ext day as well!	
Mealtime (30 min)	Activity 26 Identifying initial and end sounds (Goal 2)	Activity 27 Associating akshars and letters to sounds (Goal 2)	Activity 37 Creating and labelling (Goal 2)	he children and writing descript n and drawing o		Have a quick recap of the activities that were done on that day.  Encourage children to talk and share about all that they have done that day with their parents and family members  Bid a joyful farewell so they look forward to next day as well!	
	Activity 29 What is in the Middle (Goal 2) (Goal 2)	Activity -18 Picture Dictionaries (Goal 2)	Activity 33 Making Lists (goal-2)	rite in front of t ont of children, ' in front of then		t be a daily actives is given in <b>An</b> ecap of the activer of the activer is the actives of the active of the actives of the ac	luick recap of the actives children to talk and and family members ful farewell so they lo
	Talking and Listening	Reading with Comprehension	Writing with Purpose	Modelled Writing (Let the teacher w making lists in fre cards for children something)	Free play on outd (If no outdoor spac and music and mo Select gross moto	Story telling must of exemplar storie	<ul><li>Have a quick r</li><li>Encourage chil parents and fa</li><li>Bid a joyful far</li></ul>
	Language Development and Foundational Literacy (Teacher-initiated large group activity)				Outdoor Free Play and organised (Teacher-guided and child-initiated large group activity)	Story time	Goodbye circle

						,					
through various video/audio clippings,	ordingly for the	of learning.		Always							
nat you have collected s done by the children,	r individual needs acc	developmental goals o	mes achieved	Sometimes							
Collect and reflect on your assessment data that you have collected through various strategies (observation, checklists, worksheets done by the children, video/audio clippings, anecdotal notes etc).	Plan and modify your pedagogical practices for individual needs accordingly for the next week.	next week.  Reflect assessment of achievement inall three developmental goals of learning.	<ul> <li>Reflect assessment of achievement inall three developmenta</li> <li>Learning Outcomes achieved</li> </ul>	Rarely							
				ros	Demonstrates independence in carrying out classroom responsibilities and activities	Shows agility in Yoga stretching exercises and dance	Does printing with a variety of objects	Recognises sound- symbol association	Attempts to read words	Identifies conventions of print such as left-to-right writing, reading from top-to-bottom	Sorts objects based on more than one attribute (shape/ colour/size)
Review and Reflect	•	•	Learning	Outcomes accomplished	(For details, refer to Annexure V on assessment for the third month)	•	•	•	•	•	•

Arranges objects in order (size—length/ height)	Identifies and completes the pattern (AA,BB/ AB,AB)	Shows sensitivity towards other's feelings and needs especially, children with special needs	Demonstrates fraternity and team spirit by sharing one's material	Follows multiple instructions	Participates in games, dance and yoga activities	Kicks a ball towards a target	• Pushes tyres/ barrels
•	•	•	•	•	•	• "	•

	Saturday			Recapitulation
	Friday	like a bird, l Prayer idamtal and	when children a narrate any they would children or oral eather-related ou may do this	outy areas of spriate toys in these areas children's play unutes of free sand other ional skills, ath process ordination opriate books room library so anding with ldren are they explore they explore treading
	Thursday	ng, jumping, fly heck-up • Schoo srooms doing Ka	This is the time vown. Let children that day which trivity as it helps ortunity for <b>self</b> calendar and wees and Toes". Yes and Toes". Yes children).	Let children choose the activity areas of their own choice  Keep developmentally appropriate toys and materials to create DIY in these areas Observe, guide and assess children's play and learning  Allow at least for daily 30 minutes of free play for exploration with toys and other play for exploration with toys and other play materials  This will enhance conversational skills, vocabulary development, math process skills, sharing, eye-hand coordination and so on.  Keep developmentally appropriate books in the reading area or classroom library so that children will develop bonding with and love for books.  Watch and observe how children are doing pretend reading as they explore books and move towards reading
ule	Wednesday	Welcome Children • Warm-up activities(Clapping, jumping, fly like a bird, laugh wholeheartedly) • Health and hygiene Check-up • School Prayer Activity 25(Goal-1): let children go to their classrooms doing Kadamtal and chanting 'ek-do-ek do'.	Will express their ideas and feelings on their own. Let children narrate any incident or event of interest that occurred on that day which they would like to share with others. Make this a daily activity as it helps children to release their pent-up emotions and an opportunity for self or oral expression and vocabulary development.  During this circle time teacher may also do a calendar and weather-related activity.  (See activity-2 "Rhyme: Heads, Shoulders, Knees and Toes". You may do this activity as a follow-up of free conversation with children).	<ul> <li>Let children choose the their own choice</li> <li>Keep developmentally and materials to crease observe, guide and and learning</li> <li>Allow at least for dain play for exploration uplay for exploration uplay materials</li> <li>This will enhance corvocabulary developmentally skills, sharing, eye-hand so on.</li> <li>Keep developmentally in the reading area of that children will developmentally in the reading area of that children will developmentally in the reading area of that children will developmentally in the reading area of that children will developmentally in the reading area of that children will developmentally in the reading area of that children will developmentally in the reading area of that children will developmentally in the reading area of the doing pretend reading books and move to</li> </ul>
Week 12 Schedule	Tuesday	iren • Warm-up eartedly) • Healt al-1): let childrer do-ek do'.	Free Conversation (Talking time for children) will express their ideas and feelings on their incident or event of interest that occurred o like to share with others. Make this a daily to release their pent-up emotions and an opexpression and vocabulary development. During this circle time teacher may also do activity.  (See activity-2 "Rhyme: Heads, Shoulders, K activity as a follow-up of free conversation u	ee indoor play in activity sas: Block Building area Math's/manipulatives' area Discovery or science area Dolls area Reading area/classroom library Art area Writing area Toy and DIY area
	Monday	Welcome Children • Walaugh wholeheartedly) • Activity 25(Goal-1): let chanting 'ek-do-ek do'.	Free Conversa will express th incident or ew like to share w to release thei <b>expression ar</b> During this ciractivity.  (See activity-2 activity as a fe	Free indoor play in activity areas:  Block Building area  Math's/manipulatives' area  Discovery or science are  Dolls area  Reading area/classroom library  Art area  Writing area  Toy and DIY area
	Play Sessions	<b>Meet and Greet</b> (Teacher-initiated morning group activity)	Nature Walk (Teacher and child-initiated morning group activity) followed by Circle time	Free Indoor Play (Child-initiated small group activity preferably in designated activity areas)

	Recapitulation		Recapitulation
olp children velop many al recognition, "Number courage onal reading	Activity 42 Vegetables Under the Ground and Above the Ground (Goal 3) Activity 50 A Printing with letter Stamps (Goal 1)	,	Activity 6 Guess the Mystery object (Goal 2) Activity 18 Picture Dictionaries (Goal 2) Activity 32 shared Writing (Goal 2)
Create a literacy and numeracy-rich environment that will help children towards Print awareness and meaning making' as well as develop many cognitive skills /concepts like- observation, patterns, numeral recognition, etc. Have a display of "sight words", "Rhyming Poem Chart", "Number Calendar", "Letters with their corresponding pictures" and encourage children to explore the classroom environment. Do an intentional reading of sight words as a fun activity.	Activity 43 B Sound Discrimination with Animal Names (Goal 3) Activity 33 B Colour- ing within the Letter	Shapes (Goal 1)	Activity 20 Identify objects with the initial sound (Goal 2) Activity 27 Associating akshars and letters to sounds (Goal 2) Activity 35 Weather Chart (Goal 2)
y-rich environn meaning makin - observation, pords", "Rhyming corresponding I	Activity 43 D Classify the Animal Pictures (Goal 3) Activity 42 Pouring Water to a Bottle Using	Funnel (Goal 1)	Activity 26 identifying initial and end sounds (Goal 2) Activity 28 Chunking Sentences (Goal 2) Activity 36 Matching the Dots and creating letters or Numbers (Goal 2)
Create a literacy and numeracy towards Print awareness and n cognitive skills /concepts like-etc. Have a display of "sight wo Calendar", "Letters with their children to explore the classroo of sight words as a fun activity.	Activity 43 C Animal Puzzles (Goal 3) Activity 33 A Tracing on the Outline of Letters	(Goal 1)   	Activity 15 Listen to Rhyming Words (Goal 2) Activity 30 Jumble it Up (Goal 2) Activity 32 Shared Writing (Goal 2)
Create a literatowards Print cognitive skills etc. Have a dis Calendar", "Le children to export of sight words	Activity 43 Let's Talk About Animals (Goal 3) Activity 38 Building with Bowls and Paper Cups		Activity 29 What is in the Middle (Goal 2) Activity 18 Picture Dictionaries (Goal 2) Activity 33 Activity 33 Activity 33 Goal 2)
	racy, reness and ivity)  ne Motor Skill		Talking and Listening Reading with Comprehension Writing with Purpose
	Foundational Numeracy, Environmental Awareness and Scientific Thinking (Teacher-initiated activity)  Creative Art and Fine Motor Skill Development (Child-initiated activity)		Language Development and Foundational Literacy (Teacher-initiated large group activity)

		Rec	apitulation	
Modelled Writing  (Let the teacher write in front of the children and let them see what the writing process is like making lists in front of children, writing descriptions of children's drawings, making name cards for children in front of them and drawing children's attention whenever she is writing something)	Free play on outdoor play equipment (child-initiated) and organised game (teacher-initiated) (If no outdoor space is available, then indoor play and activities involving large muscle movements and music and movement activities like Yoga, Dance, Songs, etc. can be organised). Activity 43 A(Goal 3): Wear the animal masks and Play as an organised game Activities 20,23,24, and 29(Goal-1) Plan these activities with different sizes of balls.	Storytelling must be a daily activity. Encourage children to repeat or tell a new story. A set of exemplar stories is given in <b>Annexure VII.</b>	<ul> <li>Have a quick recap of the activities that were done on that day.</li> <li>Encourage children to talk and share about all that they have done that day with their parents and family members</li> <li>Bid a joyful farewell so they look forward to the next day for class-1 learning activities!</li> <li>Check the learning outcomes, make a record and report to the parents</li> <li>Your children are ready to learn the class-1 activities</li> <li>Get ready to transact the class-1 programme and activities in a similar joyful manner, talk to the parents, involve them in your class-1 activities. Do the prior planning.</li> <li>Collect and reflect on the assessment data that you have collected through various strategies (observation, checklists, worksheets done by the children, video/audio clippings, anecdotal notes, etc.).</li> <li>Plan and modify your pedagogical practices for individual needs accordingly for the next week.</li> <li>Reflect assessment of achievement in all three developmental goals of learning</li> </ul>	See the Third Month Assessment of Vidya Pravesh and the Learning Outcomes (Annexure V)
	Outdoor Free Play and organised (Teacher-guided and child-initiated large group activity)	Story time	Goodbye circle Review and Reflect	LearningOutcomes accomplished

# Note

- Earth, Bharat Mata, and can be followed by a shloka depicting the importance of • Begin the day with the school prayer. The prayer can include gratitude to Mother education - like "Asatoma Sadgamaya, Tamasoma jyotirgamaya ......".
- The stories of great personalities, and songs and rhymes in regional languages can be included to incorporate the local flavor.

# Annexure IV

# Ways to Implement Daily or Routine Activities

It is important to plan a daily or routine activity chart for the transaction of daily or routine activities. It should be displayed in the classroom as it gives a clear idea to children and visitors about what is going to happen throughout the day

# 1. Meet and Greet, Morning Circle Time, and Free Expression



'Meet and Greet' is what the teacher does before the class begins. Teachers should welcome children to the class; call them by name and initiate discussion to develop a sense of belongingness, affection and security in them. During Circle Time, children sit in a circle or semi-circle leaving enough space between each other for easy movement. This helps them to participate in the activities with minimal disruption. 'Circle Time' can be planned for story-telling sessions and group activities. These should be both free and guided conversation. Guided conversation should be initiated by the teacher around a particular topic or theme, whereas in free conversation children should be encouraged to talk about anything related to their daily experiences.

By participating in conversations, children learn to listen to others, respond appropriately and express themselves. They learn to formulate ideas. The following points need to be remembered during this process:

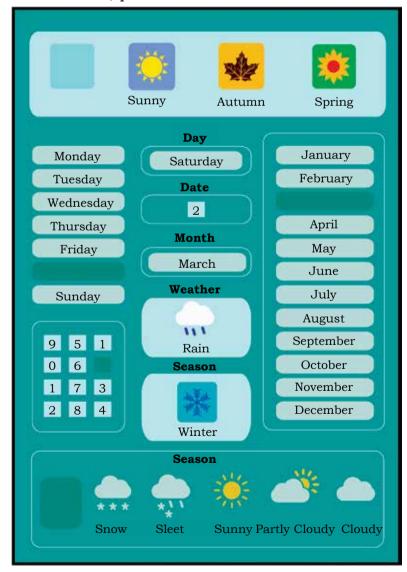
- Ask open-ended questions to children involving 'why' and 'how'. Such questions help to stimulate their thinking.
- Conduct the following activities in an interesting manner:
- Sing a variety of songs and rhymes, repeat them and keep adding new songs.
- Make an attendance activity using name tags, where they can be asked to identify their name cards, even before they have formally learnt to read.

- Organise a calendar activity (refer to the calendar activity in the box given) to give a chance to talk about the day, date and the weather, and thus talk about what they are going to do during the day.
- Check the personal hygiene of children like their nails and hair. Also, talk about the importance of brushing ones teeth, bathing, hand washing, etc.
- · Begin the school day with a prayer.
- Transition to the next daily or routine activity may be planned with a song or signal.

# Calendar Activity

Design a display board where the date, month and weather can be depicted. During 'Meet and Greet' time, point to the

days of the week in the chart and get children to identify the day. Ask, "What day is it today?" "What day was it yesterday?"; or "What day will it be tomorrow?" If there are specific activities on certain days, mention these to children Next, point to the weather chart, and encourage children to identify the picture of the weather, based on the kind of weather conditions they see outside. If feasible, take them to the window or outdoors to observe. Encourage them to think about how the weather was the day before and if it has changed. Point to the monthly chart and let children identify and name the current month. Draw attention to children's birthdays festivals in that month. If it is a child's birthday, children of the class should be asked to wish the child. After every week or fortnight; children can be engaged in summarising the sunny, cloudy or rainy days.



# 2. Free Play in Activity Areas

Free play activities provide ample opportunities for children to make choices, take decisions and also help in understanding others' rights and perspectives. Free play helps children express their emotions and reveal their feelings. They learn the social skills of sharing, turn-taking and negotiation during free play. Children get a chance to explore different material and discover their properties and then use their knowledge of the material to play imaginatively. This activity also helps teachers engage children till all of them arrive at school and also helps in handling multiple age groups. Therefore, the classroom should have well designed learning or activity areas for endorsing play and learn. Care should be taken to design areas such that they are visible from every part of the room. This will enable teachers to see all the children and ensure that they are safe. In case there is less space in the classroom, activity areas can be created rotation-wise so that children get exposure to all kinds of areas.

Keep different materials in each activity or interest area. The following points must be kept in mind for free play:

- Facilitate children to choose the area they wish to go to.
- Move around all the areas, interact with children and observe children at play.
- Get children to wash and clean their hands after play.
- Get children to talk or exhibit their play items, if any.
- Transition to the next activity may be planned with a song or signal well in advance.

Following are the suggestive material for children related to each activity or interest area:

- Book Area: A variety of age-appropriate children's magazines, information books, picture books, storybooks, large books, local folk tales, thematic books, comics, slates, chalks, etc.
- Doll's Area or Dramatic Play Area: Various kinds of dolls, doll-sized furniture and clothes, doll-sized cooking utensils (pots, dishes, spoons, etc.), pretend food (vegetables or fruits made of clay), dress-up clothes (scarf, cap, stole, jacket, small sari, long pieces of cloth, etc.), combs, mirrors, walking sticks, old spectacles, non-functional telephones or cameras, a briefcase and a lunch box, etc.

- Discovery Area: Materials like magnifying glasses, shells, plants, seeds, magnets, iron objects, weighing scales, weights, measuring tapes or any other locally available material.
- Block Building Area: Variety of blocks of different colours, shapes and sizes such as hollow blocks, interlocking blocks, foam blocks, wooden blocks, etc.
- Manipulative Area: Manipulative materials such as puzzles, matching cards, lacing cards, seeds, seriated shapes, inset boards, shells, material for sorting, strings and beads, small toys, such as cars, trucks, animals, toy figures, take, apart toys, number rods, abacus, and other objects from the environment such as leaves, stones, pebbles, twigs, flowers, etc.
- Art Area: Different types of papers (lined, unlined), crayons, pencils, washable markers, slates, coloured chalks, pieces of fabric, paints, brushes, tape, play dough or clay, rolling pins, boards, stencils, old newspapers, magazines, ice-cream sticks, and other locally available material.
- Music and Movement Area: *Daphali*, bells, bowls, flutes, tambourines, string instruments, rattles, utensils of different types or metals, local musical instruments, music system and a variety of DVDs of songs, poems and rhymes. There can be related material such as ribbons or scarves for the children to use as props to promote creative movement.

# 3. Art and Craft Activities for Creative and Aesthetic Development

Development of creative and aesthetic sense through role- play, music, dance, art and craft helps foster creativity in children. These activities provide them opportunities to express their feelings and develop communication skills. It also helps develop, practice and improve coordination and motor skills and finds new ways of looking at things. This further builds children's confidence and provides a chance to practise decision-making, problem-solving and critical thinking abilities. Creative and aesthetic activities foster imagination which is an important pre-writing skill. It is important to provide opportunities for sand play, water play, clay moulding, opportunities for drawing, painting, collage making, tearing, cutting, pasting, etc., to the children. This would help them understand that real-life objects and

events may be represented in different ways. Children's art and craft work should be displayed on the walls at their eye level or on a table. This helps them remember that activity and encourages them and motivates them for greater participation. It fosters self-esteem and self-confidence as they feel their work is valued.

# 4. Outdoor Play

Children should be given an opportunity to engage in daily outdoor play for at least 30 minutes. This helps them explore the environment, play in groups, interact with each other and develop large muscles coordination. There should be adequate space available for outdoor play and activities. The outdoor play activities may include 'free choice of play' like climbing or playing with playground equipment, 'structured activities' like physical movement and balance, and 'practical activities' like gardening, digging and planting. The following points should be kept in mind for outdoor play:

- Ensure that the sand and water play area is clean and safe.
- Ensure that outdoor play material or equipment are adequate or enough for all children.
- Plan opportunities for group interactions during the outdoor play.
- Involve and play with children.
- Ensure active participation of all children.
- Clean up and plan the transition activities with a song or cue to the next activity.

## 5. Meal Time

An important component of the daily or routine activities is the 'Meal Time'. This gives children time to have their meal, relax, play and socialise. At least 30 minutes should be allocated for this. A lot of activities can be done during this time, like:

- washing hands before and after a meal, particularly for the prevention of COVID-19 and that should be reinforced by the teachers.
- having a meal together with classmates.
- having one's meal independently without spilling.
- talking about healthy food, variety in food, and healthy eating habits.

# 6. Goodbye Circle Time

'Goodbye Circle Time' gives children an opportunity to recapitulate the activities conducted during the day. It should be organised for 30 minutes. While doing so, children get the opportunity to share their learning, talk about their favourite activities and ask for clarification related to any of the concepts and learning, if not properly understood. 'Goodbye Circle Time' ensures a happy departure from the day's activities and prepares children for the next day's activities. The following points need to be taken care of while conducting Goodbye Circle Time activities:

- Sit at the same level or on the mat with children to facilitate the activity.
- Give each child an opportunity to ask questions and share their own day's experience.
- Maintain a diary for each child to share the diary notes with their parents.
- Sing a goodbye song.

#### Remember!

Foundational Literacy and Numeracy is a matter of concern in NEP 2020. Care must be taken to carefully understand related key competencies and the process.

# 7. Language and Literacy Skills

Literacy is more than just the ability to read and write. It involves the skills and abilities needed to make meaning of what is being read or spoken, think critically and express oneself effectively. Literacy is how we engage with the world around us, and make sense of it. It is a common myth that children have no language skills before they come to school. Children come to school with diverse exposure to language and possess varied abilities to communicate using gestures, words and some sentences. Knowing the use of language around helps them to make sense of the world and lead to early language development. It is the role of a teacher to create the classroom environment in such a way that provides children further exposure to different key competencies related to language learning and support their development in a structured and planned manner

(refer Annexure VIII for terminologies used for language and literacy skills).

# (a) Oral Language Development

Children learn language by listening and speaking before they learn to read and write. Even before they enter school, they acquire vocabulary from their immediate environment. In the classroom, it is important to expose children to the language through listening and speaking. Some ways to focus on the oral language development of children in early years are:

# Resources Needed to Develop Language Skills

- Children's literature
- Language areas in the classroom
- Worksheets
- Games and activities
- Stories, rhymes, poems, songs
- Print-rich environment
- Drama and role play
- Provide opportunities for children to talk in the classroom.
- Children think in their home language or mother tongue, and sometimes use words from their language while thinking and expressing. It is important to use the child's home language or mother tongue as a bridge to teach the language of instruction.
- Use activities like conversations, discussions, sharing of experiences, feelings and ideas, asking and answering questions, using simple instructions, etc.
- Sing rhymes and songs, read aloud to the children, play games, engage children in drama or role-play and dialogue.
- Enhance children's vocabulary by teaching them newer words and ways of expression.

# (b) Emergent Reading Development

As children become ready to read, they must be familiarised with what print looks like, how print is connected to sounds, and how print has meaning.

# Print Awareness (Concepts of print) and Bonding with Books

As children get ready for formal instruction in literacy, they need to develop a basic understanding of the concepts

associated with print to help them to start reading eventually. It is important to make sturdy and easy-to-handle books available to children. Some of the related concepts are as follows:

- Conventions of the print include familiarity with books. It is developed when children are given opportunities to flip pages of a book from front to back, holding a book the correct way and pretending to read. This way children develop an understanding that print and pictures carry meaning, books are for reading, and oral language can be written and then read.
- Concepts of books and print refer to the awareness of 'how books and print works'. It is developed when children are made aware that letters and words hold meaning, there is a difference between letter and words, print is what we read, illustrations correspond to the print, we read from top to the bottom, there are spaces between words and sentences, punctuation marks, logos and labels on everyday objects, identifying concepts like the book's title, author, illustrator, front page, back page, etc. These concepts can be reinforced by asking questions about books, such as: 'Where is the cover of this book?'; 'From where should I start reading this page?'; 'Where does this sentence start and finish?'.
- Print awareness can only take place when the child's environment is print-rich, i.e., the child can see print around easily. This can be done by:
- Labeling on various objects in the room such as 'door', 'window' and 'almirah'. Keep letter magnets, foam letters and letter blocks available in the language area.
- Using big books (storybooks with repeated phrases and big print).
- Word wall with new words added regularly.
- Displaying theme-related labelled charts and posters at children's eye level.
- Asking children to engage with a functional print like attendance charts, calendars, etc., and changing the displays often.

**Phonological Awareness:** Phonological awareness is the recognition that language is made up of words, syllables, rhymes and sounds (phonemes). Phonemic awareness refers to a child's ability to manipulate, classify and listen to each speech sound or phoneme. This knowledge occurs initially in oral language; children need not know how to name letters

**Awareness of words and syllables:** Counting or separating words or syllables

**Children can tell which word is longer**: Elephant or Cat?

**Rhyming:** Being able to rhyme monosyllabic words, e.g., cat-bat-rat; *makdi-kakdi-lakdi* (listening to the words that rhyme the same and create new words)

Blending and Segmenting: The child can put together sounds to make a word, e.g., 'खा' + 'ना' is 'खाना', or break a word into its different sounds, e.g., 'खाना' is broken into 'खा' and 'ना'

Identifying beginning, middle and end sounds: Identifying words that begin with the same sound. Which of the following begins like the initial sound of Balloon? — Rain, Sun, Bat/पानी, बंदर, जहाज़

Manipulating sounds and syllables: Making new words by removing or replacing sounds in a word, e.g., 'मकान' without 'म' becomes 'কান', by replacing the first letter we can make words like 'जल'-'फल'-'कल', etc.

or their corresponding sounds to demonstrate phonological awareness (refer to the box for the classroom activities on phonemic and phonological awareness).

Sound-Symbol **Association** and Word Recognition: The sound-symbol association helps children in decoding explicitly and supports the process of deciphering print. Children also learn to visually identify frequently used words without decoding them. This kind of reading is known as logographic reading where they learn to read words called 'sight words'. Sight words are used in common speech and the child has exposure to them even before learning to decode, e.g., the

children will learn to decode a word like क-म-ल, but will be able to identify words like तीन, पाँच, मम्मी, बिस्कुट, simply by looking at them as they are present in children's immediate environment.

Literary Awareness: It is important to expose children to good literature from an early age. Through books, stories and rhymes, children get glimpses of the world around them. Even the simplest picture book helps children to learn to comprehend in a variety of ways. Comprehension is the ability to understand and make meaning from spoken and written language. The meaning of a text does not lie only in its words, but also in the process of meaning-making.

# (c) Emergent Writing

Writing begins when children scribble, draw and invent spellings to represent the physical and social world around them. This developmental aspect of children learning to write is emergent writing. Expressing oneself in written forms is an important milestone for children to become effective communicators. It is a common misconception that children begin to write only when they have learnt to write and spell accurately.

An emergent writer talks about their writing by making connections and communicating their experiences with others. The teacher can support children's emergent writing attempts in the following ways:

- Ask children about what they have scribbled, drawn or written.
- Model the process of writing for children by showing them what the teacher thinks.
- Encourage children to use appropriate tools such as crayons, chalks, pencils, thick markers, etc.
- Allow children to mix drawing with scribbling and talking.
- Suggest topics of their interest to write about.
- Over time, scribbles may resemble letter-like forms, and even have some 'invented' spellings, e.g., they may write 'KT' to represent the word 'cat', or 'BK' for 'book', or 'मेला' for 'मैला'. Encourage their writing attempts in all forms.
- Teachers need to understand that it might take years before children begin to write 'conventionally'.

# Strategies to Support Development of Foundational Language and Literacy Skills

Language and literacy skills can be supported and developed in children using a variety of teaching-learning strategies in the classroom. Each strategy requires a different level of involvement from the teacher and children. These can be divided into:

- Teacher-led: The teacher conducts these activities, either with the whole class or when providing individual support to children. Activities are used to demonstrate various skills for children to observe, participate in and learn from.
- Shared-learning: The teacher and children perform these activities together. The teacher actively supports children's attempts in speaking, reading or writing during such shared activities.
- Child-led: These activities can be performed independently, with a peer or in small groups. The teacher can observe children from a distance and provide support only if necessary.

# Storytelling

Children love listening to their favourite stories repeatedly. So, some stories can be told again and again for repeated exposure. There are various ways to tell a story and a few considerations to keep in mind during storytelling:

- Keep the stories brief and the language simple.
- The incidents narrated in the story should be taken from children's immediate surroundings, something that they relate to.
- If the story is being narrated using a picture or props such as puppets, then sit on a slightly elevated seat and hold the picture or prop so that all children can see.
- After telling a story to the class, leave a copy of the book in the 'Book Area', so that children get an opportunity to revisit the book and the story.
- Encourage children to retell the story in their own words, or to draw the story or 'write' something about it.
- Encourage children to create the story themselves, or guess the next events as the teacher continues giving clues to keep the interest of children alive.
- Let children enact the story by playing different characters from the story and use real or pretend objects to role play or dramatise.

# Role-play or Dramatise the Story

Role-play or dramatisation is a good way for children to demonstrate different things they do and know. Such activity can be fostered through a dramatic play areas in the classroom. Let children enact, use words and gestures, and show the role they are playing in the role-play or drama.

#### Remember!

Storytelling and role play or dramatisation are the activities which support learning of different competencies. However, both are specifically given under this section to promote and support language and literacy.

## **Modelled Reading**

Teachers use 'modelling' to demonstrate the strategies used by the skilled language learners for children to observe and learn. Teachers think aloud while using different reading or writing strategies, like:

- When reading aloud, the teacher 'model's reading by
- Moving their finger just under the words, moving from left to right and pausing at a comma, full stop, etc., and drawing children's attention to question mark, etc.

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• The teacher can model how to use a book, how to read a sentence, how to write using different writing tools, etc.

#### Read Aloud

'Read aloud' is a teaching strategy where teachers, parents or caregivers read books aloud to the children. This allows children to understand how the language sounds when it is read, along with voice modulation and expression. Reading aloud exposes children to quality literature, new ideas, vocabulary, language use and meaning-making. When we read aloud to children, we also pause to show them how we think as we read. When reading aloud, keep in mind the following points:

Use age-appropriate big books that are engaging in terms of characters, events and language, and have vivid illustrations (Do not use textbooks).

- Plan read-aloud ahead and decide where to pause for emphasis, where to ask questions and elicit children's responses.
- Conduct the read-aloud in an open, quiet space and ensure that children can see the book and the teacher.
- Allow time for children to observe the illustrations, ask questions and make comments to think about what is happening or what might come next followed by the discussion about the story.

#### **Shared Reading**

In 'shared reading', both the teacher and the children read the text together. A big book is generally used for shared reading. The teacher reads the text while children join when they recognise a word from the illustrations, sight words or memory. Children start developing the concept of print through this activity. The following points need to be considered during shared reading:

- The chosen text must have a large-sized print, readable even from a distance.
- Big books, poems, short stories or children-generated writing can be read during shared reading.
- While reading, point to each word of the text using a finger.
- Read each text aloud multiple times so that children can participate.

#### **Shared Writing**

Children gain knowledge of and interest in writing as they are continually exposed to print in their environment, and activities related to writing such as making lists, marking attendance, etc. In 'shared writing', the teacher and children together create a written text by following the processes given:

- Children can decide what they would like to write and the teacher can write it on the board or a big poster. The shared writing activity can be used to write a story, make a list, describe an event or a festival, etc.
- The teacher can act as a scribe, prompting, questioning and drawing from children's inputs to create a meaningful text.
- The teacher can also draw children's attention to the punctuation marks like full stop, comma, question mark, etc., while writing.
- The purpose of such writing is to get children engage with the written word and to support them with writing beyond their current level.

# **Guided Reading**

In guided reading, the children read while the teacher supports them. Guided reading allows for reinforcement and practice of the strategies and techniques that the teacher may have modelled during read-aloud or shared reading. To successfully guide the children in their reading journey, the teacher should do the following:

- Make small groups of children who are at the same reading levels, e.g., children who can do only 'picture reading' may be grouped, and the children who can 'identify some common words' may be grouped, etc.
- Select a text that the children are already familiar with and which is at their reading level, i.e., the text which children can read with little support.
- Encourage all the children in the same group to read the same text at the same time.

# Independent Reading

Children can be encouraged to read pictures or illustrations from the story books. Providing children with picture books that show a sequence of actions or events will be useful. Single pictures with lots of interesting activities in them can also help children generate stories.

Opportunities to read independently, help children develop the habit of silent reading and for themselves. Children start reading for pleasure and start reflecting and experiencing the text.

# **Picture Reading**

Children can be encouraged to read pictures or illustrations from the story books. Providing children with picture books that show a sequence of actions or events will be useful. Single pictures with lots of interesting action in them can also help children generate stories.

# **Modelled Writing**

Modelled writing is the process of writing for children. The teacher asks the children what they have scribbled or drawn, and then writes it below or beside their writing. This helps in showcasing how one writes using different print conventions such as writing from left to right or using a full stop at the end of the sentence. By doing this, the teacher is modelling how to compose and write text describing the child's experience and thoughts. The following steps should be followed for modelled writing:

- The teacher and children can have a conversation around the child's topics of interest.
- The teacher can ask children questions related to their writing.
- Give time and space to the children to observe how the teacher writes and how their writing can look in the conventional sense.

# **Independent Writing**

Children create their texts from beginning to end, drawing upon skills and knowledge gained in other emergent literacy experiences. The teachers provide space, materials and writing inspiration or stimulus. The teacher can ask children about their drawings or writings, and add annotations if required. In these experiences, teachers can model and support children at different levels according to the needs of each child.

# 8. Foundational Numeracy Development, Environmental Awareness and Scientific Thinking

# (a) Activities for Foundational Numeracy Development

Numeracy encompasses the ability to use mathematical understanding and skills to solve problems and meet the demands of day-to-day living in complex social settings. To have this ability, a young person needs to be able to think and communicate quantitatively, make sense of data, have a spatial awareness, understand patterns and sequences, and recognise situations where mathematical reasoning can be applied to solve problems. Children must also develop a set of important thinking and reasoning skills. These skills include problem-solving, reasoning, communication, connections and representation. Before children start counting objects or develop an understanding of numbers,

they need to be able to classify, order, set up one-to-one correspondence and know the number names. It is therefore essential that children should be provided a lot of activities involving matching, sorting, classifying, ordering, arranging in one-to-one correspondence, pattern making with concrete material, play cards, etc. Counting should be introduced by involving children in meaningful counting like counting the leftover name tags, counting how many children are present, counting through rhymes (one, two, buckle my shoe....) and stories, etc. (refer Annexure I for key competencies related to numeracy).

# How to Create a Numeracy-rich Environment?

It is important to plan the daily routine and transaction plan for an early numeracy programme to make it vibrant, engaging and full of play and activities. An appropriately designed classroom arrangement will be essential for this, which should have:

- A well-resourced mathematics and numeracy area having stackable equipment; variety of items for children to sort and match; objects of different shapes, sizes, colours, measuring tapes; pens; paper; rulers; calculators and magnetic numbers, etc.
- An interactive numeracy display related to the current 'experience and outcome' in the classroom.

# (b) Activities for the Development of Environmental Awareness and Scientific Thinking

Children are born with natural curiosity and the innate potential to interpret and respond to the world. This gets strengthened through direct experience and interactions with the physical, social and natural environment. Early learning gets strengthened when they communicate with adults and interact with the immediate environment. Language also plays a very important role in helping children form concepts. Cognitive skills like matching, seriation or classification based on comparisons, help to refine the concepts and help children to form a sound foundation for higher-order cognitive skills. This promotes critical thinking, logical reasoning, memory and problem-solving, which are the basis of developing scientific temper and this later helps in learning Environmental Studies (EVS) as a subject. In Grades I and II, environmental concepts are integrated with the language and mathematics (refer Annexure I for the key competencies related to environmental awareness).

# MONTH-WISE ASSESSMENT FRAMEWORK

# (Tracking of Children's Preparedness for Schools)

#### First Month

**Objective:** To develop an interest in the school programme and to help children make adjustments in the school environment and learning.

# Height and Weight Measurement Weight: \_\_\_\_\_\_\_ Height: \_\_\_\_\_\_ Personal Cleanliness (Neat or Needs Improvement) Clothes: \_\_\_\_\_\_\_ Nails: \_\_\_\_\_\_ Teeth: \_\_\_\_\_\_ Eyes: \_\_\_\_\_\_ Ears: \_\_\_\_\_\_ Nose: \_\_\_\_\_\_ Hair: \_\_\_\_\_\_ Adjustment and Following Routine/ Rarely Some state of the second seco

Adjustment and Following Routine/ Rules	Rarely	Sometimes	Always
Comes to school happily			
Greet teachers and peers			
Takes care of own and other's belongings			
Shares material with other children			
Helps others			
Cares for others and the environment			
Waits for one's turn			
Participates actively in group activities			
Enjoys playing with objects and with peers			
Express their emotions			
Takes initiatives during activities			
Involves self in dance			
Follows the rules of the game and routine			
Follows simple instructions			
Participation in Outdoor Play Activities	Needs help	Can do with difficulty	Can do
Involves self in sand and water play.			
Balances body (walks forward and backward on curved or zig-zag line)			
Runs slow and fast according to the need			
Throws and catches the ball with two hands			
Jumps over the hurdles			

Participation in Art Activities for Creative; Aesthetic and Fine Motor Development	Needs help	Can do with difficulty	Can do
Make curves in the sand			
Print stamps with ease			
Strings beads according to the colour and sequence			
Does freehand drawing with ease			
Does tearing and pasting			
Does clay or dough moulding			
Demonstration of Numeracy Skills and Environmental Awareness	Needs help	Can do with difficulty	Can do
Shows curiosity and vigor to explore things in the environment			
Identifies objects using senses (touch, smell, taste, sight and sound)			
Matches objects with one attribute (shape/colour/size)			
Finds differences by comparing two pictures			
Matches, identifies, names and sorts basic colours			
Demonstrates understanding of part and whole relationship			
Understands the concept of empty and full			
Demonstration of Oral Expression	Rarely	Sometimes	Always
Talks freely with adults and children			
Expresses feelings, needs and shows interest (through verbal and non-verbal gestures)			
Speaks clearly in complete sentences			
Listen attentively to stories and rhymes			
Enjoys singing rhymes and songs			
Demonstration of Emergent Reading Skills	Rarely	Sometimes	Always
Explores and engages with pictures, books and other print material			
Listens attentively to stories and rhymes			
Names objects in the picture			
Identifies words in a sentence			
Identifies rhyming words			

Demonstration of Emergent Writing Skills	Rarely	Sometimes	Always
Holds pencil properly			
Does tracing on sand and air, etc.			
Scribbles or draws to represent thoughts, situations, events, etc.			

Uniqueness of the Child	
Special interests:	
Talents of the child:	
• Strengths:	
Attendance: Regular: Yes/No Punctual: Yes/No General Remarks:	
Signature of the Teacher with Date Signature of the Headmaster with date Signature of the Parent(s) with date  Second month	
<b>Objective:</b> To develop basic foundational learning skills	
Height and Weight Measurement	
Weight: Height:	
Personal Cleanliness (Neat or Needs Improvement)	
Clothes: Nails: Teeth:	
Eyes: Ears: Nose: Hair:	

Adjustment and Following Routine/Rules	Rarely	Sometimes	Always
Maintains proper health and hygiene			
Follows healthy food habits			
Follows healthy hygienic habits			
Participates actively in group activities			
Takes initiatives during activities			
Expresses feelings appropriate to the situation			
Identifies other's emotions as well as emotions in stories and pictures			
Explores social relationships with others			
Follows rules of the game			
Follows rules of classroom behaviour and routine			
Follows multiple instructions			

Demonstrates independence in carrying out classroom responsibilities and activities			
Shows increased attention span and persistence to complete the task			
Involves self in dance and drama			
Participation in Outdoor Play Activities	Needs help	Can do with difficulty	Can do with ease
Throws a ball in a particular direction			
Catches a ball from a short distance			
Involves self in sand and water play activities			
Kicks a ball towards a target or direction			
Shows agility in Yoga stretching exercises and dance			
Hops forward and backward			
Crawls with ease			
Participation in Art Activities for Creative/Aesthetic and	Needs help	Can do with	Can do with
Fine Motor Development		difficulty	ease
Does simple origami or paper folding			
Crumples and pastes			
Draws with finer details			
Colours within smaller spaces			
Paints with thick brushes			
Does printing using fingers and blocks, etc.			
Does printing with a variety of objects			
Makes basic shapes with clay or dough			
Demonstration of Numeracy Skills and Environmental Awareness	Needs help	Can do with difficulty	Can do with ease
Compares length of different objects			
Observes/explores simple natural phenomena with guidance			
Sorts objects based on more than one attribute (shape/colour/size)			
Arranges objects in order (size—length/height)			
Identifies and completes the pattern (AA,BB/AB,AB)			
Recognises and names shapes (circle, square, triangle, rectangle)			
Solves complex mazes with 2 to 4 barriers			

Identifies mistakes or missing parts if a part is hidden			
Arranges objects in order based on size (length and height)			
Does simple non-standard measurement activities, independently			
Uses vocabulary such as shorter, taller, bigger, smaller, heavier and lighter			
Expresses social relationship with others			
Express feelings appropriate to the situation			
Speaks about events, friends and festivals, etc.			
Identifies texture using tactile sense			
Identifies and solves problems			
Demonstration of Oral Expression	Rarely	Sometimes	Always
Comprehends short texts by listening			
Describes and retells any event or visual in short sentences			
Identifies, blends and segments syllables			
Identifies beginning and end sounds of common words			
Expresses creatively			
Enjoys singing rhymes and songs			
Demonstration of Emergent Reading Skills	Rarely	Sometimes	Always
Identifies rhyming words			
Recognises sound-symbol association			
Attempts to read words			
Identifies conventions of print such as left-to-right writing, reading from top-to-bottom			
Demonstration of Emergent Writing Skills	Rarely	Sometimes	Always
Holds writing or colouring tools with better grip			
Uses writing tool appropriately			
Reads one's drawing and explains it using simple words			

# Uniqueness of the Child

<ul><li>Special interests:</li></ul>		_·
• Talents of the child:		
• Strengths:		
Attendance: Regular: Yes/No	Punctual: Yes/No	
General Remarks:	· •	

Signature of the Teacher with Date

Signature of the Headmaster with date Signature of the Parent(s) with date

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# Third Month

<b>Objective:</b> To develop basic foundational learning skills						
Height and Weight Measurement						
Weight: Height:						
Personal Cleanlines	Personal Cleanliness (Neat or Needs Improvement)					
Clothes:	Teeth:					
Eyes: Ears: Nose: Hair:						

Adjustment and Following Routine and Rules	Rarely	Sometimes	Always
Demonstrates understanding of good touch and bad touch			
Tries to build social relationships with others			
Participates in activities			
Suggests solutions to problems and makes adjustments			
Identifies between right and wrong			
Discusses ways to resolve conflicts			
Helps adults, teachers or children in the school			
Shows sensitivity towards other's feelings and needs especially, children with special needs			
Demonstrates fraternity and team spirit by sharing one's material			
Follows multiple instructions			
Arrange things in place			
Cares for plants and animals			
Participation in Outdoor Play Activities	Needs help	Can do with difficulty	Can do
Aims at a target with a ball			
Catches ball			
Hops on the spot or participates in a hopping race			
Climbs stairs and rope confidently			
Participates in games, dance and yoga activities			
Kicks a ball towards a target			
Pushes tyres and barrels			
Bounces a ball with ease			
Shows agility in yoga, stretching exercise and			

Draws simple pictures  Colors the picture within lines  Traces object properly  Cuts pictures using scissors and pastes them  Does fingertip printing  Joins dots and colours the picture  Makes a collage  Makes a collage  Makes different patterns using strings or laces, etc.  Demonstration of Numeracy Skills and Environmental Awareness  Method Environmental Awareness  Simple natural phenomena  Recites 1 to 10 in a sequence when asked  Demonstrates understanding of increase in numbers from 1 to 10  Counts forward from a number (up to 10)  Determines quantity as more or less when grouped  Forms shapes of numerals using material, such as buttons, beans, etc.  Writes numerals from 1 to 10  Extends and creates a pattern  Solves complex mazes or puzzles  Thinks and arranges objects and events in a sequence and narrates the same  Actively participate in experiments  Observes/explores simple natural phenomena with guidance  Able to participate actively in festivals.  Understand parts of a plant and what elements are required for its growth.  Able to recognise fruits and vegetables by colour, texture and taste.  Able to differentiate between domestic and wild  Demonstrates within lines  Demonstrates understanding of increase in mental plants of a plant and what elements are required for its growth.  Able to differentiate between domestic and wild  Demonstration of Numerals using material, when the properties and taste.  Able to differentiate between domestic and wild  Demonstration of Numerals within lines  Demonstration of Numerals with guidance  Demonstration of Numerals Skills and Peeds help  Demonstration of Numerals William of Can do with ease  Demonstration of Numerals William of Can do with ease  Demonstration of Numerals William of Can do with ease  Demonstration of Numerals William of Can do with ease  Demonstration of Numerals Roman of Numerals William of Can do with ease  Demonstration of Numerals William of Can do with ease  Demonstration of Numerals William of Can do with ease  Demonstration of Numerals Will	Participation in Art Activities for Creative or Aesthetic and Fine Motor Development	Needs help	Can do with difficulty	Can do with ease
Cuts pictures using scissors and pastes them  Does fingertip printing  Joins dots and colours the picture  Makes a collage  Makes different patterns using strings or laces, etc.  Demonstration of Numeracy Skills and Environmental Awareness  Observes, explores and describes simple natural phenomena  Recites 1 to 10 in a sequence when asked  Demonstrates understanding of increase in numbers from 1 to 10  Counts forward from a number (up to 10)  Determines quantity as more or less when grouped  Forms shapes of numerals using material, such as buttons, beans, etc.  Writes numerals from 1 to 10  Extends and creates a pattern  Solves complex mazes or puzzles  Thinks and arranges objects and events in a sequence and narrates the same  Actively participate in experiments  Observes/explores simple natural phenomena with guidance  Able to participate actively in festivals.  Able to differentiate between domestic and wild  Description of the company of the compan	Draws simple pictures			
Cuts pictures using scissors and pastes them  Does fingertip printing  Joins dots and colours the picture  Makes a collage  Makes different patterns using strings or laces, etc.  Demonstration of Numeracy Skills and Environmental Awareness  Observes, explores and describes simple natural phenomena  Recites 1 to 10 in a sequence when asked  Demonstrates understanding of increase in numbers from 1 to 10  Counts forward from a number (up to 10)  Determines quantity as more or less when grouped  Forms shapes of numerals using material, such as buttons, beans, etc.  Writes numerals from 1 to 10  Extends and creates a pattern  Solves complex mazes or puzzles  Thinks and arranges objects and events in a sequence and narrates the same  Actively participate in experiments  Observes/explores simple natural phenomena with guidance  Able to participate actively in festivals.  Able to recognise fruits and vegetables by colour, texture and taste.  Able to differentiate between domestic and wild	Colors the picture within lines			
Does fingertip printing	Traces object properly			
Joins dots and colours the picture	Cuts pictures using scissors and pastes them			
Makes a collage  Makes different patterns using strings or laces, etc.  Demonstration of Numeracy Skills and Environmental Awareness  Observes, explores and describes simple natural phenomena  Recites 1 to 10 in a sequence when asked  Demonstrates understanding of increase in numbers from 1 to 10  Counts forward from a number (up to 10)  Determines quantity as more or less when grouped  Forms shapes of numerals using material, such as buttons, beans, etc.  Writes numerals from 1 to 10  Extends and creates a pattern  Solves complex mazes or puzzles  Thinks and arranges objects and events in a sequence and narrates the same  Actively participate in experiments  Observes/explores simple natural phenomena with guidance  Able to participate actively in festivals.  Able to recognise fruits and vegetables by colour, texture and taste.  Able to differentiate between domestic and wild	Does fingertip printing			
Makes different patterns using strings or laces, etc.    Demonstration of Numeracy Skills and Environmental Awareness   Demonstration of Numeracy Skills and Environmental Awareness   Demonstrates understanding of increase in numbers from 1 to 10 in a sequence when asked   Demonstrates understanding of increase in numbers from 1 to 10   Determines quantity as more or less when grouped   Demonstrates understanding material, such as buttons, beans, etc.   Demonstrates in a sequence and rarates a pattern   Demonstrates in a sequence and narrates the same   Demonstrates in a sequence and narrates the same   Demonstrates in experiments   Demonstrates in	Joins dots and colours the picture			
laces, etc.   Demonstration of Numeracy Skills and Environmental Awareness   Can do with Environmental Awareness   Can do with ease   Can do wit	Makes a collage			
Environmental Awareness help difficulty with ease   Observes, explores simple natural phenomena and describes simple natural phenomena and describes simple natural phenomena and describes simple natural phenomena   Recites 1 to 10 in a sequence when asked and describes simple natural phenomena and describes simple natural phenomena and describes simple natural phenomena   Demonstrates understanding of increase in numbers from 1 to 10 and describes simple natural phenomena and describes simple natural phenomena   Forms shapes of numerals using material, such as buttons, beans, etc. and describes simple natural phenomena and describes simple natural phenomena   Writes numerals from 1 to 10 and describes simple natural phenomena and describes simple natural phenomena and describes simple natural phenomena   Solves complex mazes or puzzles and describes simple natural phenomena and describes simple natural phenomena and describes simple natural phenomena   Able to participate actively in festivals. and describes simple natural describes simpl				
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Demonstrates understanding of increase in numbers from 1 to 10  Counts forward from a number (up to 10)  Determines quantity as more or less when grouped  Forms shapes of numerals using material, such as buttons, beans, etc.  Writes numerals from 1 to 10  Extends and creates a pattern  Solves complex mazes or puzzles  Thinks and arranges objects and events in a sequence and narrates the same  Actively participate in experiments  Observes/explores simple natural phenomena with guidance  Able to participate actively in festivals.  Understand parts of a plant and what elements are required for its growth.  Able to recognise fruits and vegetables by colour, texture and taste.  Able to differentiate between domestic and wild				
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Extends and creates a pattern				
Solves complex mazes or puzzles	Writes numerals from 1 to 10			
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Sequence and narrates the same  Actively participate in experiments  Observes/explores simple natural phenomena with guidance  Able to participate actively in festivals.  Understand parts of a plant and what elements are required for its growth.  Able to recognise fruits and vegetables by colour, texture and taste.  Able to differentiate between domestic and wild	Solves complex mazes or puzzles			
Observes/explores simple natural phenomena with guidance  Able to participate actively in festivals.  Understand parts of a plant and what elements are required for its growth.  Able to recognise fruits and vegetables by colour, texture and taste.  Able to differentiate between domestic and wild				
with guidance  Able to participate actively in festivals.  Understand parts of a plant and what elements are required for its growth.  Able to recognise fruits and vegetables by colour, texture and taste.  Able to differentiate between domestic and wild	Actively participate in experiments			
Understand parts of a plant and what elements are required for its growth.  Able to recognise fruits and vegetables by colour, texture and taste.  Able to differentiate between domestic and wild				
are required for its growth.  Able to recognise fruits and vegetables by colour, texture and taste.  Able to differentiate between domestic and wild	Able to participate actively in festivals.			
texture and taste.  Able to differentiate between domestic and wild				
annuais.	Able to differentiate between domestic and wild animals.			
Understand the physical changes during day and night.				

Demonstration of Oral Expression	Rarely	Sometimes	Always
Comprehends and answers after listening			
Describes and retells using rich details in complete sentences			
Engages in meaningful conversations			
Identifies the beginning, middle and end sounds of words			
Makes new words by adding or substituting syllables			
Expresses answers or asks questions creatively			
Demonstration of Emergent Reading Skills	Rarely	Sometimes	Always
Identifies punctuation marks like full stop and commas in the print			
Independently reads simple text in full sentences			
Retells a familiar story with the beginning, middle and end events in a sequence			
Chooses books from the book or reading area			
Comprehends pictures and meaningful words			
Demonstration of Emergent Writing Skills	Rarely	Sometimes	Always
Tries to express ideas in words and drawings			
Attempts to write alphabets and numbers			
Uses tools with ease to convey meaning through drawing			

# Uniqueness of the Child

<b>1</b>			
<ul><li>Special interests:</li></ul>		·	
• Talents of the child:			
• Strengths:			
Attendance: Regular: Yes/No	Punctual: Yes/No		
General Remarks:	·		

Signature of the Teacher with Date

Signature of the Headmaster with date

Signature of the Parent(s) with date

# TOPICS FOR GUIDED CONVERSATION DURING CIRCLE TIME

- 1. Festivals
- 2. Toys
- 3. Places
- 4. Dresses
- 5. Parts of body, parts of plants, etc.
- 6. Healthy Food Habits: Drinking milk every day, including fresh fruits in diet, eating sprouts at least twice a week, eating leafy vegetables, eating vegetables every day, avoiding junk food, chewing food properly, drinking sufficient water, and washing hands before and after the meal.
- 7. Healthy Hygienic Practices: Brushing teeth twice a day, bathing every day, washing hands with soap and water after going to the toilet, flushing the toilet after use, rinsing the mouth after a meal, trimming nails of hand and feet, covering mouth while coughing and sneezing, keeping ears clean, not biting nails, not putting finger inside the nose, combing hair every day, wearing clean clothes every day, keeping the surrounding clean.
- 8. Good habits/values: Importance of praying, taking blessings from parents and elders, offering water to guests, arranging things in place, being punctual to school, keeping water outside for birds, sleeping at least 10 hours a day, playing outdoor and exercising regularly, taking care of pets, taking care of siblings, following proper etiquettes.
- 9. Road Safety.
- 10. Signs and Symbols: Traffic light, police station, schools, toilets.
- 11. Emergency numbers: Police station, fire station, ambulance, hospital, etc.
- 12. Good touch and Bad touch.
- 13. Disaster management
- 14. Visit to places of worship, monuments, theme parks, etc.
- 15. Environment awareness: Using bucket and mug for bathing, reuse water, closing the taps, watering plants regularly, planting trees, etc.
- 16. Stories of great personalities.

# Annexure VII

## EXEMPLAR STORIES FOR CHILDREN

Children love listening to stories, especially if they are their favourite stories. So, some stories can be told again and again for repeated exposure. Storytelling and role play or dramatisation are the activities, which support the learning of different competencies in children. Stories help inculcate values and ethics, kindness, courage, humility, teamwork, respect, and also help in developing imagination. Children try to connect with them. There are various ways to tell a story. Some considerations should be kept in mind during storytelling:

- Select the stories which are meaningful, brief and use simple language.
- Ensure that every story has some moral values as a takeaway at the end.
- Discuss what have the children learnt from the story; every child will have a new perspective.
- If the story is being narrated using a picture or props such as puppets, masks, etc., then sit on a slightly elevated seat and hold the picture or prop so that all children can see them.
- After telling a story to the class, leave a copy of the book in the 'Book Area', so that children get an opportunity to revisit the book and the story, whenever they wish to do so.
- Encourage children to retell the story in their own words, or to draw the story or write something about it.
- Encourage children to create stories themselves, or guess the next events as the teacher continues giving clues to keep the interest of children alive.
- Let children enact the story by playing different characters from the story and use real or pretend objects to role play or dramatise.

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For your reference, a few stories are given here as exemplars and they are suggestive. However, you may choose other stories in the local language or the language of your school, keeping in view the above points.

# 1. The Pigeons and the Hunter

Once upon a time, there lived a hunter in a small village. The hunter sets out to catch birds. He lays a net and spreads rice all over it. Shortly, a flock of pigeons comes by and start eating the rice and get caught in the net. They struggle and gradually start to lose hope. Just then their leader asks them to fly together up in the sky. They do as told and fly carrying the net with them. The hunter runs after them but is not able to catch them. The pigeons fly to their friend a mouse, for help. The mouse cuts the net into pieces and frees all the pigeons.

# 2. | The Great Elephant

A lone elephant walked through the forest, looking around for friends. She saw a monkey and asked, "Can we be friends, dear monkey?" The monkey quickly replied, "You are big and can't swing on trees as I do, so I cannot be your friend." The elephant continued the search until it stumbled across a rabbit and asked him, "Can we be friends, dear rabbit?" The rabbit looked at the elephant and replied, "You are too big to fit inside my burrow. You cannot be my friend." Then, the elephant continued until she met a frog. She asked, "Will you be my friend, dear frog?" The frog replied, "You are too big and heavy; you cannot jump like me. I am sorry, but you can't be my friend." The elephant continued to ask the animals she met on her way, but always received the same reply. The following day, the elephant saw all the forest animals run in fear. She stopped a bear to ask what was happening and was told the tiger was attacking all the small animals. The elephant wanted to save the other animals, so she went to the tiger and said, "Please, leave my friends alone. Do not eat them." The tiger didn't listen. He merely told the elephant to mind her own business. Seeing no other way, the elephant kicked the tiger and scared him away. Upon hearing of the brave tale, all the animals said, "You are just the right size to be our friend".

## 3. Honeybee and the Bird

Once a bird and the honeybee were friends. One day the honeybee fell into the pond. The bird helped the bee by throwing a leaf in the water. The Honeybee climbed up the leaf and swam across to the land. One day a bird hunter was aiming to hit the bird. The Honeybee saw this. The Honeybee stung the hunter. The hunter ran away. The two friends had helped each other and were happy once again.

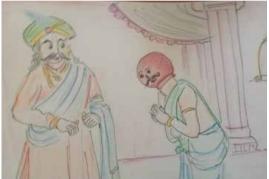
# 4. The Lion and the Mouse

A lion lay asleep in the forest, his great head resting on his paws. A timid little mouse came upon him unexpectedly, and in her fright and haste to get away, ran across the lion's nose. Roused from his nap, the lion laid his huge paw angrily on the tiny creature to kill her. "Spare me!" begged the poor mouse. "Please let me go and someday I will surely repay you." The lion was much amused to think that a mouse could ever help him. But he was generous and finally let the mouse go. Some days later, while stalking his prey in the forest, the lion was caught in the toils of a hunter's net. Unable to free himself, he filled the forest with his angry roaring. The mouse knew the voice and quickly found the lion struggling in the net. Running to one of the great ropes that bound him, she gnawed it until it parted, and soon the lion was free. "You laughed when I said, I would repay you," said the mouse. "Now you see that even a mouse can help a lion."

## 5. Face Saving

Tenali Rama was held in high regard by king Sri Krishnadevaraya and his courtiers. This made the chief priest envious, and he wanted to tarnish Rama's reputation in front of the king. One day, he went to the king and made false accusations against Tenali Rama. He also told the king that Rama had been slandering the king's name. The king believed the chief priest and called Rama to his court. Before Rama could speak, the king yelled, "Never show me your face again, or I will behead you." "But, your majesty, what did I...." asked Rama. "Enough! I do not want to listen to anything you have to say. You have to follow my orders," the king roared. Even though Rama tried to explain, the king was too enraged to listen. So, Rama left the court in sorrow. After a few days, the king came to know from his courtiers that Rama was innocent, and the chief priest had misrepresented him. The king realised his mistake and scolded the chief priest. He then ordered the guards to fetch Rama. To his surprise, Rama stepped in with his face covered with a pot. The king asked him, "Why are you covering your face with a pot, Rama?" Tenali Rama replied, "Your majesty, as a citizen of Vijayanagara, it is my duty to follow your orders, but I couldn't stay away from my royal duties. That is why, I took the help of this pot to hide my face from you, and at the same time, fulfill my royal duties." The king burst out laughing and asked Rama to remove the pot. He then embraced him and apologised for his hasty decision.





## 6. A Good Boy

Nandan was a very rude boy. He was rude to his parents, teachers and classmates. He had no friends. He played and studied alone. He even sat alone at the school. One day the teacher said "No studying today. All of you go out and play". All the children were happily playing. But Nandan sat alone. The teacher asked Nandan "Why are you not playing?" Nandan replied "Nobody wants to play with me". The teacher wanted to help Nandan. She thought; "If only Nandan was not rude, he would have a lot of friends to play with". She brought two glasses of water. "Nandan come here, drink water from both the glasses", she said, Nandan obeyed the teacher. He drank water from the first glass, it tasted very sweet. Then he drank the water from the second glass, he spat out the water. "Why did you spit out the water"? asked the teacher. "It's too salty" said Nandan. The teacher smiled. She said, all of us like to drink water. All of us need friends. If you are sweet, people will like you. If you are rude, nobody will like you. Everyone drinks water from ponds and lakes. Nobody drinks water from the sea as it is too salty". Nandan now understood why he had no friends. He changed himself. He was nice to everyone. Soon he had a lot of friends. He was very happy. His teacher was happy and his parents were happy too.

#### 7. Lion and the Rabbit

A long time ago, there lived a ferocious lion in a dense forest that was a home to a number of animals. The lion used to hunt the other animals in the forest, kill them and eat their flesh for fulfilling his hunger. One fine day, all the worried animals in the forest had a meeting. One animal spoke, "Come on, think smart and come up with a solution for our problem. One timid little animal said, "The Lion is the King of the Jungle and we have to bow down to him. "NO", said the other. Because he is the King it doesn't mean that we should blindly obey him. We too have our self-respect." "Stop arguing and come up with solutions," said an elderly animal. A wise animal spoke, "As we are destined to be killed by the lion one day or the other, let's be prepared to meet our fate. Let's have a bargain with the lion king. Instead of the lion hunting us, each day let's voluntarily offer ourselves as food to the lion by going to his den. Let the lion stay in his den. In this way, at least each day only one animal will be killed by the lion instead of mass killing. "What's your say, dear animals!" said the wise animal. The other animals thought the solution was good and agreed for the same. All the animals went to meet the lion king and present their plea. The lion agreed for the same. According to the proposal, each day one animal was taking the responsibility of getting into the lion's den to offer themselves as food for the lion king. Now the lion was too happy with this arrangement and was enjoying the delicious food without getting himself running, chasing and getting tired. One fine day, it was the turn of a small timid rabbit to go to the lion's den and offer himself to the lion. This little rabbit did not want to end his life and started thinking. Finally, 'Idea'! shouted the little rabbit. According to his plan, the rabbit slowly made his way to the lion's den and he was unusually late in reaching the den. On seeing the little rabbit walking slowly, the lion became too angry and was about to pounce on his prey (the rabbit). At this crucial moment, the rabbit acted smartly and told the lion, "Hail! To the King of the Jungle. Today, I am late as I was stopped by another ferocious lion on my way to your den. And this lion seemed to be your rival. But, somehow I dared to tell him that I have to be on time as food for our king, otherwise, he would be angry. If you kill me now and eat me, our king will surely have a fight with you." The rabbit continued saying, "O! King, the other lion told me that if there is any king let him come to me and prove his power. Somehow, I could escape from him and came here to keep my promise." The lion was too angry with hunger and on top of that he got a jolt on listening about his rival. The ferocious hungry lion wanted to get rid of his rival and told the rabbit, "You little one! where is the other lion? Come on. Take me to him at once, so that I will fight with him and kill him". The rabbit felt too happy as he thought that his plan was working out. The rabbit led the lion to a spot where there was a well. Reaching the spot, the rabbit said, "O! King, the other lion who wanted to kill me was in this well only." The lion peeped into the well and saw his reflection in the well water. The ferocious lion which was very angry and hungry too, lost his thinking power and did not understand that he was seeing his own reflection in the water. The lion roared in anger which echoed in the entire forest and without thinking SPLASH!!, jumped the lion into the well. The lion's head dashed against the walls of the well and he died in the well. Hurrah! jumped the brave and victorious little rabbit happily and ran to his friends to announce the happy and good news.

#### 8. The Loyal Mongoose

Once there was a farmer who lived with his wife and his infant son in a village. The farmer and his wife loved their son very much. One day, while returning from the fields, the farmer found a little mongoose lying near the road. It looked pale and hurt. The farmer picked it up and brought it to his home. He told his wife that the little mongoose would be a pet for their son. His wife did not like the idea of having a mongoose near their son but accepted reluctantly. The farmer tendered to the wounds of the mongoose and gave it food

and water. The mongoose recovered very quickly. The farmer's son and the mongoose started growing together. One day the farmer's wife had to go to the market. She put her son to sleep and told her husband to look after him. She told him not to let the mongoose go near their son. She somehow felt that it is not safe to let the animal go near their son. The husband assured her that he would look after the baby. Soon after his wife had left for the market, the farmer was called by the local moneylender. The moneylender wanted his money to be returned that he had lent to the farmer, some time back. The farmer had a good harvest that season and had the money ready with him. The baby was sleeping and thus the farmer could not take the child with him. He placed the child in his cradle and left him with the mongoose. He believed that the mongoose was an intelligent animal and could take care of their son. After some time, the farmer's wife came back with a basketful of vegetables. She found the mongoose waiting for her outside the house. She looked at the mongoose and realised that something was not right. The face and paws of the mongoose were covered with blood. She was dumbstruck. "You dirty creature, you have killed my son!" she cried and struck the mongoose on the head with her basket full of vegetables. She ran inside and was relieved to find the baby sleeping peacefully in his cradle. But on the floor lay a black snake, torn into pieces and bleeding. It was a poisonous snake. The farmer's wife realised what had happened. The mongoose must have seen the snake and realised that it might harm the baby, the mongoose would have torn the snake into pieces. But what had she done! She rushed back to the mongoose. With tears in her eyes, she lifted the heavy basket and bent down to look at him. The 'loyal' mongoose was dead.

#### 9. Tenali Rama and the Great Pundits

One day, a great scholar came to Vijayanagara and requested an audience in the court of Sri Krishnadevaraya. The scholar bragged that he had mastered all the subjects and also defeated many scholars in a battle of wits across India. There was no pundit (a learned person) in India who could beat him. Saying so, he challenged Sri Krishnadevaraya for a battle of wits with his esteemed eight poets. The king accepted the challenge and started the battle of wits. All the poets were getting defeated one after the other, and the scholar seemed to know every subject. Rama laughed and removed the silk cloth. To everyone's surprise, it was not a book, but a bundle of twigs tied with a rope to appear like a book. Rama then said, "Oh great king, 'til' means sesame; 'kastha' is stick, and 'tilakastha' means 'sticks of mustard plants; "This rope is used to tie oxen, which makes it 'mahisha bandhana' as 'mahisha' means ox and 'bandhana' means to bind." "I just used the Sanskrit names of all these things, and the pandit got scared thinking that this was some unknown piece of literature." The whole court burst out laughing, and Sri Krishnadevaraya praised Tenali Rama for his wit and humor.

## 10. Wisdom of the Lord Buddha

Once Buddha was travelling with his followers. It so happened that they had to pass through a lake. They stopped and Buddha told one of his disciples that he is thirsty and asked him to get some water from the lake. The disciple walked up to the lake to get water. But when he reached there, he noticed that some people were washing clothes in the water and a bullock cart was crossing the lake. As a result, the water became very muddy. The disciple came back and told Buddha that he couldn't get the water as it was muddy. After some time, Buddha told the disciple to get the water from the lake. By that time the lake water was clear, so he collected some water in a pot and gave it to Buddha. Buddha told the disciple that he let the water-free, and the mud settled down and you got the clear water without any effort. It is the same with our mind too; when it is disturbed give it little time to calm down and do not disturb it. We can then take the best decision in life.

#### 11. The Fox and the Crow

Once upon a time, there was a crow. He had a piece of meat. A hungry fox came there. His mouth watered when he saw the piece of meat. He thought of a plan to get it. He praised the voice of the crow. The fox asked him to sing a song. As soon as the crow opened its mouth to sing, the piece of meat fell. The fox ate it and went away.

# 12. The Boy Who Cried Wolf....Wolf

A boy had a duty to look after a flock of sheep. One day he started shouting, wolf, wolf, wolf for the sole purpose of fun. On hearing him the villagers rushed to help him. What started as a figment of his imagination, became his hobby and he started fooling the villagers. One day, when a wolf came, nobody came and as a result, the boy was eaten up. There was no one to blame but him.

#### 13. Make a Difference

Once upon a time, there lived a wise, old writer beside the sea. One day as he was walking along the beach, he saw many starfish stranded on the beach. At a distance he saw a little girl, picking something up and throwing at the sea. He went up to the girl and asked 'what are you doing, child?' These starfish have been washed to the beach during the storm last night. When the sun rises in the sky, the heat would kill them. So I'm throwing them back into the sea'. The old man was surprised. 'There are thousands of starfish here! What difference can you make?' he said. The girl threw another starfish into the sea. I made a difference to that one! She smiled and looked at the old man.

# 14. The Ant and the Grasshopper

Once upon a time, there lived an ant and a grasshopper in a grassy meadow by the river. It was during the hot summer season when the ant was toiling hard by collecting wheat grains from the farmer's field. The ant would work hard all day long from dawn to dusk collecting the heavy grain well balanced on her back. She would then put the wheat grain in her larder carefully and rush back to the field to collect another grain. She would scurry back and forth between the field and her larder, often doing this task the whole day. On the other hand, there was a grasshopper in the grassy meadow who would spend all his time singing and dancing. He would often scorn at the ant for toiling so hard the entire day in collecting the grains. He would frequently call the ant to join him in singing, dancing and making merry of the present time. However, the ant would ignore him and continue with her work. This would make the grasshopper laugh even louder and he would often ridicule the ant stating that they have enough food to sustain themselves during the summer. Hearing this, the ant said that she was saving some food for the cold season and recommended the grasshopper to follow the same. The grasshopper didn't pay heed to her words and continued singing and dancing. Soon summer faded to autumn and autumn to winter. It became cold outside due to snowfall and the sun was barely visible and the nights were long and dark. Out of cold, the grasshopper lost his interest in singing and making merry. He was cold and hungry and had no place to take shelter from the snow outside. He wondered how to save himself from this tough situation. Suddenly he remembered about the ant and visited her for some food and shelter. He went to her place and knocked at her door for help. When she opened the door, the grasshopper offered to sing for her in return for some food and shelter. To this, the ant replied that she had toiled hard in summer to save enough food for winter and the grasshopper had mocked her then. She gently asked him to sing somewhere else and earn his food and shelter. It is then, the grasshopper realised that he should have saved up enough for the winter instead of wasting his time being lazy during summer in singing and dancing around.

#### 15. One Seed

A long time ago there was a seed, blowing about in the desert. It flew with the wind and sand, in a different directions. One day the seed decided to settle down and grow. All the other seeds shouted as they went spinning by, "It can't be done, No, you can't do that." "Yes, I can." said the seed "Just watch me". The seed took no notice of what all the other seeds said and it planted itself firmly in one spot. It opened itself and sent up a little shoot, then sent down a little root. Still, the wind blew and sand swirled around. Soon the shoot grew above the surface of the sand. It was green and little spikes at the top. All the other seeds shouted as they went spinning by," It can't be done, you'll not survive, you will never grow." "Yes, I can." said the seed "Just watch me." And the shoot grew taller and taller until it grew into a tree. It stood majestic against the bright yellow sand and the brilliant blue sky. All the seeds were amazed and surprised.

Years went by and the tree just grew bigger and stronger and started dropping seeds to the ground. Pretty soon those new seeds opened up and sent little shoots up to the sky and little roots down into the sand. It wasn't long before there were several little trees growing around the big trees.

#### 16. The Hare and the Tortoise

A Hare was making fun of the Tortoise one day for being so slow. "Do you ever get anywhere?" he asked with a mocking laugh. "Yes," replied the Tortoise, "and I get there sooner than you think. I'll run you a race and prove it." The Hare was much amused at the idea of running a race with the Tortoise, but for the fun of the thing he agreed. So the Fox, who had consented to act as judge, marked the distance and started the runners off. The Hare was soon far out of sight, and to make the Tortoise feel very deeply how ridiculous it was for him to try a race with a Hare. Meanwhile, the Hare thought to lay down beside the course to take a nap until the Tortoise should catch up. The Tortoise meanwhile kept going slowly but steadily and after some time, passed the place where the Hare was sleeping. But the Hare slept on very peacefully; and when at last he did wake up, the Tortoise was near the goal. The Hare now ran his swiftest, but he could not overtake the Tortoise in time.

## 17. The Honest Wood Cutter

Once upon a time, two woodcutters named Ram and Gopal lived in a village near a forest. Ram was a hardworking and honest man. On the other hand, Gopal was a lazy and shrewd man. One day, while Ram was cutting a tree on the bank of a river, the axe slipped out of his hand and fell into the river. "Oh no! How will I work without an axe? That was the only axe I had" cried Ram and sat depressed on the bank of the river and started praying. Suddenly a Goddess appeared from the river and asked him "Ram, why are you so sad?" "My axe fell into the river" replied Ram. "Don't worry, I can help you." said the Goddess and disappeared deep into the river and appeared with a golden axe in her hand. "Is this your axe?" asked the Goddess. "No, this is not my axe" replied Ram. Goddess again went into the water and appeared with a silver axe in her hand. "Is this your axe?" asked the Goddess. "No, this is not my axe," said Ram again. The Goddess disappeared into the river again and appeared with an axe made of iron. "Is this your axe?" asked the Goddess again. "Yes, this is my axe" replied Ram happily and thanked the Goddess. Goddess said "Ram, I am pleased with your honesty. Keep all the three axes as a reward for your honesty". Ram returned home happy with all the three axes. Next day, Ram went and sold the golden axe in the market and got a lot of money. Meanwhile, his neighbour Gopal became curious to know how Ram became rich overnight. One day, Gopal overheard Ram narrating the story to his children. Next day, Gopal went to the same river bank, deliberately dropped his axe into the river and started praying. Goddess appeared to Gopal also. "Why are you crying Gopal?" asked

the Goddess. He replied, "I lost my axe in the river". The Goddess understood that he was trying to play a track with her. Goddess went into the river and came back holding a golden axe and asked: "Is this your axe?". Gopal replied, "Yes, this is my axe". The Goddess became furious. She said "I know this is not your axe. You know it too. Now you will not get even your axe because of your dishonesty" and the Goddess disappeared. Thus, Gopal had to return home empty-handed.

# 18. The Rabbit and the Falling Sky

Once upon a time there was a jungle. That jungle had a lot of trees and animals. One windy day; strong winds blew so hard that there was a vising sound throughout the forest. A rabbit was living in that forest. He was so frightened with the sound of wind and the vising that he thought to himself that the world is about to come to an end. He ran here and there looking for shelter. He ran and hid beneath a big tree. All of a sudden he felt that something has fallen on his back and he got very scared. He thought to himself "The sky is falling; it is coming on my back oh! I have to run; the sky is falling." So, he started running, thinking that the sky had fallen on his back. He met a Deer. the Deer asked him, "Oh! Rabbit, why are you running?" The Rabbit answered, "Don't stop me; I have to run; I have to run; sky is falling; sky is falling; Don't you hear the sound the sky is falling." Hearing Rabbit saying this even the Deer got scared and without really checking the truth, the Deer also started running. As both kept running there came a Zebra. When he saw that both of them are running he stopped them and asked them "Why are you both running" The Deer said "Ohh! Run don't stop us run; run; Zebra, the sky is falling run run as much you can run; the sky is falling." Listening to the Deer, even the Zebra started running. As the three of them started running similarly, all the other animals like the Giraffe, the Jackal, the Fox and the Wolf, everybody joined them and all of them started running. When a Bear saw them, he asked them, "Why are all of you running? What is the problem? What is the matter?" The Giraffe said to him "Run, run Bear run Bear; the sky is falling; the sky is falling. Please run otherwise all of us will get killed run, run, run Bear". After listening to this even the Bear started running. Ultimately all of them came to the Lion. Lion, the king of the jungle, stopped all of them and said "Why are all of you running? Let me know what is the problem in my kingdom of the jungle? Who is scaring you? Let me know." The Rabbit said to the Lion "Oh King lion, the sky is falling. Don't stop us, we will have to run, you too run as the sky is falling; sky is falling; run". Listening to this answer Lion said, "Little Rabbit I don't see the sky is falling how do you know the sky is falling?" The Rabbit said, "Ohh! there is something on my back it must be the sky which has fallen. Let me run". Listening to what Rabbit said lion laughed heavily. All the animals were surprised to see the Lion laughing. Everybody said "why are you laughing king? we are so scared." King Lion said, who said the sky is falling? The Bear said that the Giraffe said this. The Giraffe said that the Deer said this. The Deer said that the Fox said this, but ultimately nobody knew why all of them were running. Everybody looked at the Rabbit and the Rabbit said, "Ohh! there is sky falling I could feel it on my back I have to run." Then the lion stopped all of them and said, ha "ha ha ha ha ha ha ha all of you are so foolish cannot you see just a simple small leaf on the back of the Rabbit not the sky, but the leaf has fallen on the back of the Rabbit and without understanding he started running and he made all of you run. All of you are so foolish." Everybody looked at the Rabbit and they realised it was not the sky but a small leaf on the back of the Rabbit. They also realised how foolish they were just to believe the Rabbit and follow him unthinkingly.

# 19. Kaaga and Ranga

One day, Kaaga the crow was hungry and looked for food. There was a tall coconut tree close by. He flew to the tree and with his beak pecked the coconut. The coconut fell. He tried to break the coconut but it was too hard. He tried to lift the coconut but it was too heavy. "Ouch..." screamed Kaaga, "I wish, I were strong enough to break this coconut," said Kaaga. Just then Ranga the baby elephant came near the tree. He too was very hungry. He looked at the coconut tree and shook the tree with his trunk. Not a single coconut fell. "I wish I could climb the tree, said Ranga. Kaaga gave the coconut to Ranga. He pecked a few more coconuts. Ranga broke all the coconuts with his foot. Both of them ate the coconut pieces and went away happily.

### 20. The Crow and the Pigeon

Once there was a crow that lived near a farm house. The owner of the farm had kept some pigeons and he fed them with grains regularly. The crow looked at the pigeons and envied them every day. Deciding to share the feed, the crow painted his body like that of pigeons and joined the pigeons as one of them. Thus, he enjoyed the feed daily. The pigeons never suspected anything foul. One day, during the feed, the crow couldn't control himself and started eating all the grains. His stomach was so full that he felt very happy. He started to sing. The pigeons came to know that he was not one of them. They all got together and shooed him away. The crow flew away to save his life and went straight to his brethrenthe crows. But, because of his painted body, they refused to accept him. Even they turned him away. He was forced to flee and became a homeless wanderer. The crow lost the friendship of his own kind, trying to imitate the pigeons. Finally he was left with nobody.

# 21. | Courage to stand for Truth

Lokmanya Bal Gangadhar Tilak was a bright and very talented student. Once, in primary school during lunch interval some students ate groundnuts in the class and threw the shells on the floor. After the lunch break, the teacher entered the class and found groundnut shells scattered in the classroom. He asked the students, "Who has thrown these groundnut shells in the class?" There was silence in the classroom. No one spoke. This angered the teacher. He asked again firmly, "Speak up, who ate the groundnuts?" No one confessed. The teacher decided to punish the entire class. He asked everyone to stand up; all stood up except Bal Gangadhar Tilak. When the teacher asked him to stand, he said, "I did not eat the groundnuts. So, I will not stand. "Bal's straight-forwardness and truthfulness made the teacher very uncomfortable. He became very annoyed and asked him to go out of class. Immediately Tilak said, though respectfully, "I feel this is neither fair nor just. What I told you about our innocence is the truth. I don't want to see the innocent ones punished. So, please allow me to go out of the class." Before the teacher could say a word, Tilak picked up his books and walked out of the classroom. All the boys admired Tilak's courage and love for justice and truth. Even the teacher could not help praising Tilak. He looked at the class and said; "Tilak is no ordinary boy. If every student is as truthful and disciplined as he is, our country will have a great future."

# 22. Siddharth and Devdatta

Devadatta was a son of Koliya King Supabuddha. He was a friend of Siddharth, son of Shakya King Shuddhodhana. Although Siddharth and Devadatta were friends, they had opposite temperaments. Siddharth was a kind-hearted and compassionate, whereas Devadatta was aggressive and ruthless. One day when Devadatta was practising archery he aimed at a swan flying above. He shot his arrow and hit the swan. The injured swan fell on Siddharth's lap. Siddharth felt bad seeing the pain of the injured swan. He cajoled the bird and gently pulled the arrow from the swan's body. He cleaned the wound and held the swan with love. The swan started feeling better. Devadatta

asked him to return the swan. Siddharth felt Devadatta will hurt the swan again, so he refused to give it back to him. Devadatta argued that he had shot the swan, so it belongs to him. The matter went to the king. The elders felt that the swan belongs to a person who has saved its life. They agreed that a person who saves a life has the right to own than a person who tries to kill or destroy a living being. Siddharth took care of the swan, the wound healed and the bird fully recovered. Siddharth then went out and let the bird go, he said that the bird is now free, and no one can own it.

### 23. Guru-Shishya

Aruni of Panchala was a dedicated student of the ancient sage Dhoumya. In the days of yore, a student had to stay with the teacher and help in the teacher's daily chores to receive the knowledge he sought. It was a day of cold winter. Aruni was carrying the firewood he had collected for the sage's household. As he was passing by a field, which belonged to the sage, he noticed a breach in the embankment that was holding water in his teacher's field. He realised that the water would seep away and the field's crops would die with no water.

"What should I do? If I stop to build the embankment I will be delayed and there is no firewood at the hermitage to keep the place warm. I better rush to the hermitage with the firewood and then come back to take care of the breach." Meanwhile, the sage and his disciples had assembled for the day's lesson. Aruni was missing. Soon Aruni rushed in, dropped the firewood in the courtyard, and informed the teacher about the breach of the embankment. Then he quickly rushed out. Sage Dhoumya felt proud of his disciple, "It is hard to get such a responsible disciple." Aruni ran back to the troubled spot and tried to stop the leakage of water by putting some logs and mud. However, this did not stop the leak. The heavy pressure of water washed away the dam Aruni made. He felt helpless. It seemed impossible for him to stop the leakage without help. He thought for a while and then made a plan. It was getting dark and the teacher became worried. He called his disciples and set out looking for Aruni. As he called out for Aruni, he heard a faint voice, "Here I am master!" The teacher and his disciples rushed to the spot and saw Aruni lying on the breach, in order to hold the water in the field. The disciples quickly pulled Aruni out from the freezing water. He was repeatedly muttering, "The water is flowing out, the crops will die ---." "Don't worry Aruni! We will take care of the breach," said the disciples. "Never mind my son! You are more precious than the crops," said the teacher. Aruni was covered in a blanket and brought home. Sage Dhoumya himself tended to Aruni. The sage then blessed his disciple with pride, "You shall, forever, be renowned for your unmatched devotion and obedience to your guru. "

# Annexure VIII

# TERMINOLOGIES USED UNDER DIFFERENT DEVELOPMENTAL GOALS

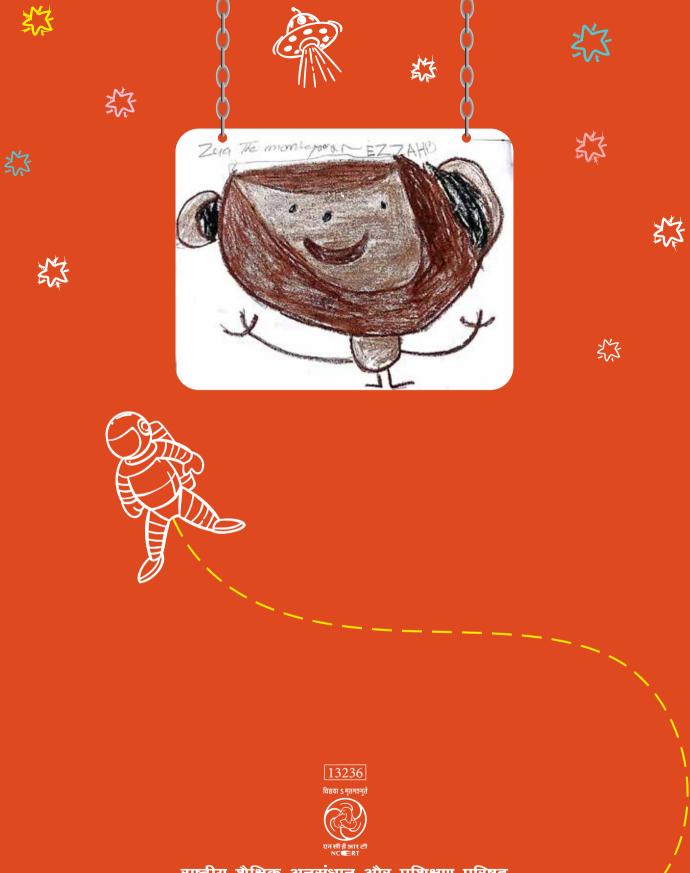
Terms used in Activities	Details
Blending	Blending is connecting sounds to create words where beginning and end sounds can be put together, e.g., /bl/and /ack/is black.
Comprehension	It is the ability to understand what you are reading.
Conventions of Print	These conventions are related to a generally accepted usage or practice of print like understanding that printed word has meaning or how a sentence is made up of words and words are made up of letters.
Conventions of Speech	These conventions are related to a generally accepted usage or practice of a particular language, such as making eye contact during a conversation and appropriate use of certain words, etc.
Conventional Writing	Writing directionally (front to back page, top to down, etc.) using letters/aksharas to convey meaning. Emergent writers make some attempts to write conventionally.
Creative Self Expression	This is the ability to draw, scribble, or tell about one's feelings and thoughts to peers and adults around them.
Demonstrate	This is a teaching strategy wherein children are shown how an action is done.
Directionality	Directionality is the understanding that written language moves in a certain direction. For instance in English and Hindi, it moves from left to right and down the page. The directionality in certain languages may be different as in the case of Urdu.
Emergent Literacy	The term Emergent Literacy is used to describe the reading and writing experiences of young children before they learn to read and write conventionally.
Emergent Reading	At Emergent Reading Stage, a child is interested in books but cannot yet read them independently or may be able to read some words but requires continued support to make meaning from print. An emergent reader engages with books and different types of texts by reading pictures or flipping the pages, who later develops more conventional reading skills.
Emergent Writing	At the Emergent Writing stage, a child uses a combination of scribbling, drawing, narrating and writing for a variety of purposes and demonstrates the understanding that writing can be used to express one's experiences or ideas.
Factual Details	This is a reading comprehension strategy that supports literary awareness where readers identify important details about the story (such as characters, settings, plot) and answer the questions from them.

Terms used in Activities	Details
Fine Motor Skills	Fine motor skills are activities in which we use the small muscles in our hands and wrists to make precise movements. This skill involves the use of the smaller muscle of the hands, commonly in activities like using pencils, scissors, and construction with lego, etc.
Gross Motor Skills	Gross motor skills are abilities that let us do tasks that involve large muscles in our torso, legs, and arms. They involve whole-body movements. Gross motor skills are used for all sorts of physical activities, from running to collecting leaves.
Inferencing	This is a reading comprehension strategy that supports literary awareness. This strategy requires readers to evaluate or draw conclusions from information in a text.
Invented Spelling	This is young children's attempts to use letter and word knowledge to invent unconventional spellings of words they encounter, e.g., flors for flowers and prpul for purple, etc.
Sound Symbol Association	The ability to recognise a letter shape and connect it to the sound that the letter makes, e.g., /B/ says /b/.
Making Connections with the Text	Readers make various connections of what they see in a story to their own lives (text to self-connection) and they find similarities of the text in other stories (text-to-text connections) as well as in the word (text to world connection).
Meaning-Making	Meaning-making is the process of how readers interpret, understand, and make sense of events happening during reading or listening to the stories.
Mixed Language Codes	Children can converse in a mixture of languages as well as switch the use of languages based on the situation, e.g., speaking Wagdi at home, but Marathi in school. Mixed Language Codes allow children to use multiple languages together, based on their comfort and requirement.
Modelled Writing	In a modelled writing activity, children scribble, draw and narrate their writing. The teacher acts as a 'scribe' and writes down what the child talks about in their writing.
Narrating	The ability to orally describe a story or a sequence of events that the child has observed.
One-to-One Correspondence	One-to-one correspondence is to pair each object counted with a number word.
Phonological Awareness	The ability to identify and play with individual sounds in spoken words and the ability to recognise that spoken words are made up of individual sound parts. Phonological awareness develops children's understanding of how letters and groups of letters link to sounds to form letter-sound associations and spelling patterns. It includes work with rhymes, words and syllables.

Terms used in Activities	Details
Prediction	This is a reading comprehension strategy that supports literary awareness. During reading, good readers make predictions about what is going to happen next in the story, and they can focus on what clues is the writer giving to find out more about the story.
Print Awareness	Understanding of the relationship between written and spoken language and how print is organised on a page.
Prompts	Teaching-learning material, such as story prompts or picture prompts are designed to help children to apply their knowledge of oral language development to develop their own stories and participate in discussions.
Read Aloud	It is the practice where the teacher orally reads a text to large or small groups while showing parts of the text and illustrations to the children, whose primary role is to listen and view the illustrations. Reading aloud is much more than simply reading from a book. The teacher must choose the right text, plan where she/he will pause for effect, or questions, decide which questions to ask to check children's engagement as well as comprehension.
Retelling	This involves the ability of children to listen to a story or a real-life event and retell it to peers and adults around them in a sequence and with proper details.
Scribbling	Children make squiggles, dots, straight lines, and wavy lines running from left to right on the page. Their motions change from gross motor (large muscle) to fine motor (small muscle, pincer grasp). Emergent writers also gradually start to scribble to convey a message.
Segmenting	Segmenting is learning to break a word into sounds. Children can break up a sentence into words like I love my school'; and also identify sounds in a word like, What sound does the word 'home' start with?; What is the last sound in the word 'milk'; and 'What are the three sounds in the word 'bat'?
Sequencing	This is a reading comprehension strategy that supports literary awareness. This involves the ability to identify and retell the events (in a story or real-life event) in proper order for their occurrence.
Shared Reading	Shared reading is an interactive reading experience when children and the teacher share the reading of a book while guided and supported by a teacher. In shared reading, a teacher shows the book to the children and points at the word she/he is reading. The teacher models the skills of reading effectively in shared reading.
Shared Writing	In a shared writing activity, the teacher and the children compose a written text together. Together, they decide a common topic to write on and the teacher asks the children to add their views on the topic, which she writes on the blackboard or a big chart paper.
Syllable	A unit of speech, either a word or part of a word, containing a vowel/svara or vowel sound, e.g., Kamala has three syllables: kama-la.

Terms used in Activities	Details
Visualisation	This is a reading comprehension strategy that supports literary awareness that involves the ability of readers to make mental images of a text as a way to understand processes or events they listen to during 'Read Alouds'.
Vocabulary	Knowing what words mean and how to say and use them correctly. Vocabulary development is a process by which children learn and use new words meaningfully.
Word Recognition	Word recognition is the act of seeing a word and recognising its pronunciation immediately and without any conscious effort. Emergent readers recognise logos or common words, even if they do not recognise all the letters of the word.

# Notes



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